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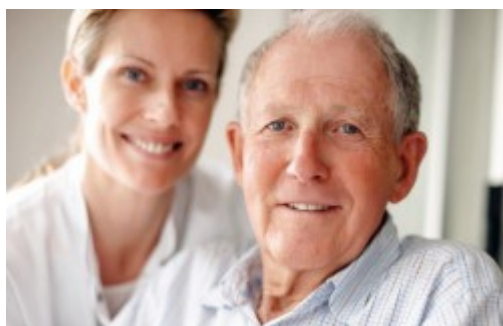
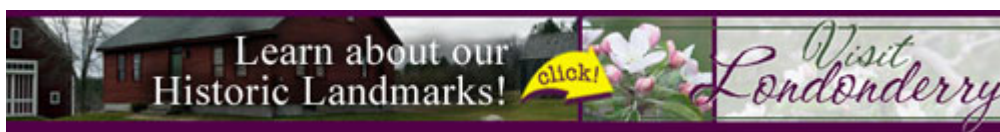
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February Events Hosted by Bridges by EPOCH at Nashua



Caregiver Support Groups

February 5 and February 19

Bridges by EPOCH at Nashua will host its monthly caregiver support groups on Monday, February 5 from 4 to 6 PM and Monday, February 19 from 12 to 2 PM Join us to share your caregiving story while also hearing the stories of others facing similar experiences.

Coordinating a Caregiving Team

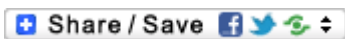
February 12

Bridges by EPOCH at Nashua will host the complimentary presentation “Coordinating a Caregiving Team” on Monday, February 12 at 12 PM Coordinating a team of family, friends and healthcare professionals to help care for a loved one living with dementia can be stressful. Get helpful tips on building a beneficial support system for your loved one, and learn how to minimize caregiver stress, during this informative presentation led by Amanda Jillson, Executive Director of Bridges by EPOCH at Nashua and a Certified Dementia Practitioner. A complimentary lunch will be provided.

You are welcome to bring your loved one to enjoy an engaging activity with our residents while you attend the support groups and presentation. For more information or to RSVP, call 603-594-0581. Bridges by EPOCH at Nashua, a memory care assisted living community, is located at 575 Amherst St.



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This entry was written by [admin](#), posted on January 28, 2018 at 12:00 pm, filed under [Around Town](#). Bookmark the [permalink](#). Follow any comments here with the [RSS feed for this post](#). Trackbacks are closed, but you can post a [comment](#).

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Breaking News



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Londonderry News Retweeted



Londonderry XC/Track @LHSLancerTrack

Results from yesterday's @NHIAA_LOA Division 1 Indoor T&F Championship

BOYS: lancertiming.com/results/winter...

GIRLS: lancertiming.com/results/winter...

13h



Londonderry News @LondonderryNH

LPD responding to a home in Ltown, 911 call from a child, "There is a clown in the house" on call back, "no one called 911 here.." 2:11pm Sunday

Feb 4, 2018

Londonderry News Retweeted



Trent Spiner @TrentSpiner

For those wondering: Northern Pass can request a motion for rehearing before the committee. If that is denied, then project officials could appeal to the state Supreme Court, via @mcousineauUL #nhpolitics

Feb 1, 2018



Londonderry News @LondonderryNH

On Scene at 10 Bartley Hill Road pole is split @EversourceNH reports of No Power in Area wires hanging over head of car. "Pole 9 over 4"

Feb 1, 2018



Londonderry News @LondonderryNH

LPD and LFD headed to 10 Bartley Hill Road for reports of a @MercedesBenz C-Class into a pole. time out 9:47am Thursday

Feb 1, 2018



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Polls

Should the Town create an ordinance restricting Target shooting in the Musquash?

- Yes
- No

Vote

[View Results](#)

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If you could live and work in Londonderry would you?

- Yes
- No

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January 2018

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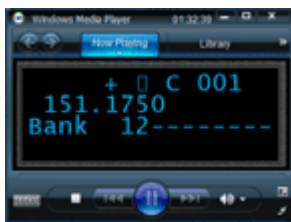
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Click the blinking scanner to jump to our Londonderry Police and Fire scanners page. Full "10 code" list and helpful tips!

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- **-6**   Stevelhom@aol.com on [School Board Recommends Higher Budget in 3-1 Vote](#)
- **+1**   Martin Srugis on [School Board Recommends Higher Budget in 3-1 Vote](#)

Todays Weather

Londonderry, NH

24 °F / -4 °C

Clear

at 08:53 PM

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Tweets by @Londonderry_ath



Londonderry Athletic @Londonderry_ath

Final score in girls hoops @Londonderry_ath 63 @NSouthscores 59

Feb 2, 2018



Londonderry Athletic @Londonderry_ath

End 3rd quarter in girls hoops @Londonderry_ath 51 @SHSBDevils 36

Feb 2, 2018



Londonderry Athletic @Londonderry_ath

At the half in girls hoops @Londonderry_ath 34 @SHSBDevils 18

Feb 2, 2018



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Londonderry Comments

- [KoreySmall](#): I have checked your page and i've found some duplicate content, that's why you don't rank high in google, but there is a tool that can help you to create 100% unique...
- [Steve Homsey](#): Go away Hypocrite! Infest some other community. Idiot? Better than being a walking piece of Human garbage I should think?
- [Frank Campisi](#): You ended a declarative sentence with a question mark. You are an idiot.
- [Stevellhom@aol.com](#): Must be because people know you've had your head glued to FOX FAKE news for some time now? Just a guess.
- [Martin Srugis](#): Hit a nerve? Minus 4!
- [Martin Srugis](#): Are we (taxpayer) going to see the warrant articles before the deliberative sessions? It would be nice to see them for review prior to going to Deliberative.
- [Martin Srugis](#): Well I followed the PUD development. It was in the LT but as usual no one pays attention until the end. Then its too late. Its not the fault of the Councilors if townspeople...
- [Bill](#): Well let's start with the passing of the PUD. It wasn't done in the true sense of a back room deal. But it also wasn't done with true "transparency". When the...

- [Daniell Velazquez](#): Would love to be able to get an email to Reach Mr.David Sutherland, I am one of his former students at Mystic Valley Regional Charter School and he has been by far One of the...
- [Steve Homsey](#): Yes, I read this in the local paper and was a joke. You know, when they discontinued them they have passed something for us, that would maybe give voters a choice. I mean other than a...
- [Martin Srugis](#): But realistically, Boston?? Can you imagine 20,000 new residents over time. The highways can't handle what it has now (cost 16 billion), there is not enough housing and finally...
- [Martin Srugis](#): Can you prove it??
- [Bill](#): The fix was always "in" for the developer.
- [Bill](#): He can scratch Amazon off his list. As if Londonderry EVER had a chance.
- [Martin Srugis](#): Oh, one more thing. All this stuff is in the Londonderry Times. You get it for free! Read it. It will answer most of your questions.
- [Martin Srugis](#): Bill the answer is yes.
- [Martin Srugis](#): Steve, the impact fee were discontinued after it was discovered they were not being used for the intended purpose. Actually, they were discontinued just before Woodmont submitted...
- [Steve Homsey](#): I know Keep'em Dumb: Ten most expensive cities in New Hampshire for 2018: •Hanover. •Portsmouth •Hampton. •Londonderry. •Durham. •South Hooksett. •Nashua •Exeter. Come on now,...
- [barbara solberg](#): I am a descendant of James Gregg of Nutfield. He is my 6th great grandfather.
- [Steve Homsey](#): Nope. I am sure many can't afford there child's school lunch, so I read. Therefore, lets keep jacking up the tax rate. Growth, really???. Aren't there impact...



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