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March 21, 2019  61°

- Home
  - News
  - Editorials/More
  - Mailbox
  - Tech/Environment
  - Sports**
  - Culture
  - Community
  - Obituaries
  - Galleries
  - Calendar
- Archives

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9 Remaining

Home News

# Class Offered for Caregivers Assisting those with Dementia

Story

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Posted: Thursday, March 7, 2019 12:00 am

To help caregivers with challenges they face, Hope Hospice presents Living with Dementia: Enhancing well-being through person-centered care, on Saturday, March 9 from 9:45 a.m. to noon. This class is offered by Hope Hospice as part of its Family Caregiver Education Series.

Information presented during this class will give caregivers a better understanding of how to assess, interpret and respond to dementia-related behaviors in a manner that can help to promote meaningful connections. The class will introduce the person-centered care approach that is designed to promote optimal well-being and personal identity for the one living with dementia and maintain the overall health of the family caregiver.

Speakers for this program are: Jill Smith, RN, Hope Hospice Director of Volunteers; PAC-certified independent trainer; CARES Dementia Specialist; National Council of Certified Dementia Practitioners; Debbie Emerson, MS, Hope Hospice Community Health Educator, CARES Dementia Specialist.

Any community member engaged in the role of family caregiver or expecting to soon become a caregiver is invited to attend this class. Classes are held at Hope Hospice, 6377 Clark Avenue, Suite 100, Dublin (2nd floor conference room). Light refreshments will be served. Register online at [HopeHospice.com](http://HopeHospice.com) or contact Hope Hospice Community Health Educator Debbie Emerson at [debbiee@hopehospice.com](mailto:debbiee@hopehospice.com).

Hope Hospice's Family Caregiver Education Series offers a series of 14 classes designed to provide training, education, support, and resources for those caring for loved ones with chronic or disabling conditions. To download a copy of the class schedule, go to [HopeHospice.com](http://HopeHospice.com) and select the Family Caregiver Education Series.

Hope Hospice now offers a monthly caregiver support group that provides an environment in which caregivers can connect and share with others in similar situations. The group meets from 12:15 to 1:45 p.m., immediately following the Family Caregiver Education series class.

These classes and support groups are available at no cost to all community members; however, donations to Hope Hospice are greatly appreciated. This program is supported in part by a generous grant from the Rotary Club of Pleasanton.

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Posted in News, Health on Thursday, March 7, 2019 12:00 am.



## Calendar

March 2019						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
today's events		browse			submit	

## Gallery



### St. Patrick's Day Pancake Breakfast

Hot, green pancakes fresh off the griddle kicked off Dublin's St. Patrick's Day weekend festivities on March 16. The annual \$5 breakfast supports Alameda County Firefighters Local 55's charitable efforts. (Photos - Doug Jorgensen)

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## Pet Of The Week

▫ **Lady Valentina**

posted: March 21

### Sections

Home  
Local News  
Education News  
Business Notes  
Valley Roundup  
Sports Notes  
Editorials  
A&E  
Bulletins  
Legals  
Classifieds  
Real Estate News  
Photos  
Obituaries  
Mailbox  
Archives  
Community News  
Short Notes  
Milestones  
Pet of the Week

### Services

About Us  
Contact Us  
Site Index

### Calendars

Cultural Arts Calendar  
Community Events Calendar

### Search

Search in:

- |                                          |                                         |
|------------------------------------------|-----------------------------------------|
| <input checked="" type="checkbox"/> All  | <input type="checkbox"/> Business Notes |
| <input type="checkbox"/> Editorials      | <input type="checkbox"/> Real Estate    |
| <input type="checkbox"/> News            | <input type="checkbox"/> Valley Roundup |
| <input type="checkbox"/> Education News  | <input type="checkbox"/> Community      |
| <input type="checkbox"/> Legals          | <input type="checkbox"/> Milestones     |
| <input type="checkbox"/> Sports          | <input type="checkbox"/> Bulletins      |
| <input type="checkbox"/> Short Notes     | <input type="checkbox"/> Mailbox        |
| <input type="checkbox"/> Classifieds     | <input type="checkbox"/> Obituaries     |
| <input type="checkbox"/> Photo Galleries |                                         |
| <input type="checkbox"/> Video           |                                         |