

# AMAC'S AGING AT HOME EXPO WITH INFORMATION ON ALZHEIMER'S AND DEMENTIA

By **Reece Roberts** - January 14, 2020



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Information on Alzheimer's and dementia will be presented at the upcoming Aging at Home Expo.

The event, which is organized by the AMAC Foundation (Association of Mature Citizens), takes place in the Lady Lake Library, 225 W. Guava Street, from 10 p.m. to 1 p.m. on Wednesday, January 29th.

Certified dementia practitioners Debbie Selsavage and Ed Youngblood, who are committed to “personal, compassionate care,” will speak about Alzheimer’s disease and other forms of dementia from 11:00 in the morning. They will explain in a simple, non-medical language how to better understand, communicate with and care for people with dementia.

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The AMAC event is part of the Lady Lake Library’s annual wellness fair and provides an opportunity to buy information that is critical to current and future wellbeing from a single source. For more information about the free event, call (888) 750-2622 or [amacfoundation.org/events](http://amacfoundation.org/events).

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