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Dementia Expert Publishes "Master Key" for Eldercare Facilities

Pittsburgh - One of the nation's leading experts in dementia and Alzheimer patient care recently released her second book, "Love, Laughter & Mayhem in Eldercare Facilities – The Master Key for Dementia Training." Cindy Keith, RN, BS, Certified Dementia Practitioner (CDP) and founder of Moving in Nurturing Directions (M.I.N.D.) in Memory Care published this workbook as a follow up to her first book, "Love, Laughter and Mayhem – Caregiver Survival Manual for Living with a Person with Dementia."

This "Master Key" serves as a comprehensive guide for eldercare facility staff. Sixteen training modules provide clear, concise, topics with specific solutions and protocols to ensure the highest quality care for residents. A bonus "Manager's Training Guide" is available for download from the website (www.mindinmemorycare.com) and allows for planning and execution of the training sessions by facility managers. An experienced educator in the dementia/Alzheimer's field, Cindy Keith has taught nursing assistants, support staff, LPN's, and RN's how to best care for this ever-growing population. Recognizing that every type of facility currently houses people in varying stages of dementia and Alzheimer's, this latest book addresses the need to have a fully trained staff that is well equipped to deal with the challenging behaviors often exhibited by residents.

The book is \$12.95 plus shipping and handling. To purchase the book, visit <http://booklocker.com/books/5190.html>

About Cindy Keith and M.I.N.D. in Memory Care
Cindy Keith, RN, BS, Certified Dementia Practitioner, applies her 20-plus years of experience in dementia and Alzheimer's care to provide seminars and trainings to health care professionals and family caregivers as well as one-on-one family consultations through Moving in Nurturing Directions (M.I.N.D.) in Memory Care. She is a certified course provider for the National Council of Certified Dementia Practitioners (NCCDP). She is a nationally renowned speaker regarding the growing dementia and Alzheimer's population and the importance of facility staff training in all aspects of dementia care. For more information about M.I.N.D. in Memory Care or Cindy Keith, visit www.mindinmemorycare.com or call (814) 235-0691.

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