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Music & Memory Care

Long-term care residents take a walk down memory lane with the help of a few favorite beats

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Music can be an incredibly powerful therapy tool, especially for long-term care residents with Alzheimer's or dementia. Susan Crossley, ADC/CDP, activity director certified, certified dementia practitioner, director of recreation, Oaks at Bethany Village, Mechanicsburg, Pa., has seen first-hand what music can do to energize her residents and help them reconnect with their fondest memories. With the help of [Music & Memory](#), a non-profit organization that brings personalized music into the lives of the elderly or infirm, Bethany Village has 50 iPods and the ability to make specialized playlists for their residents.

Take a look as Crossley shares how this new program has impacted residents and their families.



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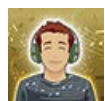
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I love seeing these forms of therapy working. My grandmother, who was diagnosed with early Alzheimer's, really responds well to music. Every time I have her in my car, I put on 1940's music and she sings along to almost every song. It really brings her out of her shell and it warms my heart to see that glimpse of her still there!

Carlee Beck
king of prussia, PA

August 27, 2013

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