

From the community Connecticut Center for Healthy Aging specialists receive national certification



Patricia B. O'Brian, CDP, left, and Michelle Wyman, LSW, CDP, of Connecticut Center for Healthy Aging. (Posted by michelr, Community Contributor)

By **Community Contributor michelr**

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Two **dementia** care specialists with the Connecticut Center for Healthy Aging were recently certified as Certified Dementia Practitioners by the National Council of Certified Dementia Practitioners. Patricia B. O'Brian, CDP, patient and family engagement coordinator, and Michelle Wyman, LSW, CDP, life enrichment coach, joined the Connecticut Center for Healthy Aging staff in 2015 and are based in Southington. The goal of the National Council of Certified Dementia Practitioners is to develop and encourage comprehensive standards of excellence in direct-care skills, education and sensitivity in the area of dementia care.

O'Brian, a Cromwell resident, and Wyman, a West Hartford resident, are two of the highly experienced dementia care professionals with the Connecticut Center for Healthy Aging. The Center for Healthy Aging, a not for profit member of Hartford HealthCare Senior Services, is a resource and assessment center whose mission is to enhance access to services and information related to attaining optimal quality of life for seniors and their

caregivers.

O'Brian and Wyman have extensive experience in dementia care and can provide effective strategies to improve the quality of life for caregivers and persons with dementia/Alzheimer's disease. They offer home, telephonic and office assessments specifically for caregivers/family members who have loved ones with a dementia and can develop effective strategies to improve the quality of life by offering continued follow up and support. They also facilitate educational programs for caregivers.

The Connecticut Center for Healthy Aging has four locations: [Hospital of Central Connecticut](#), Bradley Memorial campus in Southington and New Britain campus, MidState Medical Center in Meriden, and Windham Hospital in Willimantic.

A free Dementia Caregiver Resource Guide is available from the Connecticut Center for Healthy Aging; visit [cthealthyaging.org](#) and click on the Dementia Caregiver Resource Guide link. For more information about Connecticut Center for Healthy Aging, visit [cthealthyaging.org](#) or call toll-free 1-877-4AGING1 (1-877-424-4641).

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