



Education Access Nursing Academy

Nursing Academy web seminar series:

Don't Be Surprised: Dementia Behaviors & Interventions

OVERVIEW

This session will include information about normal aging, three stages of Alzheimer's disease (the leading cause of dementia), the difference between delirium and dementia, behaviors and non-medical interventions, and handling our own caregiver stress. We will cover various possible causes of behaviors and discuss person-centered interventions that put us "in the moment" with the elder. Handling stressful situations and acknowledging self-sabotaging thoughts and beliefs that create stress will be discussed as we 'put into perspective' what it is we truly control when caring for others.

OBJECTIVES

At the conclusion of this seminar, participants should be able to:

- Discuss the difference between normal aging and dementia, as well as dementia and delirium
- Identify non-medical interventions to behaviors that build relationship and decrease agitation; and discuss behaviors often exhibited by elders with dementia
- Identify self stress symptoms, discuss self-sabotaging thoughts, pick from a list of quick stress-relievers when leaving is not an option, and develop an easy-to-understand plan for becoming more stress hardy.

DATE

**Tuesday, May 17, 2011
10– 11:30 a.m.**

SPEAKER

Dee Mayfield, TIPS, CDP runs Mayfield Health Care Seminars, that melds personal caregiving stories with research-based care information about elders with dementia. Dee is an authorized trainer for the Health Communications, Inc. Training for Interventions Procedures, and an authorized trainer for the Alzheimer's and Dementia Seminar written by the National Council of Certified Dementia Practitioners--the training requirement of becoming a Certified Dementia Practitioner (CDP). Dee's practical experience in care giving includes non-medical care to her grandmother, her mother-in-law with dementia, three years of home-health for an individual with physical disabilities, unpaid physical therapy help for two individuals, post-accident caring for a fiance' with brain trauma and physical needs following a high-speed motorcycle accident, and full-time, in-home, dementia care to her mother. Further, Dee has served as Activity Professional in a skilled nursing facility in Illinois. Dee is a repeat speaker at the Illinois Health Care Association Annual Convention, and conducts public and in-house seminars and in-service training nationally.

CONTINUING EDUCATION

Illinois nursing home administrators, social workers, and nurses will earn 1.5 clock hours of continuing education for participating.

The Illinois Health Care Association is approved as a sponsor of continuing education for nurses by the Illinois Department of Financial and Professional Regulation.

ABOUT THE NURSING ACADEMY WEB SEMINAR SERIES

The **ILLINOIS HEALTH CARE ASSOCIATION** and **ILLINOIS COUNCIL ON LONG TERM CARE** are partnering to create the Education Access Nursing Academy! For an IHCA and ICLTC member facility fee of only \$1250 per year, you will have access to enough web seminars to more than meet the 20 CE requirements. This fee also includes unlimited access to the Education Access Library where the web seminars will be archived. Non-members of either association pay a reasonable fee of only \$1950 per year.

This is a facility fee and not an individual fee! In other words, you may have as many nurses in your facility attend each web seminar for the same low price of \$1,250!

Each web seminar will be available à la carte for a member fee of \$75 each. Archived seminars will also be \$75 each. The non-member fee is \$125.

For more information regarding the Nursing Academy web series, please contact Debbie Belt at 1800.252.8988 or dbelt@ihca.com.

All registrations must be received 48 hours prior to the web seminar.

Web Seminar: Dementia Behaviors & Interventions

All Registrations must be received 48 hours prior to the web seminar.

Participant Name:	License Number	Email Address

Facility: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

IHCA Member ICLTC Member

Payment:

_____ ***Nursing Academy Subscriber.....\$0***
 _____ Member of IHCA, ICLTC, LTCNA.....\$75
 _____ Non-Member, each person..... \$125

TOTAL _____

Check enclosed

Charge to: Visa MasterCard American Express

_____ Expiration Date: _____

Security Code: _____ (3 digits REQUIRED)

Signature: _____

Return with payment to: Illinois Health Care Association OR Fax: 217.528.0452
1029 S. Fourth Street
Springfield, IL 62703

AMOUNT	CK#/ CC	MEMBER STATUS	DATE