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Living with Alzheimer's Disease annual caregivers conference is Aug. 10 at Beechwood School

Jul 29th, 2019 · 0 Comment

The Alois Alzheimer Foundation will present its 5th annual Living with Alzheimer's Disease conference for caregivers at Beechwood School from 8:30 a.m. through an 11:30 a.m. panel discussion on Saturday, August 10.

The Elsa Sule Foundation is also supporting the conference.

There will be continental breakfast and registration, which is free, at 8:30 a.m.

The first session at 9:30 a.m. is "Reducing the Stress of Caregivers through Laughter Yoga" with Sylvia Dwertman.

At 10:30 a.m. the session is "Safety with Memory Loss."

The final session is at 11:30 a.m., a panel discussion with healthcare professionals.

[Register here.](#) There is no charge but planners need to know how many are coming.



**Three Counties.
Twenty Nine Zip Codes.
One Number We All Share:**

410

JOIN NORTHERN KENTUCKY'S NEWEST GIVING CIRCLE AT WWW.HORIZONFUNDS.ORG/THE-410.

Living With Alzheimer's Disease
5TH ANNUAL CAREGIVERS CONFERENCE

Free Admission!

Saturday, August 10, 2019

BEECHWOOD INDEPENDENT SCHOOL
54 BEECHWOOD ROAD
FORT MITCHELL, KY 41017

meet our guest speakers:

Teresa Youngstrom is a Registered Nurse and a Certified Dementia Practitioner who understands firsthand the challenges Care Giving can bring. Her own personal experience with a parent with memory loss fuels her drive and compassion to teach other caregivers and healthcare professionals. She presents at both local and regional conferences and workshops.

Sylvia Dwertman is a Certified Laughter Yoga Leader. She first discovered laughter yoga in 2018, while working for Visiting Angels/Cincinnati West. She rapidly felt the benefits of this playful, positive exercise in her own life, and those she shares it with. Sylvia loves sharing her knowledge and enthusiasm with others.

8:30 AM
REGISTRATION/
CONTINENTAL BREAKFAST

9:30 AM
REDUCING THE STRESS OF
CAREGIVERS THROUGH LAUGHTER
YOGA WITH SYLVIA DWERTMAN

10:30 AM
SAFETY WITH MEMORY LOSS

11:30 AM
PANEL DISCUSSION WITH
HEALTHCARE PROFESSIONALS

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Elsa Sule Foundation helps sponsor KBF's Schools Days, distributing books to elementary schools

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DCCHcenter.org

Who we are and what we do:

◆ Our Mission and History:

Our Mission: To express God's love by providing compassionate care and quality services to address the physical, spiritual and emotional needs of children and families.

For over 160 years, DCCH Center for Children and Families has served the needs of more than 3000 children in Northern Kentucky, as a faith-based, non-profit agency.

- ◆ Residential Facility
- ◆ Foster Care and Adoption
- ◆ Independent Adoption
- ◆ Outpatient Therapy Center



How you can help:

◆ **Volunteers:** Many volunteer opportunities are available, including mentoring children, volunteering at special events, serving as classroom aids at Guardian Angel School, providing childcare for our foster parents, and more.

◆ **Foster:** Over 300 children are in need of a placement each month.

◆ **Adopt:** Give a child and yourself a "forever family".

◆ **Contact:** Sarah Lusher at SLusher@DCCHcenter.org for more information.



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