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Decoding dementia with author Karen Tyrell

Published on October 18, 2013

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By Adam Brazeau
CORNWALL, Ontario – A Cornwall-native has written a book that offers insights into a puzzling disease, providing caregivers and families with an arsenal of creative measures.



© Adam Brazeau
Author Karen Tyrell held a book signing in her hometown to the delight of many. Tyrell's new book 'Cracking the Dementia Code: Creative solutions to coping with changed behaviours' offers simple ways of dealing with a complicated disease.

Karen Tyrell's new book 'Cracking the Dementia Code: Creative solutions to coping with changed behaviours' was on display during a signing at the Ramada Inn. Tyrell gave a presentation, delving into the issues of the book and several speakers were on the event list as well.

The author was excited to be back in her hometown with what people in line were calling a sure-to-be page-turner.

Tyrell is a Certified Dementia Practitioner (CDP) and Certified Professional Consultant on Aging (CPCA).


"I wrote this book because it's my passion


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to help families who are affected by dementia, and trying to care for someone who has Alzheimer’s disease and they don’t know where to turn,” she said.

The cover of Cracking the Dementia Code features a mother and daughter in a warm embrace, with a magnifying glass over them. By the looks of it, dementia doesn’t appear to be a factor. But judging a book by its cover is often misleading.

The daughter was Tyrell’s former manager at Heartwood and her mother has dementia.

“It’s a shock that she has the disease,” she said.

Tyrell hopes the book will give families a better grasp on how to manage a change in behaviour from a loved one with dementia.

“It can be one of the most difficult parts to go through,” said Tyrell.

To learn more, visit www.dementiasolutions.ca.



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