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Sunday, May 26, 2019

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## **Bulletin Board: Burke, Fairfax, Fairfax Station, Springfield**

[Thursday, May 23, 2019](#)

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*Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.*

Camps

Art Camp Registration. Summer Art Camp in Burke for 5-8 year olds, 8 years and up, and teens/adults. Camp is held through Burke Centre Conservancy at the Woods Community Center, 10100 Wards Grove Circle, Burke. Camp weeks run July 22-26; July 29-Aug. 2; and Aug. 5-9. Call 703-250-6930 or visit [www.czartlessons.com](http://www.czartlessons.com).

- Fine Arts & Crafts Camp (8 years & up)
- Drawing Camp (8 years & up)
- Drawing Plus Color & Craft Fun Camp (5-8 year olds)
- Art Boot Camp for teens/adults

CAMP WEEKS: 7/22-26, 7/29-8/2 & 8/5-9

Call instructor at 703-250-6930 or visit [www.czartlessons.com](http://www.czartlessons.com).

May 25-Sept. 8

Metro Station Closures. Starting Saturday, May 25, the six Blue and Yellow line stations south of Ronald Reagan Washington National Airport (Braddock Road, King Street, Eisenhower Ave., Huntington, Van Dorn Street and Franconia-Springfield) will be closed for full platform reconstruction and major station improvements. To expedite construction and minimize customer inconvenience, the following stations will remain closed through Sunday, September 8, 2019. Read more at [www.wmata.com/service/rail/PlatformProject/](http://www.wmata.com/service/rail/PlatformProject/).

Wednesday/May 29

Lighting Proposal for Hooes Road Park. 7 p.m. in the cafeteria at Garfield Elementary School, 7101 Old Keene Mill Road, Springfield. The Fairfax County Park Authority and the Lee District Supervisor's office will host a public meeting to discuss a proposal to install athletic field lighting at Hooes Road Park. Community members are invited to participate. The Springfield/South County Youth Club (SYC) has proposed to the Park Authority, funding and installation of LED sports lighting at Fields 2 and 3 in Hooes Road Park in accordance with the approved park master plan that can be accessed at [www.fairfaxcounty.gov/parks/sites/parks/files/Assets/documents/plandev/master-plans/hooesroad.pdf](http://www.fairfaxcounty.gov/parks/sites/parks/files/Assets/documents/plandev/master-plans/hooesroad.pdf).

Meeting for Lee Chapel Road Walkway Project. 7 p.m. in the Community Room of the West Springfield Governmental Center, 6140 Rolling Road, Springfield. Fairfax County Department of Transportation (FCDOT) and Supervisor Pat Herrity will hold a "Pardon Our Dust" meeting for the Lee Chapel Road Walkway project. The meeting includes an open house at 7 p.m., information on the upcoming project construction, and time for questions and answers. Visit [www.fairfaxcounty.gov/transportation/projects/lee-chapel-road-walkway](http://www.fairfaxcounty.gov/transportation/projects/lee-chapel-road-walkway).

Thursday/May 30

Interfaith Ramadan Dinner. 7:30 p.m. (registration); 8 p.m. (program starts) at Fairfax County Government Center – Cafeteria, 12000 Government Center Parkway, Fairfax. Join for an Interfaith Ramadan Dinner hosted by Fairfax County Chairwoman Sharon Bulova. Call to prayer and dinner are at 8:30 p.m. Register at [bit.ly/fxcounty2019](http://bit.ly/fxcounty2019).

Saturday/June 1

Alzheimer's Disease and Dementia Care Seminar. 9 a.m.-5 p.m. at Insight Memory Care Center, 3953 Pender Drive, #100, Fairfax. Take the path to certification as a Certified Dementia Practitioner through the National Council of Certified Dementia Practitioners. All health care professionals and front line staff who work in the healthcare industry are encouraged to attend. \$200. Register online at [www.insightmcc.org](http://www.insightmcc.org), or contact Lindsey Vajpeyi at 703-204-4664 or [lindsey.vajpeyi@insightmcc.org](mailto:lindsey.vajpeyi@insightmcc.org).

Peripheral Neuropathy Support Group. 2-4 p.m. at Mason District Governmental Center, 6507 Columbia Pike, Annandale. The Peripheral Neuropathy Support Group for greater Washington meets the first Saturday of the month. All are welcome. RSVP for available seating. Call 301-263-0616 or visit [www.dcpnsupport.org](http://www.dcpnsupport.org) for more.

Monday/June 3

Mind and Body Workshop: Travelogue Session. 4:15-6:30 p.m. at Insight Memory Care Center, 3953 Pender Drive, #100, Fairfax. A new session of the Mind and Body Workshop, runs Mondays, June 3-24. The workshop is a multi-session program series for both the caregiver and the recently diagnosed individual to participate, promoting social engagement and peer support, while adjusting to life with a new diagnosis. Register online at [www.insightmcc.org](http://www.insightmcc.org), or contact Lindsey Vajpeyi at 703-204-4664 or [lindsey.vajpeyi@insightmcc.org](mailto:lindsey.vajpeyi@insightmcc.org).

Phillips Right Response. 6-8 p.m. at Phillips' Annandale Campus, 7010 Braddock Road, Annandale. Phillips Programs for Children and Families, a nonprofit helping youth with behavioral challenges and their families. Right Response is a proactive and evidence-based approach for de-escalation, intervention, prevention and positive behavior support. A two-session training helps parents remain in control during stressful situations, support a child through challenging behaviors, and avoid the wrong response. \$25 per session or \$40 for two. Email [Carrie.Clark@phillipsprograms.org](mailto:Carrie.Clark@phillipsprograms.org) or visit [www.phillipsprograms.org/right-response-training-for-parents](http://www.phillipsprograms.org/right-response-training-for-parents).

Tuesday/June 4

Safe Walking Summit. 9 a.m.-4 p.m. at NVRC Offices, 3040 Williams Drive, Suite 200, Fairfax. Learn from America Walks, local staff, Virginia DOT, and DMV on tools and initiatives that improve walking and reduce crashes. The summit is sponsored by Share VA Roads through a federal highway safety grant from Virginia DMV. Event and registration details can be found at: [www.novaregion.org/CivicAlerts.aspx?AID=686](http://www.novaregion.org/CivicAlerts.aspx?AID=686).

Wednesday/June 5

New Volunteer Orientation. 7:30-9 p.m. at Providence Community Center, 3001 Vaden Drive, Fairfax. Join Fairfax Pets on Wheels, Inc. Learn about volunteering to make a difference in the community by visiting residents of nursing homes and assisted living facilities with a pet dog, cat or bunny. Visit

[www.fpow.org](http://www.fpow.org).

Friday-Sunday/June 7-9

White Elephant Sale. Friday, 5-8 p.m.; Saturday, 9 a.m.-7 p.m.; Sunday, 8:30 a.m.-2:30 p.m. at St. Mary of Sorrows Catholic Church, 5222 Sideburn Road, Fairfax. St Mary 's White Elephant sale will feature furniture, antiques, household, garden, toys, books, jewelry, china and more. Admission: Friday, \$5; Saturday-Sunday, free. Call 703-978-4141.

Saturday/June 8

Caregiver Workshop. 11 a.m.-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Join this Caregiver Workshop with Pete Shrock, nationally known grief and crisis responder, focusing on building resilience through caregiving challenges. This is a free event, and all caregivers and family members are invited to attend. Lunch will be provided. Visit [insightmcc.org](http://insightmcc.org), to register or contact Lindsey Vajpeyi at 703-204-4664 or [lindsey.vajpeyi@insightmcc.org](mailto:lindsey.vajpeyi@insightmcc.org).

Tuesday/June 11

Park Authority Summer Jobs. 10 a.m.-1 p.m. at the Herrity Building, 12055 Government Center Parkway, Fairfax. This year the Fairfax County Park Authority's Rec-PAC summer camp program will operate at 45 elementary school locations around Fairfax County on weekdays from July 1-Aug.8, 8:15 a.m.-3:45 p.m. Applicants are required to bring an original Social Security Card and a DMV photo ID. Only those who are 18 years of age and older will be considered. Visit [www.fairfaxcounty.gov/parks/rec-pac/jobs](http://www.fairfaxcounty.gov/parks/rec-pac/jobs) or email [Recpac@fairfaxcounty.gov](mailto:Recpac@fairfaxcounty.gov).

NARFE Fairfax 737 Luncheon Meeting. 11:30 a.m.-1:30 p.m., at American Legion Post 177, 3939 Oak St., Fairfax. Meetings are held on the second Tuesday of each month from September through June, and opened to all active and retired Federal employees, spouses and guests. Register for luncheon (\$11) by Friday before meeting at 703-280-2356.

Friday/June 14

Application Deadline: Fire Academy. The Fairfax County Fire and Rescue Department is now accepting applications for its Girls Fire and Rescue Academy summer camp, which will take place July 11-13, 2019. The Academy is open to female students who will be in grades 7-12 in the upcoming 2019-2020 school year. Participants must be a Fairfax County resident. Free. Visit [www.fairfaxcounty.gov/fire-ems](http://www.fairfaxcounty.gov/fire-ems).

Saturday/July 6

Peripheral Neuropathy Support Group. 2-4 p.m. at Mason District Governmental Center, 6507 Columbia Pike, Annandale. The Peripheral Neuropathy Support Group for greater Washington meets the first Saturday of the month. All are welcome. RSVP for available seating. Call 301-263-0616 or visit [www.dcpnssupport.org](http://www.dcpnssupport.org) for more.

Sunday/Dec. 8

Low Cost Rabies Vaccine Clinic. Noon-2 p.m. at West Springfield Governmental Center, 6140 Rolling Road, Springfield. Cost is \$15 per pet, cash and check only. Dogs, cats, and ferrets may be vaccinated at the clinic. Dogs must be on leashes; cats and ferrets must be in carriers. All pets will receive a 1-year rabies vaccination. To obtain a 3-year vaccine, bring pet's rabies certificate (not tag) showing the current rabies vaccination expiration date. 2019 county dog licenses will be sold for an additional \$10 per license. Visit [www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics](http://www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics) for more.

### Support Groups

Parent Support Partners, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualified to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit [www.fairfaxcounty.gov/healthymindsfairfax](http://www.fairfaxcounty.gov/healthymindsfairfax) or [www.northernvirginia.org/parent-peer-support.html](http://www.northernvirginia.org/parent-peer-support.html).

Shepherd's Center of Fairfax-Burke sponsors a monthly meeting on the 2nd Tuesday of each month, noon-1:30 p.m., for caregivers to learn and to share with others experiencing similar challenges. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or [eileen.thompson1@gmail.com](mailto:eileen.thompson1@gmail.com).

Haven of Northern Virginia provides support, compassion, information and resources to the bereaved and seriously ill. To become a Haven volunteer, please call 703-941-7000 to request an orientation. Volunteers must complete a 30-hour training and commit to one year of service answering Haven phones (2.5 hours weekly). Next training is scheduled for fall 2017.

### Ongoing

Docents Needed. Sundays 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Greet museum visitors and tell them about the exhibits, the museum and the its railroad and Civil War history. Ideal for those interested in railroads, the Civil War and Northern Virginia history. Training and orientation provided. Other volunteer opportunities are gardening, publicity and exhibit planning. Call 703-945-7483.

Haven of Northern Virginia is committed to offering, support, compassion, information and resources to the bereaved and seriously ill. Volunteers provide individual and group support to those suffering from a loss. Volunteers must participate in a 30 hour training. Training will be offered in October 2018. To volunteer, call Haven at 703-941-7000.

Assistance League of Northern Virginia, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at [gronbiz@aol.com](mailto:gronbiz@aol.com) or Program Coordinator Lynn Barron at [lynnieb517@verizon.net](mailto:lynnieb517@verizon.net).

Docents Needed. Sundays 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Greet museum visitors and tell them about the exhibits, the museum and the its railroad and Civil War history. Ideal for those interested in railroads, the Civil War and Northern Virginia history. Training and orientation provided. Other volunteer opportunities are gardening, publicity and exhibit planning. Call 703-945-7483.

STEM Professionals Needed. Help assist K-12 STEM teachers as part of the American Association for the Advancement of Science's STEM Volunteer Program, [stemvolunteers.org](http://stemvolunteers.org), during the 2018-19 school year. In the 2017-18 school year, there are 85 volunteers in six Northern Virginia school districts. Contact Don Rea at 571-551- 2488, or [donaldrea@aol.com](mailto:donaldrea@aol.com).

Volunteer Adult Mentors Needed. Help assist the Department of Family Services' BeFriendA-Child mentoring program. The mentors provide opportunities for companionship, guidance and support to children who have been abused and neglected, or who are at risk of abuse and neglect. Contact Ibrahim Khalil at [Ibrahim.khalil@fairfaxcounty.gov](mailto:Ibrahim.khalil@fairfaxcounty.gov) or 703-324-4547.

Volunteers needed at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Museum offers a variety of exciting volunteer opportunities in Museum events, programs and administration. Contact [volunteers@fairfax-station.org](mailto:volunteers@fairfax-station.org) or 703-945-7483 to explore services that will fit your schedule and interests. Visit [www.fairfax-station.org](http://www.fairfax-station.org), or call 703-425-9225 for more.

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call RSVP at 703-403- 5360. To learn more about RSVP, visit [www.rsvpnova.org](http://www.rsvpnova.org).

Shepherd's Center of Fairfax-Burke serves those 50 and older who no longer drive. Volunteer drivers are needed for trips (Monday-Friday) to medical appointments and companion shopping within the Fairfax/Burke area. Office workers are needed to answer phones in the SCFB office (Monday-Friday) to match drivers and those who need rides. Call 703-323-4788.

Positive Parenting Strategies Course. At PHILLIPS, 7010 Braddock Road, Annandale. A series of classes and in home consultations taught by PHILLIPS' counselors. Open to all local families. Call Stacy Stryjewski at 703-658-9054.

Thermal Camera Loan Program. Learn where the energy is leaking out of the home with a special attachment for the iPhone or Android. Visit [www.fairfaxcounty.gov/energy](http://www.fairfaxcounty.gov/energy) or call 703-324-5955 for more.

Master Gardener Training. The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit [fairfaxgardening.org](http://fairfaxgardening.org) or call MG Help Desk at 703-324-8556 for more.

Fairfax Rotary Club Meeting 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. [fairfaxrotary.org](http://fairfaxrotary.org).

NARFE Monthly Meeting Every Second Tuesday 11:30 a.m. American Legion Post 177 located at 3939 Oak St., Fairfax. NARFE Fairfax 737 monthly luncheon meeting. Enjoy lunch accompanied by a special program. Lunch at noon. Cost: \$11 Speaker/Program-12:45PM. [rrharney2@cox.net](mailto:rrharney2@cox.net) 703-501-0020

Civil War Research scholarship to a public or private high school senior who resides in Fairfax, Fairfax City, Prince William County, Manassas City, or Manassas Park from the Bull Run Civil War Roundtable in Centreville, Va. Visit [bullruncwrt.org](http://bullruncwrt.org) for more.

Fairfax-based non-profit Britepaths offers free Financial Education Classes Sessions at various locations in the Fairfax County area to low- and middle-income adults who reside throughout Northern Virginia. The offerings are free and open to the public, but reservations are required. [britepaths.org/news/get-financially-fit-new-year](http://britepaths.org/news/get-financially-fit-new-year)

Volunteers Needed. PRS is looking for empathetic and caring volunteers to make phone calls to older adults who may be feeling socially isolated. The commitment is one 3-hour shift per week for one year. Located in Arlington. Ages 21 & up. Intensive training provided. Learn more and apply: [prsinc.org/caring-volunteering/](http://prsinc.org/caring-volunteering/). Questions? Email [lpadgett@prsinc.org](mailto:lpadgett@prsinc.org).

"Changing Minds" Addresses Children's Exposure to Violence

The Department of Justice (DOJ) has launched an initiative called Changing Minds, a national public education campaign to raise awareness, teach skills, and prompt public action in response to children's exposure to violence in the U.S. This multi-year campaign, established through DOJ's Defending Childhood Initiative, features digital and print content intended to reach adults who interact with children and youth in grades K-12. The new campaign website, [ChangingMindsNOW.org](http://ChangingMindsNOW.org), provides resources and tips on how to support children who may have been affected by violence.

The Office of Juvenile Justice and Delinquency Prevention developed Changing Minds in partnership with Futures Without Violence, the Ad Council and the Wunderman ad agency. Their agencies are working together to spread the word and are in need of your help. Research indicates that proper intervention, including support from caring adults, can help children heal. With this in mind, you are encouraged to use these resources and share this message with your networks. Learn More: [ChangingMindsNow.org](http://ChangingMindsNow.org)

Reminder Crime Prevention – Please contact the Fairfax County Police Department at 703-691-2131 (non-emergency) to report ANY suspicious activity, no matter how small or insignificant it may seem at the time. It is better if police reports can be called in while the suspicious activity is in progress to the extent possible.

Burke Lake Seniors Golf League seeks members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all-around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season – April 1 through October 31 – are \$20 plus green fees. For more information, call Charlie Ryan 703-690-4227.

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email [Lisa.Callahan@fairfaxcounty.gov](mailto:Lisa.Callahan@fairfaxcounty.gov). Also visit [www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/](http://www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/)

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or [Kristin.Martin@fairfaxcounty.gov](mailto:Kristin.Martin@fairfaxcounty.gov).

Volunteer Fairfax seeks individuals, families, youth and corporate groups for service opportunities at a variety of nonprofit agencies. One-time special events or ongoing activities are available at [www.volunteerfairfax.org](http://www.volunteerfairfax.org) or call 703-246-3460.

Singers Wanted for the Celebration Singers. The women's show choir is interested in new talent to perform at various Northern Virginia community sites. Practices are Wednesdays 10:30 a.m.-2:30 p.m. at the Burke United Methodist Church, 6300 Burke Center Parkway. Contact either Barbara Male ([barbdmale@yahoo.com](mailto:barbdmale@yahoo.com)) or Gayle Parsons, [gparsons3@cox.net](mailto:gparsons3@cox.net) for more information.

Online Scavenger Hunt. Visit Fairfax tasks those interested in becoming "citizen ambassadors" to the county (those informed on fun, creative weekend outings in the area) to find two Fairfax County Ambassador icons hidden throughout the [fxva.com](http://fxva.com) website in order to join the ambassador team; those who find all five hidden pins will receive a complimentary gift. [www.fxva.com/online-ambassador](http://www.fxva.com/online-ambassador).

American Red Cross CPR, First Aid and AED. Various times, at 2720 State Route 699, Suite 200, Fairfax. One-year certification, digital or print materials and continued education on Mondays through Thursday and Saturday. \$90-110. [www.redcrossnca.org](http://www.redcrossnca.org)

Volunteers Needed for Driving & Administrative Assistance Volunteer drivers are needed for trips Monday - Friday to medical appointments and companion shopping within the Fairfax/Burke area. Office Workers are

needed to answer phones in the SCFB office Monday - Friday to assist individuals requesting rides and to match an available driver for each request. If you can volunteer your time or if someone you know is unable to get out and needs weekly calls and visits, or you would like to be a caller or visitor, please contact the SCFB office at 703-323-4788.

Volunteer with CASA and Lift Up a Child's Voice. Become a Court Appointed Special Advocate and provide an abused and neglected child with a voice within the confusing child welfare system. Fairfax CASA is a 501(c)3 public charity that provides every child with an open abuse and neglect case in the Fairfax County Juvenile and Domestic Relations Court with a voice. Our goal is to find every child a safe and loving home by reporting to the courts on the "best interest" of the child. While many children have social workers, foster parents, therapists and teachers which change over time, the CASA volunteer is often the only stable adult presence in their life. Join Fairfax CASA in raising awareness about the volunteering opportunities within our organization. Visit [www.fairfaxcasa.org](http://www.fairfaxcasa.org) for more information about Fairfax CASA.

Northern Virginia Charter Chapter of the American Business Women's Association Holds Business Meeting. The Chapter meets the third Thursday each month from 11:30 - 1:30 p.m. Tickets via Eventbrite are \$25 in advance and \$30 cash at the door. Seating is limited. Open to businesspersons working or living in and around Fairfax and Prince William counties. Guests and prospective members welcome. The Northern Virginia Charter Chapter of the American Business Women's Association embraces positive, energetic and supportive women willing to help themselves and other women succeed both professionally and personally. To register, use [www.eventbrite.com/e/abwa-nvcc-welcomes-sherron-washington-from-the-p3-solution-tickets-25778817136](http://www.eventbrite.com/e/abwa-nvcc-welcomes-sherron-washington-from-the-p3-solution-tickets-25778817136).

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