



## Honoring Avalon Assisted Living's director of nursing



Avalon Assisted Living at Hillsborough 11:47 a.m. EDT October 28, 2014

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*The Avalon Assisted Living at Hillsborough Director of Nursing, Laura Cardillo recently received a national award as Nurse Of The Year.*



(Photo: PHOTO COURTESY OF AVALON ASSISTED LIVING AT HILLSBOROUGH)

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HILLSBOROUGH – Laura Cardillo, director of nursing at the Avalon Assisted Living Residence since its opening in 2006, on Oct. 5 at the National Center for Assisted Living (NCAL) conference in National Harbor, Maryland, was honored as Nurse of the Year.

A former resident of Bridgewater, Cardillo now resides in Hillsborough. A registered nurse for 23 years, she is also a certified dementia practitioner, certified validation worker, and Alzheimer's Association caregiver support group facilitator.

"I cannot see myself working anywhere else but in this type of environment," Cardillo said. "I treat all of the residents here like they are a family member, with the dignity and respect they deserve."

Other accomplishments include her program for National Alzheimer's and Staff Education Week in February, which won a first place award for The Avalon at Hillsborough from the National Council of Certified Dementia Practitioners. Cardillo organized an exciting week for employees, residents and family members, with speakers, interactive classes and a formal proclamation from the Mayor.

In addition, Cardillo was chosen as a finalist as Nurse of the Year by for NJ Biz Healthcare Heroes program in June. This award honors individuals and organizations that are making a significant impact on the quality of health care in New Jersey.

"We are so proud of Laura and her accomplishments; this is a well-deserved award," Don Pelligrino, owner /CEO of Bridgewater Senior Healthcare.

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For more information about the Avalon Assisted Living & Bridgeway Care & Rehabilitation Centers, visit [www.BridgewaySeniorCare.com](http://www.BridgewaySeniorCare.com)

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