

Optimizing Oklahoma's Health Through Food and Nutrition



The Oklahoma Academy of Nutrition and Dietetics (OkAND) is an affiliate of the Academy of Nutrition and Dietetics. Our membership consists of over 700 Oklahoma nutrition professionals, including Registered Dietitians (RD), Dietetic Technicians, Registered (DTR), university faculty members, and students. Our mission is to empower our members to be Oklahoma's food and nutrition leaders.

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NCCDP Alzheimer's and Dementia Staff Education Week

NCCDP ALZHEIMER'S DEMENTIA STAFF EDUCATION WEEK FEBRUARY 14th to 21st

Free staff in-services training's to use to train your staff include power point, hand outs, staff pre and post tests. The tool kit includes; Proclamation, Alzheimer's Bill of Rights and Alzheimer's Pledge and so much more. New in-services are added each year. In-service examples are; Sexuality and Intimacy, Brain Fog, TimeSlips, PBA, Holding Fast to the Memory Of God, Dementia and Noise, Dementia and Stress and so much more. See www.nccdp.org Begin downloading ***Nov 1st to March 15th***.

For the fifth year, the National Council of Certified Dementia Practitioners is offering The National Council of Certified Dementia Practitioners Alzheimer's and Dementia Staff Education Week February 14th to the 21st Free Staff In-services and Tool Kit. The Tool Kit and In-services are free and available at www.nccdp.org. The tool kit and In-services includes many free Power Point in-services to use for training. Begin downloading November 15t to March 1st. Each in-service is designed to be taught in 30 minutes to health care professionals and front line staff. Each year new in-services and topics are added to the archives.

The Tool Kit and the declaration by the NCCDP Alzheimer's and Dementia Education Week February 14th to the 21st was developed to bring national and international awareness to the importance of providing comprehensive dementia education by means of face to face interactive classroom environment to all healthcare professionals and line staff and to go above and beyond the minimum state requirements regarding dementia education.

Examples of some of the Power Point In-services include:

- Understanding Frontotemporal Degeneration

- Fall into Fall - Fall prevention in-service for Dementia clients
- Sexuality and Intimacy: A Guide for Dementia Patients in LTC Settings & Home Care
- Project Life Saver - (Elopement What You Need To Know)
- Understanding Pseudobulbar Affect PBA - Involuntary Outbursts of Crying and Laughing
- Your caregiver personality: Why it's a very important care giving skill
- CAREGIVER RESOURCE: CARING FROM THE HEART
- Brain Fog...Is a Legit Diagnosis!
- Life Review: Practice Techniques for Clients & Caregivers
- Spiritual Care When Dementia Is Present: Holding Fast to the Memory of God

The free tool kit includes:

- Free Power Point In-services includes pre test, post tests, hand outs, answers, in-service evaluation and in-service certificates.
- Nurse Educator of the Year Nomination Forms
- Nomination Forms for NCCDP Alzheimer's and Dementia Staff Education Week Contest
- Proclamations for Senators and Mayor
- Letters to the Editors Promoting Your Program
- 97 Ways to Promote Alzheimer's and Dementia Staff Education Week
- Resources and Important Web Sites

Currently there are no national standards for dementia education. The National Alzheimer's plan that went into effect will be addressing this area. Currently the regulations for dementia education are different from state to state and for each industry. The NCCDP recommends at minimum an initial 12 hours of dementia education to all staff. Throughout the year, additional dementia education should be provided that incorporates new advances, culture change and innovative ideas. The NCCDP has made it easy for the educators by providing free staff in-services to download.

In addition to facilitating the Train the Trainer programs, The NCCDP promotes dementia education and certification of all staff who qualify as Certified Dementia Practitioners (CDP®). The NCCDP recommends that at minimum there should be one Certified Dementia Practitioner® per shift. The NCCDP recommends a trained and certified Alzheimer's and dementia instructor by the NCCDP to utilize up to date NCCDP training materials.

The NCCDP recognizes the importance of educated and certified dementia unit managers and certifying the Dementia Unit Manager as Certified Dementia Care Manager (CDCM®). Dementia Unit Managers report, "They have received little training as a Dementia Unit Manager."

Front Line First Responders and Law Enforcement need comprehensive Dementia training and the NCCDP provides Alzheimer's and Dementia training to First Responder and Law Enforcement educators and certification as Certified First Responder Dementia Trainer®.

The National Council of Certified Dementia Practitioners®, LLC was formed in 2001 by a group of professionals with varying work and personal experiences in the field of dementia care. The Council was formed to promote standards of excellence in dementia and Alzheimer's education to professionals and other caregivers who provide services to dementia clients. As the number of dementia cases continues to increase nationally and worldwide, there is a great necessity to insure that care givers are well trained to provide appropriate, competent, and sensitive direct care and support for the dementia patient. The goal of the Council is to develop and encourage comprehensive standards of excellence in the health care profession and delivery of dementia care.

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