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Business Health NATICK SOURCE

New Social Model Adult Day Program To Provide Safe Space For Older Adults

September 17, 2020 Editor Elder-Well Adult Day program, Natick, natick Source, new

Business

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the direction of co-founders Kara and Ken Harvey. The Harveys previously ran an adult day program in Wayland at The Constance Rose House.

Services will be provided daily between 8 a.m. & 4 p.m. and will include group and individual therapeutic and educational activities; health and wellness monitoring; community outings and presentations; nutritious breakfast, lunch | afternoon snack; gentle exercise programs; and more, said a press release.

ditionally, support for activities of daily living (ADLs) and instrumental vities of daily living (IADLs) will be provided, as will specialized Alzheimer’s | dementia supportive services for clients and their family caregivers.



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needed time off from the demands of caring for another. Participation in a program allows caregivers to continue their professional and personal life obligations and activities," said Kara Harvey.



As part of its 1,500-square-foot space, Elder-Well will feel like a welcome home with a large room, dining room and quiet area designed to be comforting and familiar. Two handicap-accessible bathrooms are located within the program space. Located at the intersection of routes 135 and 27, Elder-Well is easily accessible to many surrounding communities and close to the Natick Center MBTA Commuter Rail Station.

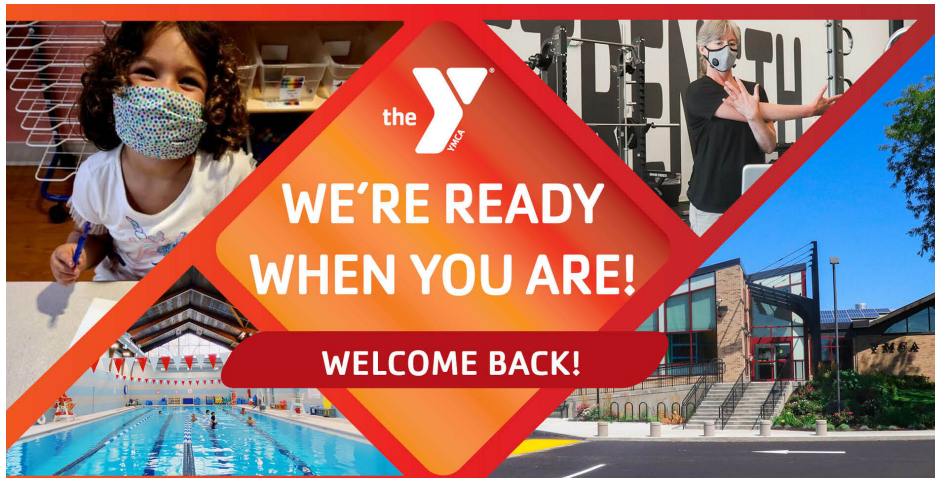
As part of its Covid-19 and seasonal flu risk mitigation, Elder-Well is following all guidelines put forth by the CDC, Massachusetts and the Town of Natick, including strict cleaning and disinfecting protocols; social distancing and limited enrollment; maintaining an adequate amount of personal protective equipment on site; educating staff, volunteers and clients about infectious disease and personal hygiene; and health monitoring and contact tracing measures, to name a few.

Additionally, the space has recently been updated with a new high-efficiency rooftop HVAC unit with the ability to introduce fresh air into the space.

Elder-Well Adult Day Program will be located at located at 12 Washington Street in Natick.



The Elder-Well® Adult Day Program is a non-medical social model adult day care program. It provides a safe, supportive and stimulating alternative to an isolating day at home. This unique program provides much needed support services to older adults with mild to moderate cognitive and/or physical needs and their caregivers. Daily services offered in a welcoming, warm, safe atmosphere help to ease stress and anxiety for guests and their families. For more information, visit www.elderwelladulday.com.



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editor

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Framingham Coronavirus
Numbers: 126 Active Cases, 15
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