## San Fernando Valley Business Journal

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## Sunday, August 16, 2020

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## Memory Care Fac 1 ty to Open n T.O. Soon

By Amy Stulick (/staff/amy-stulick/) Friday, August 7, 2020

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980 Warwick Ave., Thousand Oaks.

Memory care community Silverado Thousand Oaks is nearing completion and has opened its welcome center for prospective residents and their families, the company announced on Friday.

The newly constructed, 37,000-square-foot facility is Silverado's first in Ventura County and fifth in the Los Angeles area. It's expected to be fully operational by December.

Ronda Wilkin has been named administrator of the facility. She is a certified dementia practitioner with 30 years of experience in health and human services.

Located at 980 Warwick Ave. in Thousand Oaks, the self-contained site is built to serve 82 residents with Alzheimer's disease and other memory-impairing conditions. The building meets safety guidelines with one entryway, while providing outdoor space through a monitored courtyard.

Silverado has a program named Nexus that it claims helps slow progression of the disease and improves the quality of life for those in the early stages. The program has five "pillars" including physical exercise, stress relief activities, cognitive exercise, social events and support groups.





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(https://ocbj.media.clients.ellingtoncms.com/static/sfvbj/pdfs/sfvbj\_V200\_2020.pdf) Watch the Valley 200 virtual event here.

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