

#### Thursday, August 09, 2012

# Live Free Home Health Care Making Strides in Alzheimer's and Dementia Best Practices

Live Free Home Health Care, a family-owned agency providing home care for older adults from Campton to Concord, prides itself on delivering the highest level of quality care to its clients and educated, experienced support to its caregivers. LFHHC is New Hampshire's preferred home care provider and employer, and the strength of that accolade is due in part to the continuous efforts of LFHHC's staff to always strive toward furthering education.

#### Professionally Educated and Supported Caregivers

Owner and Clinical Director Jennifer Harvey, RN BSN, finds furthering her education for the benefit of her clients and caregivers a top priority, especially when observing best practices in Alzheimer's and dementia cases. Jennifer has recently been accredited as a Certified Dementia Practitioner from the National Council of Certified Dementia Practitioners, an organization that ensures the highest standards in Alzheimer's and dementia education. On gaining her newest credential, Jennifer says, "It is extremely important for caregivers at Live Free Home Healthcare to be educated and experienced with Alzheimer's and dementia clients in order to have the confidence to provide outstanding care. 80% of the long-term care population has some form of a dementia diagnosis and that population is only increasing over time. Caregivers at LFHHC receive on-going, multi-layered support that is knowledgeable, experienced, and reliable." A continuum of support for LFHHC's caregivers is of unprecedented importance, and Jennifer is leading training workshops in Alzheimer's and dementia practices for the team of dedicated caregivers.

#### Scope of Services

LFHHC's caregivers are trained to provide many different services to clients with Alzheimer's or other types of dementia, including but not limited to instrumental activities of daily living (grocery shopping, preparing meals, transportation, performing household chores), personal activities of daily living (bathing, dressing, grooming, managing incontinence), managing safety issues and behavioral symptoms of the disease (assisting with mobility needs and bed transfers; supervising the client to avoid unsafe activities such as wandering or getting lost.) As LFHHC's caregivers are trained in best practices personally by Jennifer, Alzheimer's and dementia clients and families can trust that risk for injury during care services is reduced and appropriate activities and sensitive psychological support are provided.

Jen's experience with the National Council of Certified Dementia Practitioners was very thorough. Many different experiences, insights, and resources were shared during the seminar. Jen's CDP certification exemplifies her commitment not only to the health care profession and geriatric community, but more specifically, the Alzheimer's and dementia population. If your loved one has been diagnosed with Alzheimer's or dementia and you're seeking support, please call Live Free Home Health Care at 603-217-0149 or visit www.livefreehomehealthcare.com for more information.

Tags: Alzheimer's Disease

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#### The Live Free Blog

Live Free Home Health Care provides home health care in the Lakes Region and Central New Hampshire. Our goal is to provide the services needed to enable you or your loved one to remain in their own home safely and independently and avoid nursing home facilities. Call us today at 603-217-0149 for more information or to schedule a free inhome assessment.

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