



# Dementia with Dignity Vermont

Creative, Compassionate, Personalized Practice

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**Theresa Matocha holds a MSW degree from The University of Houston Graduate College of Social Work in Houston, Tx. She completed a Gerontology internship at Baylor College of Medicine's Geriatric and Diagnostic Center and is certified as an Instructor and Practitioner with the National Council of Certified Dementia Practitioners. In addition to serving as the Program Director for a 50 resident Dementia Special Care Unit, she has worked as the Medical Social Worker for the VNA of VT and NH, facilitated support groups for newly diagnosed dementia patients as well as caregivers and is the author of the children's book: "Grandpa Remembers Love."**

**The inspiration to form 'Dementia with Dignity' comes from her experiences working with families, front-line caregivers and people both young and old living with various types of profound memory loss. Having witnessed the consistent ability of creative, compassionate and dignified care to enhance life quality throughout the the dementia journey, she is committed to doing her part to spread the word with regard to to best practice strategies. Over 5 million people in the U.S. alone are currently diagnosed with Alzheimer's disease and that number is expected to reach 7 million in just 20 years-it is imperative that high quality standards of care become the rule for this population.**

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## **Dementia with Dignity Vermont**

**500 Adams Ferry Rd.**

**Panton, VT 05491**

**Phone: 802-349-2202**

**Fax: 802-475-2089**

**Email: [dementiawithdignityvt@gmail.com](mailto:dementiawithdignityvt@gmail.com)**

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