

Lynchburg College

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Alzheimer's & Dementia Care Seminar – NCCDP

Whether you want to increase your knowledge or pursue certification as a Certified Dementia Practitioner (CDP), this class is for you. This class meets **one** of the requirements for becoming a Certified Dementia Practitioner. For more information on certification and other eligibility requirements go to www.nccdp.org or contact the NCCDP/ICCDP Office at 877.729.5191 or nccdpcorporate@nccdp.org. You must be certified or licensed in a health care profession or related field to apply for CDP certification.

The Beard Center offers ongoing classes, as well as opportunities for agencies and organizations to host a program or hold on-site training at their facilities for a discounted rate. For more information, contact Denise Scruggs, Director, Beard Center on Aging, at scruggs.dr@lynchburg.edu or 434.544.8456.

Who should attend?

Nurses, CNA's, social workers, activity professionals, geriatric care managers, licensed nursing home and assisted living administrators, adult day staff, and any front life staff and health care professional working with persons diagnosed with dementia.

For more information: Call 434.544.8456 or email scruggs.dr@lynchburg.edu.

Classes Open for Registration

Certified Dementia Practitioner Training

Alzheimer's Disease and Dementia Care Seminar

November 13, 2015, 8:30 a.m. – 5 p.m.

Brookdale-Imperial Plaza

1717 Bellevue Avenue

Richmond, Va. 23227

If you want to increase your knowledge or pursue Certified Dementia Practitioner (CDP) certification, this is the ideal training. The course meets **one** of the requirements for becoming a Certified Dementia Practitioner. Upon successful completion of the class, you may apply for CDP certification. For more information on certification and eligibility requirements go to www.nccdp.org or contact the NCCDP/ICCDP Office at 877.729.5191 or nccdpcorporate@nccdp.org. You must be certified or licensed in a health care profession or related field to apply for CDP certification.

This course is sponsored by the VCU Department of Gerontology. Email agingstudies@vcu.edu for more information or to register.

Cost: \$185 per person. Includes lunch. (\$75 cancellation fee.)

Instructor: Denise Scruggs, ADC, CDP & CADDCT

Denise is Director of the Beard Center on Aging and is a Certified Alzheimer's Disease & Dementia Care Trainer for the National Council of Certified Dementia Practitioners/International Council of Certified Dementia Practitioners. She has over 20 years of experience working personally and professionally with persons diagnosed with dementia. She is a certified activity director with experience in long term care activities, memory care management, adult day care services, & consulting with families and facilities caring for those with dementia.

Information covered

- Overview of dementia, including diagnosis, prognosis and treatment
- Communication
- Feelings and depression, aggressive behaviors, catastrophic reactions
- Difficulties like repetitive behaviors, paranoia, hallucinations, wandering, and hoarding
- Intimacy issues and sexuality

- Personal care: bathing, dressing, toileting, nutrition

- Pain management
- Staff and family support, environment, activities
- Diversity and cultural competence
- Spiritual care; end of life issues

Certified Alzheimer's Disease & Dementia Care Trainers

Denise Scruggs is a Certified Activity Director(ADC), Certified Dementia Practitioner (CDP) and a Certified Alzheimer's Disease & Dementia Care Trainer (CADDCT) for the National Council of Certified Dementia Practitioners/ International Council of Certified Dementia Practitioners. Denise has more than 20 years of experience in dementia care, both personally and professionally. Her experience includes work in activities, social work, family caregiving, consulting, and memory support program management.

Denise serves as the director of the Beard Center on Aging and is a member of the advisory council for Virginia's newly formed Institute for Innovations in Caregiving.

Kathleen Cresson, RN, CMC is a Certified Dementia Practitioner (CDP) and a Certified Alzheimer's Disease & Dementia Care Trainer (CADDCT) for the National Council of Certified Dementia Practitioners/ International Council of Certified Dementia Practitioners. She has been working with persons with Alzheimer's disease and other dementias for over 10 years. Her position as a Health Care Manager/RN at the Adult Care Center of Central Virginia has afforded her opportunities to work with many families as a Certified Care Manager to guide them through the steps along this journey.

Beard Center on Aging

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