



## Musings of a Dance Movement Therapist

*My latest thoughts about dance, dance therapy, and the Octaband*



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### UPCOMING CONFERENCES

[Enlivening People with Dementia through Dance/ Expressive Movement](#)  
Presentation at Pioneer Network Conference, 8/7-8/8/12, Jacksonville, FL.

[Enlivening Older Adults through Dance/ Movement Therapy](#)  
I'll be leading this workshop at NJ Coalition of Arts Therapy Associations 2012 Creative Arts Therapies Conference - Creative Arts Therapies: Promoting Wellness Across the Lifespan

### ARCHIVES

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« [Glen Campbell: Alzheimer's can't silence the music - Washington Times | Main](#) | [Dance Charter School for Kids with Kinesthetic Learning Styles](#) »

February 24, 2012

### More Resources on Dance and Dementia plus

This is actually about music and dementia, but as you can see in the video, the group leader has folks moving and speaks of the importance of movement to job the memory. This is posted on the Alzheimer's Society UK website. Another example of the UK being far ahead of us regarding their promotion of non-pharmaceutical interventions for people with dementia.

Here is a [draft of the National Plan to Address Alzheimer's Disease](#). We are invited to share our feedback on the plan.

Eden Alternative News offers the following 5 "love languages" as tools for Culture Change:

Words of Affirmation:

Encouraging words and loving reassurance lift this person up.

Quality Time:

Your choice to be fully present means everything to this individual.

Physical Touch:

Touch is deeply important to this person.

Receiving Gifts:

Thoughtful gestures inspire this individual.

Acts of Service:

Easing the burdens of daily life or making the day somehow easier for them really speaks to this person.

The National Council of Certified Dementia Practitioners (NCCDP) has a free

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### RECENT POSTS

[Octaband Buzz - with Autism, Elders, Intergenerational Groups & Spiritual Teachings](#)

[Violence Prevention through Movement](#)

[Elmo's Dancing - I'm Elmo and I Know It](#)

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[Glen Campbell: Alzheimer's can't silence the music - Washington Times](#)

[Festival of the Moving Body - Stony Brook University](#)

[Dance Therapy & Dementia - Resources](#)

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[Donna Newman-Bluestein](#) on [Dance Movement Psychotherapy Students on Working with Older People](#)

[Erica Hornthal](#) on [Octaband Video with Elders in Assisted Living](#)

[Erica Hornthal](#) on [Dance Movement Psychotherapy Students on Working with Older People](#)

[Donna Newman-Bluestein](#) on [Dance Movement Therapist Norma Canner, 1918 - 2012](#)

[Hydeco](#) on [Dance Movement Therapist Norma Canner, 1918 - 2012](#)

[Donna Newman-Bluestein](#) on [Dancer Frances Wessels - Another Octagenerian Role Model](#)

[Cheryl Planert](#) on [Dancer Frances Wessels - Another Octagenerian Role Model](#)

## DANCE THERAPY BLOGS

[Moving Towards Understanding](#)  
Lora Wilson's beautifully written blog commentary on dance therapy.

[Somatic Revelations](#)  
Ty Tedmon-Jones' blog devoted to information sharing, professional practices and diversity awareness & multiculturalism in the fields of Dance/Movement Therapy and Professional Counseling

[The Dance to DTR](#)  
Blair Cronin's blog on the wonders, trials, and tribulations of becoming a certified dance/movement therapist in California

## DANCE THERAPY WEBSITES

[American Dance Therapy Association](#)

[New York State Chapter of the American Dance Therapy Association](#)

[Movement Expressions, Suzy Rosso Matheson](#)

[Hancock Center for Dance/Movement Therapy, Rena Kornblum](#)

[Suzi Tortora Dance Therapy](#)

[DamselFly Center](#)

[Maryland/D.C./Virginia Chapter of the American Dance Therapy Association](#)

[Rocky Mountain Chapter ADTA](#)

[Lesley University | Master of Arts in Expressive Therapies, Dance Therapy](#)

Tool Kit and Free in-services for which you have only to [register](#).

Posted by [Donna Newman-Bluestein](#) at 12:27 PM in [Dance](#), [Dance Movement Therapy](#), [Dementia Expressive Arts Therapy](#) | [Permalink](#)

[Dancing Through Dementia: What is Dance/Movement Therapy?](#)

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[Pennsylvania Association of Dance  
Movement Therapists](#)

[Body Mind Unity](#)  
Mikael Lövkvist, TX

[Susan Saenger's website "Dance  
Changes You"](#)

Amber Elizabeth Gray  
Restorative Resources

[Argentinian Association of Dance  
Therapy](#)

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American Dance Therapy Association](#)

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Stacey Hurst, board certified  
dance/movement therapist and  
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## DANCE THERAPY PROPS

[Octaband, a prop to promote  
individuality and group cohesion  
through movement](#)

[Dyynamic Movement Products](#)

[Emily Day and Dancing Colors](#)

## RELATED WEBSITES

[Dance Therapy as Treatment for  
Mesothelioma Symptoms](#)

[Kalimba Magic](#)

[John Zeisel's Blog](#)

[ARTZ Artists for Alzheimer's](#)

[The Well Street Station : a place on  
the path to wellness](#)

Steffi Shapiro's Yoga Therapy site

[Green Mountain Dance - Griff  
Goehring](#)

Creative Movement

[Barbara Mettler, Tucson Creative  
Dance Center](#)

[Welcome to Kids MusicRound® -  
Early Childhood Music Classes and  
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[Welcome to ELZ Publishing - Home  
of The Music Box](#)

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