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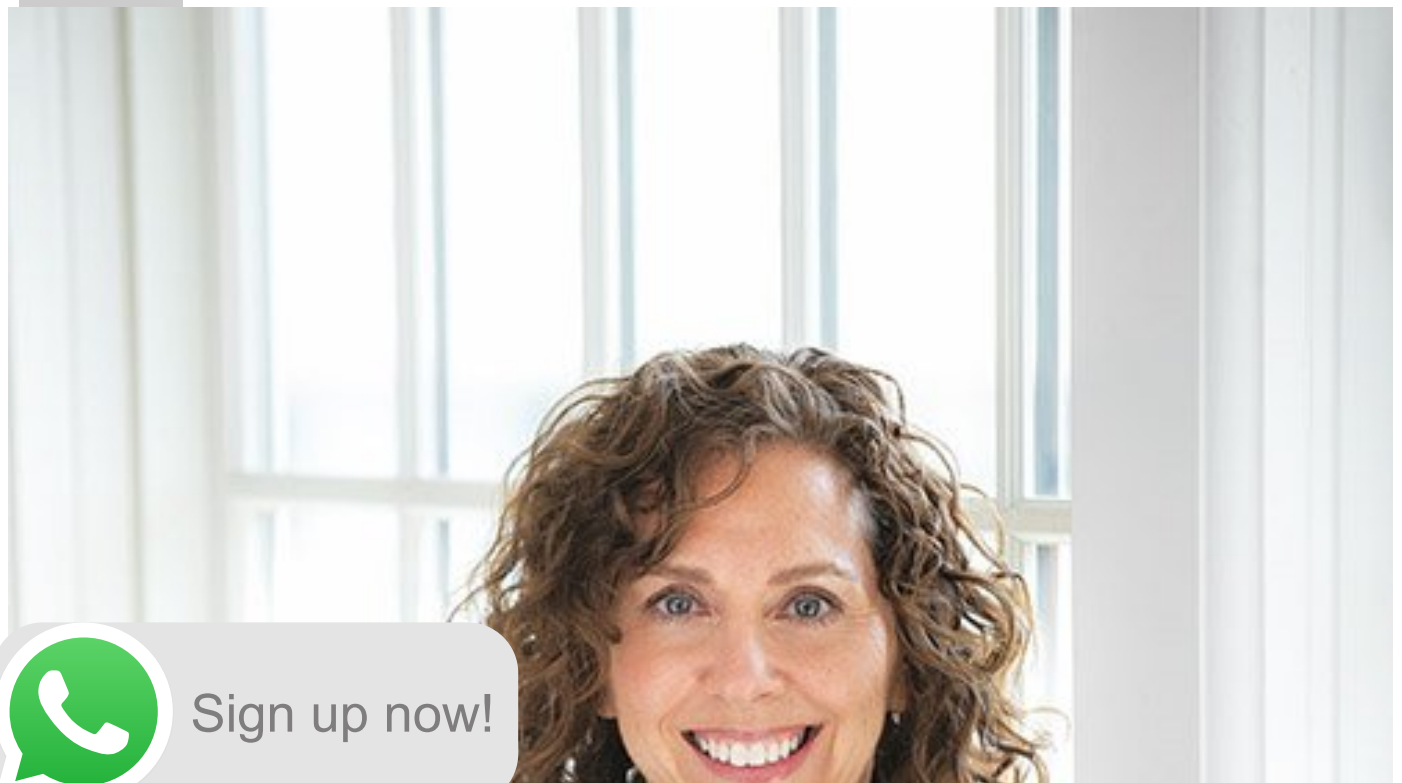
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## JFS Offers ‘The Coffee House’ Day Program

By JLNJ Staff | March 02, 2023

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(Courtesy of JFS) JFS is proud to offer The “Coffee House at JFS,” an innovative social and recreational day program serving adults who have mild to moderate memory loss due to cognitive changes caused by dementia or a stroke. Uniquely designed, the program seeks to enhance the overall well-being of each participant in a safe and stimulating environment. The program provides an opportunity to use and strengthen physical and cognitive abilities and skills, increase self-esteem, and offers an opportunity to be social and have fun.

Entertainment, exercise, snacks, lunch and transportation are provided by professional staff three times a week, Mondays, Wednesdays and Thursdays, from 10 a.m.-3 p.m. at Temple Sholom, 1925 Lake Avenue, Scotch Plains, New Jersey. A free monthly concert for the participant and caregiver is offered through a 2023 HEART (History Education Arts Reaching Thousands) grant from the Union County Board of County Commissioners.

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Ample on-site parking is available. The program cost is \$80 per day and is free for some residents of Union County who qualify. All major credit cards are accepted. Limited financial aid may be available upon request.

“The Coffee House at JFS” is funded by the Union County Division on Aging and Jewish Family Service of Central NJ.

Lisa Tognola is the activity director for the Coffee House-JFS of Central NJ’s Recreational Day Program for those with mild dementia. She is a licensed social worker and certified dementia practitioner. She completed the masters of social work program at the University of Southern California School of Social Work with a concentration in mental health. With a background in social work and vocational rehabilitation, Tognola has extensive experience working with adults in a variety of settings. As The Coffee House program manager, she plans, organizes and directs therapeutic social and recreational activities to strengthen the physical and cognitive abilities and skills of participants who have memory

loss. She focuses on individual interests and provides a true feeling of self-worth.

Contact Bonnie Freirich, LCSW, [bfrierich@jfscentralnj.org](mailto:bfrierich@jfscentralnj.org), 908-352-8375, for further information.

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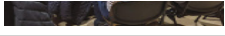
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