

# GRANDSITTING "Where seniors wear the Crowns"

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## About GRANDSITTING

Grandsitting was founded in 2008, by Julia L. Larkin, CDP (Certified Dementia Practitioner) as a for-profit business. We are now proud to announce, as of Thursday, July 19, 2012 we are now filed as a non-profit Corporation. The corporation is entitled Grandsitting and not just named as such, it describes what we do and how we feel concerning this grand community. The name implies what we are all about, and not to portray the age of the individuals we service or place in careers but, the status of quality care we intentionally give to them. Grandsitting will always be known for the luxury care to the senior community. We are here to focus on our seniors; past, present, and future condition to help in the planning of care that will be given. Prevention workshops will increase the coping skills, the slowing of and in some cases the prevention of many chronic conditions that may accompany the aging process. Focusing on preventive care of our seniors needs and desires now and what they deserve later in life. What sets Grandsitting apart from similar businesses? We are an organization design to give more with elegance.

Julia L. Larkin, CDP (Certified Dementia Practitioner) and Grandsitting offers new luxury care services right here in Kalamazoo, MI and the surrounding areas. Since our Grand opening in 2008, we have treated our clients with respect and love. Our clients are more than a part of our family so, we are proud and fortunate to be given the opportunity to treat them as Kings and Queens. We give above and beyond what is expected, by focusing on individualization, and preventive care. We are utilizing a health conscious approach which, heightens their physical, social, and nutritional life style (with indulging activities, interesting networking with others, and healthy gourmet meals).

Interested in learning more about us?

Contact Us

Julia L. Larkin, CDP (Certified Dementia Practitioner). is the founder, president, and executive director of Grandsittings non-profit corporation  
Biography:

Birth place- Julia was born in Berrien Springs, MI. She is a 1976 graduate of Benton Harbor Senior High, has experienced from various health care facilities, including Lakeland Hospital in St. Joseph, MI as a phlebotomist on the cardiac ward, was employed at both Bronson and Borges Hospitals in Kalamazoo, MI also, on the cardiac unit and rehabilitation. Julia acquired management experience from fine ladies specialty shops and other retail businesses, including Zales Jewelers in Benton Harbor and Waco and Austin TX. After attending college in Benton Township at Lake Michigan College majoring in nursing with a two year scholarship award, Julia moved to Kalamazoo, Michigan adding to her experiences in the health field as well as retail management totaling over 25 years in health and 15 years of management. Julia attended WMU to study medical transcription, transferred to Kalamazoo Valley's R.N. program and on to the University of Phoenix for a Bachelors Degree in



Health Administration with special emphases on the elderly.

Julia started Grandsitting in 2008 at her home in Kalamazoo, MI taking care of seniors in her home as well as giving care to seniors in their place of residence. Julia is currently looking forward to returning to Phoenix University in the Masters program and expanding Grandsitting into a three tier business that will include: Operating a preventive facility "Grandsitting Estate" with gourmet meals design to your individual health condition, examples of some common chronic conditions:(hypertension, diabetes, and guest on dialysis). The estate will include: spa & massage treatments, computers, home theater and game room. We will also plan trips for pleasure or game competitions with other senior facilities or organizations(table games, billiards etc.) and much more. Programs offered:

I. Grandsitting Estate (Senior Retreat) which focuses on preventive care. II. Grandsitting Estate (Senior Live In) for short visits for active seniors, and III. continuing Grandsittings Home Care of Companionship, Personal Home Health assistance and Deep Home Cleaning & Organizing. Other projects include currently working with AARP worksearch program, giving seniors with a goal of returning back into the workforce marketable skilled training, where they will earn a certification of completion in senior companionship, senior personal health care assistance, or senior deep home cleaning and organizing. Grandsitting will continue to add more available training for the future.

Julia accomplishments also includes, being certified as a PATH (Personal Action Toward Health) workshop leader through the Area Agency on Aging,Inc. in Diabetes and Chronic Disease Self-Management Programs sponsored by Stanford University.

Grandsittings sponsors include: AARP Worksearch Foundation, the Kalamazoo Salvation Army and the Kalamazoo Community Foundation.

" It is all about treating our seniors like Kings & Queens"!

Here is the update:

On April 19, 2013 Julia was certified by the NCCDP (National Council of Certified Dementia Practitioners), her new title is "Julia L. Larkin,CDP" \*Congratulations!



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