

FAMILY CAREGIVING TRAINING

June 11 & 18, 2011

June 11th

8:30 AM — 9:00 AM

Check-in

9:00 AM – 9:10 AM

Welcome & Introduction of Program

- *Denise Scruggs, Director, Beard Center on Aging at Lynchburg College, Approved Trainer for National Council of Certified Dementia Practitioners & Certified Dementia Practitioner*
- *Ron Coleman, Manager, Aging and Caregiving Resource Center*

9:10 AM – 9:30 AM

Participant Sharing: Challenges and Triumphs of Caregiving

- *Denise Scruggs, Director, Beard Center on Aging at Lynchburg College*

9:30 AM – 10:15 AM

Local Resources

- *Jessica Tilley, Admissions Director, Medical Care Center*

10:15 AM — 10:30 AM

Break

10:30 AM — 11:00 AM

Understanding Dementia

- *Denise Scruggs, Director, Beard Center on Aging at Lynchburg College*

11:00 AM – 11:45 AM

Taking Care of Yourself

- *Brenda Dixon, Community Services Director, Home Instead Senior Care*

11:45 AM – 12:00 PM

Question and Answer Session

June 18th

8:30 AM – 9:00 AM

Check-In

9:00 AM – 10:00 AM

Strategies for Easing the Burden

- *Treena Koroneos, Director of Marketing, Generation Solutions*

10:00 AM – 10:30 AM

What to Do if Your Loved One Can't Stay at Home (Levels of Care)

- *Karen Bresach, Ombudsman, Central Virginia Area Agency on Aging*

10:30 AM – 10:45 AM

Break

10:45 AM – 11:15 AM

Legal Considerations for Caregivers

- *Susan Oliver, Attorney*

11:15 AM – 11:45 AM

Helping Your Loved One at the End of Life

- *Patricia Thorne, LCSW, Provider Relations Coordinator, Hospice of Virginia*

11:45 AM – 12:00 PM

Evaluations / Question and Answer Session