

'Dealing with Dementia' workshop – a guide for caregivers

By **Submitted Content** - January 10, 2020



Princeton's Artis Senior Living facility is helping those with Alzheimer's and their caregivers better understand how to live life after the diagnosis.

Officials have organized a "Dealing with Dementia" workshop with Sheli Monacchio on Jan. 14. Monacchio is a certified dementia practitioner with Van Dyck Law.

The program was created by the Rosalynn Carter Institute for Care Giving and will take place at the Van Dyck Law office in Princeton.

According to officials, the program will offer tips and strategies for dealing with a loved one with the disease as a caregiver. Participants will receive a 300-page guide containing information, strategies and tools to empower caregivers.

Artis Senior Living of Princeton Junction, a memory care residence, offers the following caregiver tips to families to ease the frustration and worry often associated with the disease.

Knowing the symptoms and course of Alzheimer's disease, as well as treatment options, will help the caregiver feel more in control.

According to Artis Senior Living officials, it is the owner-operator of memory care communities committed to providing memory care through individually designed programs combined with a compassionate dedication to each resident's comfort and needs.

Officials said they operate 18 assisted living communities dedicated to serving seniors suffering from Alzheimer's and other forms of dementia, as well as over eight communities in planning.

For further information about educational events for family caregivers, please contact Barbara Forshner, director of community relations or Michele Pache, director of marketing at 609-454-3360.

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