

This workshop will provide an understanding of a Dementia diagnosis, prognosis, and treatment for the whole person as it relates to and impacts TR programming, purposeful treatment, modalities, and facilitation techniques will be discussed as an intervention in providing TR services or recommending TR services to caregivers.

Dementia curriculum includes:

- Overview of dementia, diagnosis, prognosis, treatment
- Communication, feelings, depression
- Repetitive behaviors, paranoia hallucinations, wandering, hoarding, aggressive behaviors
- Catastrophic reactions
- Intimacy, sexuality
- Personal care, bathing, dressing, toileting
- Nutrition, pain
- Staff and family support
- Diversity & cultural competence,
- Spiritual care, end of life issues
- Person Centered Care-Developing Therapeutic Recreation Activities & Calendars
- Environment-Changes that make a difference- Culture Change, Eden Alternative, PCC (Person Centered Care)

Seminar Outcomes

- Identify common causes of aggressive, repetitive and sundowning behaviors associated with dementia.
- Describe 3 behavioral care interventions that may be used to prevent or reduce difficult care situations.
- Describe 3 challenges related to caregiver stress and utilize stress reduction techniques.
- Identify 3 ways to plan, adapt and/or modify therapeutic recreation programs using person centered planning designed to meet the needs, interests and preferences of an individual with Alzheimer's/dementia.
- Describe the elements of designing successful and appropriate activities for various levels of dementia based on functional levels.

NYSTRA
PO Box 179
Riverdale Station
Bronx, NY 10471

*New York State Therapeutic Recreation
Association*

Alzheimer's and Dementia Seminar 8 Hour Training Program

Take the path to Certification as a Certified Dementia Practitioner through the National Council of Certified Dementia Practitioners (www.nccdp.org). This 8 hour training program is for anyone who works with persons with dementia in any setting, healthcare or home care; healthcare professionals: CNA's, home health aides, activity professionals, recreation therapist, CTRS's, social workers, nurses, rehabilitation professionals, Administrators, memory or dementia unit managers and supervisors for memory care or dementia care living or community centers. This is the required seminar for those who are pursuing certification as a Certified Dementia Practitioner (CDP) and who qualify through the National Council of Certified Dementia Practitioners. This seminar is also attended by those who want to increase their knowledge base.

SEMINAR DATE & LOCATION

Friday, June 17, 2016
9:00am-6:00pm
Lehman College, APEX Building
250 Bedford Park West
Bronx, NY 10468

****SESSION LIMITED TO 25 PARTICIPANTS**

COURSE CURRICULUM

Alzheimer's and Dementia Seminar Curriculum Includes:

- Overview of dementia, diagnosis, prognosis, treatment
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NYSTRA Cancellation Policy: Cancellation refund requests must be in writing. Cancellations postmarked on or before 14 days prior to seminar will be assessed a \$20 processing fee. Cancellations received after 14 days, but prior to the start of the seminar will be assessed a 25% processing fee. **NO refunds** for cancellations received after the seminar begins or for "No Shows".

PRESENTER

Tameka Battle, MA, CTRS, CADDCT, CDP
Assistant Professor, Program Director of
Therapeutic Recreation
CUNY LaGuardia Community College

Seminar Breakdown

8:30am-9:00am- Registration
9:00am-11:30am- Course Content-2 hours and 30 mins
11:30am-11:45am- Break-15 mins
11:45-1:00pm- Course Content-1 hour and 15mins
1:00pm-1:30pm-Lunch on your own-30 mins
1:30pm-4:00pm- Course Content-2 hours and 30 mins
4:00-4:15pm- Break-15 mins
4:15pm-6:00pm- Course Content-1 hour and 45 mins
6:00pm- Adjournment & Certificates
Total 8 hours

Please note: Continuing Education Units (CEUs) are pending acceptance through the American Therapeutic Recreation Association

ADA Compliance Statement: The New York State Therapeutic Recreation Association will comply with the Americans with Disabilities Act (ADA) of 1990, which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any individual with a need to contact the presenter, upon registration, so that a smooth inclusion may occur.

Any questions, please do NOT contact Lehman College

Contact: Tameka Battle, CTRS, CDP, CADDCT
nystramemb@yahoo.com

Registration for this seminar and membership are available online via Paypal @ www.nystra.org

ALZHEIMER'S & DEMENTIA SEMINAR

(Please Print)

Name: _____ Date: _____

Address: _____

Phone: () _____

Email: _____

Employer/School: _____

Work Phone: () _____

Population: _____

Certification: CTRS _____ Other _____

Please send correspondence to: home ___ work/school ___

SEMINAR FEES:

___ Member \$165
___ Non-Member \$185
___ Student Member \$125
___ Student Non-Member \$145

CEUs: _____ Please add \$10.00 for CEU's

Total payment including Registration & CEUs \$_____

Please send check or money order to:

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