

## ProMedica offers free dementia education sessions

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ProMedica offers free dementia education sessions on the second Tuesday of the month at ProMedica Flower Hospital in Sylvania.

Sessions are open to family, friends, and caregivers and focus on techniques and care approaches for managing the course of Alzheimer's disease and dementia.

The next event is at 5:30 p.m. March 12. A certified dementia practitioner will provide free adult day care supervision and recreational activities during the event. The sessions are held in the conference center boardroom at the hospital's conference center, 5200 Harroun Rd.

Registration is requested, but not required. Call Cheyenne Abrego 419-824-1758 or email <a href="mailto:Cheyenne.Abrego@ProMedica.org">Cheyenne.Abrego@ProMedica.org</a> for more information or to register.

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