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About Us

Mather LifeWays is your resource for an ever-changing variety of Ways to Age WellSM. *Aging in Action* is brought to you by the Mather LifeWays Institute on Aging, whose award-winning research and education programs provide a source of important information that enhances the operations, options, and opportunities of our residences and neighborhood programs and services. To learn more visit www.MatherLifeWays.com/Institute.

Aging in Action comprises summaries of recent research findings by medical and social scientists about issues related to health, health services, aging and family caregiving. The content of this e-newsletter and blog should not be construed as medical, legal or psychological advice. If the reader experiences and symptom or knows someone who presents a symptom discussed, a qualified health care provide should be contacted immediately. The reader should never rely on the contents of any newsletter, medical report or advertisement as a substitute for personal medical attention from a qualified health care provider.

If you have questions or comments about this blog or any articles please tell us what you think.

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[Craig Christiansen](#) [April 14, 2010 at 9:45 am](#)

I just found this website via Twitter.

Thanks for putting this together, it's great to have a resource like this.

Craig Christiansen



[Richard Shank](#) [April 15, 2010 at 6:47 am](#)

Thanks Craig!



[Barbara O'Brien](#) [November 22, 2010 at 12:56 pm](#)

Aging in Action,

I just have a quick question for you but couldn't find an email so had to resort to this. I am a progressive blogger on senior issues. Please email me back at barbaraobrien@maacenter.org when you get a chance. Thanks.

Barbara



[National Council of Certified Dementia Practitioners](#) [January 22, 2011 at 4:09 pm](#)

National Council of Certified Dementia Practitioners
Alzheimer's and Dementia Staff Education Week Feb 14th to 21st.
Please download free tool kit and free in-services to train ltc staff.

Thank you

Sandra Stimson CALA ADC CDP CDCM
Executive Director

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