



Boston College Presents: Eldercare Support

Walking in the Shoes of a Person Living With Dementia with Tammy Pozerycki



Tammy has 24 years of experience working with people living with dementia, their families, caregivers, and healthcare professionals. Tammy is personally familiar with Alzheimer's as her maternal grandmother lived with the disease for years. It



was a firsthand experience on how this affected her family members. She holds a master's degree in Counseling Psychology. Tammy is certified as an Alzheimer's Disease and Dementia Care Trainer; First Responder Dementia Trainer; and Dementia Practitioner. She was the founder of Pleasantries Adult Day Services, LLC in Marlborough, MA, a memory care adult day program. She established the first Memory Café in Massachusetts in 2011, Create A Better Day Café. Tammy is the founder of the specialized dementia training and consulting business Alternatives in Alzheimer's Care. As a Dementia Specialist, Tammy continues to plant seeds for compassionate and competent care throughout New England and beyond.

WHAT:

- Practical advice for family caregivers from an industry expert
- Q&A segment
- Lunch provided

WHEN:

- Thursday,
March 19th, 2020
12-1:30pm

WHERE:

- Walsh Hall

RSVP/MORE INFO:

- BC Faculty/Staff
Assistance Program
617-552-3340

Don't miss this *HEALTHY YOU* educational series – RSVP Today!

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