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Melissa Stables

Certified Dementia Practitioner

Melissa Stables is one of Caring People's Certified Dementia Practitioners and provider of our innovative Evolution™ Care Program.



Melissa Stables holds a master's degree in Social Work and is a Certified Dementia Practitioner. Prior to her role as Dementia Care Specialist at Caring People, she worked as the Education and Outreach Coordinator for the Greater New Jersey Chapter of the Alzheimer's Association.

Before moving to New Jersey in 2011, she was a Care Coordinator for the Rochester and Finger Lakes Region Chapter of the Alzheimer's Association for over 4 years. Her expertise is in aging, Alzheimer's disease, behavior management, dementia care, and case management.

"I became a Dementia Care Specialist because this role is all-encompassing. Not only am I able to educate professionals about Alzheimer's disease and issues related to it, I am also able to work one-on-one with those affected by the disease. It is a unique combination of both my experiences and expertise so I instantly knew I could help contribute to the success of our Evolution program." says Melissa.

Like other Certified Dementia Practitioners at Caring People, Melissa is at the forefront of the constantly developing Evolution Care Program, a comprehensive and proprietary care regimen for individuals suffering from symptoms of Alzheimer's, Dementia, and other cognitive disabilities.

"Evolution is a wonderful program that allows both professional and non-professional caregivers to gain a better understanding of the disease and issues related to it. With this knowledge, they are better able to handle the changes that are inevitable with this disease. Equally important is that those involved in the care of their loved one will learn ways to better communicate with their loved one and learn how to engage them in meaningful activities that can be adapted to where they are at in the disease process. Increased knowledge, improved interactions, engagement in meaningful activities, and the additional support gained through being involved in this program helps to improve the quality of life of those affected by the disease."



Caring People Daily is out! <http://t.co/ihe0VQqMx1>
Stories via [@grannypants](#) @MedStarVNA - 7 hours ago

Who We Are

Caring People Home Health Care Agency is licensed, bonded and insured. Our staff is available 24/7 to answer your questions and address concerns.

Join the CPHC Team

We are always looking for dedicated and passionate Home Health Aides (HHA), Licensed Practical Nurses (LPN), Registered Nurses (RN), and Certified Dementia Specialists (CDS) in New York, New Jersey, and Florida.

CPHC Corporate

118-35 Queens Blvd Suite 1530
Forest Hills, NY 11375

Ph: 1-877-830-5370

Email: info@caringpeopleinc.com

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