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Did You Turn Off the Stove? iPhone App Tells Dementia Patients It's Done!

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By: Sandra M. Stimson



A new iPhone App called **It's Done!** is helping dementia sufferers confirm whether they remembered to turn off the stove, lock the door or take their medication. The app can even notify loved ones and caregivers that a routine task has been done. For those with dementia who use an iPhone, iPad or iPod touch, *It's Done!* can truly improve the [quality of life](#).

Available at the [iTunes AppStore](#), *It's Done!* has received great [reviews](#). One user with Early Onset Alzheimer's Disease wrote, "I cannot tell you how long I have been looking for an application just like this one... I can tell you with EOAD, you forget everything just about every day. To say this will be useful to me is an understatement. It is user friendly. Very simple to set up. And works excellent... It is the best I have ever seen..."

With *It's Done!*, you simply check-mark "Done" your routine everyday tasks (lock the door, turn off the stove, etc.). Later, when the uneasy thought occurs, "Did I remember to...?", *It's Done!* confirms whether the task is done. No need to check or second-guess. No worries at all.

One vital and potentially life-saving feature of the *It's Done!* app is its ability to automatically generate a text message or email to send others when a task is done. So within seconds of taking a daily [medication](#) and check-marking *It's Done!*, a loved one or [caregiver](#) immediately receives a message that the medication was taken. As it provides you confirmation of task completion, the app gives assurance to others, eliminating the need to call or worry.



While most calendar/task apps remind users to do things, *It's Done!* is designed to help you recall with certainty whether a task is actually done. It relieves that feeling of uncertainty by remembering later what you do now.

And if you *did* forget to turn off the stove? *It's Done!* remembers that, too. The empty check-box confirms it and lets you take necessary action. In this way, *It's Done!* can literally save the day from potential disaster.

It's Done! app comes pre-loaded with 40 routine everyday Tasks, but you can also create custom Task Names and as many Tasks for the day as desired. *It's Done!* even has a Task Reminder to alert you at the appointed time and open the app to complete the task, helpful for prescribed medications, pet feedings, phone calls, and other time-specific tasks.

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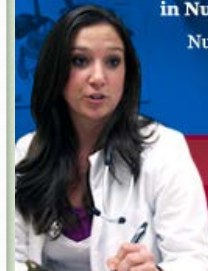
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The *It's Done!* app has a complete website www.itsdoneapp.com with a helpful video User Guide, FAQ, Reviews, Customer Support, and even a Blog.

It's Done! creator, Howard "A.J." Lester, points to the important public service of the app. "Everyone forgets whether they did something every now and then," Lester said, "and, for those people, *It's Done!* is a handy app for confirming stuff is done. But, for folks who are memory-impaired due to [dementia](#), brain injury, or other medical conditions, this simple and inexpensive yet vital app can certainly improve their quality of life." And for loved ones and caregivers? Lester says, "We believe *It's Done!* can create real peace of mind for the caregivers and loved ones of those who suffer from memory-impairment. It's just one more tool for helping everyone rest easy."



See [It's Done! in the iTunes AppStore](#) or visit the [It's Done! website](#)

Located in Houston, Texas, A.J. Lester & Associates, was founded in 1999 by Howard "A.J." Lester. A national consulting firm serving major U.S. companies, A.J. Lester & Associates has diversified into iOS app development during the past year and proudly launched its first iPhone app, **It's Done!**, on June 1, 2011. Our corporate mission is to be of maximum service to our customers and provide apps that serve the greater good of all. We gratefully welcome and appreciate any/all feedback. All Material and Software (C) 2011 A.J. Lester & Associates, Inc./ All Rights Reserved. Apple, the Apple logo, iPod, the iPod logo, are registered trademarks of Apple Computer in the U.S. and/or other countries.



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