



## Biofeedback Training & Equipment

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### Noteworthy Links

**ALTERNATIVE SOLUTIONS IN LONG TERM CARE** Dedicated to providing consulting, inservices and training for innovative activity department, therapeutic recreation, and social service programs for long term care staff.  
[www.activitytherapy.com](http://www.activitytherapy.com)

**ASSOCIATION FOR APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK (AAPB)** AAPB's mission is to advance the development, dissemination and utilization of knowledge about applied psychophysiology and biofeedback to improve health and the quality of life through research, education and practice.  
[www.aapb.org](http://www.aapb.org)

**BIOFEEDBACK CERTIFICATION INSTITUTE OF AMERICA (BCIA)** was formed in January 1981 to establish and maintain professional standards for the provision of biofeedback services and to certify those who meet these standards.  
[www.bcia.org](http://www.bcia.org)

**BIOFEEDBACK FOUNDATION OF EUROPE (BFE)** was founded to promote a greater awareness of biofeedback among European health professionals and, through training workshops, educate clinicians in the use of biofeedback techniques and technology.  
[www.bfe.org](http://www.bfe.org)

**DREAMS FOUNDATION:** An excellent site containing articles, research, techniques, training programs and other resources about nightmares and recurring dreams, dream interpretation, insomnia, conscious/lucid dreaming, precognitive dreams, various sleep disorders, and much more...  
[www.dreams.ca](http://www.dreams.ca)

**FEELINGS FACTORY:** Provides therapeutic products and programs to mental health professionals, counselors, teachers, and parents for developing and promoting coping skills. Our colorful products are designed to promote communication skills as an inviting and effective way to reach children.  
[www.feelingsfactory.com](http://www.feelingsfactory.com)

**HEALTHCHO.COM - DIRECTORY OF HEALTH** Links to carefully selected information and Web sites from over 30,000 health-related organizations.  
[www.healthcho.com](http://www.healthcho.com)

**INTERNATIONAL SOCIETY FOR NEUROFEEDBACK & RESEARCH** is an international membership organization of people from various professional disciplines doing neurotherapy, neurofeedback training and research. [www.isnr.org](http://www.isnr.org)

**NATIONAL COUNCIL OF CERTIFIED DEMENTIA PRACTITIONERS** The goal of the Council is to develop and encourage comprehensive standards of excellence in the profession and delivery of dementia care.  
[www.nccdp.org](http://www.nccdp.org)

**NETWORK BIOFEEDBACK SERVICES, INC.** Biofeedback Internship and Mentoring program satisfies BCIA guidelines for the 100 hours of clinical supervision needed to sit for the Certification Exam.  
[www.nybiofeedback.com](http://www.nybiofeedback.com)

**NORTHEAST REGIONAL BIOFEEDBACK SOCIETY (NRBS)** represents the Professional Biofeedback practitioners of this region. Please contact us for more information about practitioners in your area, the NRBS or the ways Biofeedback may help you. [www.nrbs.org](http://www.nrbs.org)

## In the News

A report on **Biofeedback and Insomnia** from the Today Show (video) [click here](#)

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