



# New adult day services program in Lima shows growing need for comprehensive care

[News](#) [Local News](#) Dec 7, 2015



# Goodwill Easter Seals Miami Valley expands senior services programs

## Staff Reports

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LIMA – As the nation shifts toward an ever-growing senior population, Goodwill Easter Seals Miami Valley proudly announces new and expanded services and programs that benefit older adults and those who look after them.

GESMV will open its fifth Adult Day Services program in Lima, with a ribbon cutting ceremony at 10 a.m. on Dec. 10 at the new facility (105 Cam Court). This is the first Easter Seals Adult Day Services program in Allen County; GESMV currently operates programs in Beavercreek, Dayton, Piqua and Springfield.

In addition, GESMV Senior Services has added other programs and services for older adults:

- Dementia care: more than 20 ADS staff have been trained and 18 will be certified as dementia practitioners, recognizing extensive education in the care and understanding of those with Alzheimer's and/or dementia.
- This new certification is keeping with the Easter Seals Adult Day Services medical health model; these centers are equipped to provide more intensive health and therapeutic services, including medication administration, toileting, bathing/showering, eating, and mobility supports. Our centers also provide purposeful, meaningful recreational and social activities.
- Matter of Balance: An evidence-based, award-winning program designed to help seniors manage falls, decrease fears of falling, and increase activity levels.
- Memory Resource Center: Located adjacent to our Beavercreek ADS program, the Memory Resource Center provides a friendly, helpful environment for those affected by dementia and their caregivers. Staff work with families based on their needs; activities are designed to promote cognitive awareness and engagement.

GESMV expands its senior offerings as the country's population is increasing the need. By 2030, there will be about 72.1 million older persons, or 19 percent of the overall population, according to the U.S. Department of Health and Human Services. This is more than double the number of seniors in 2000.

"We saw the need and opportunity to provide a comprehensive adult day services program in Allen County, and we're thrilled to serve Lima seniors with this new center," said Cheryl Wheeler, GESMV director of Child, Youth and Senior Services. "We are mindful of the growing need for dementia care and programs, and our new services reflect that."

Adult Day Services offers benefits to caregivers, as well. Having a safe, welcoming place for older loved ones to receive treatment, socialize and enjoy recreation allows caregivers to go about their daily tasks and enjoy some personal relaxation. It's medically therapeutic, also: Research in the American Journal of Geriatric Psychiatry shows family caregivers who use adult day services have higher levels of DHEA-S, a beneficial stress hormone that helps protect against the physical effects of stress and may reduce illness.



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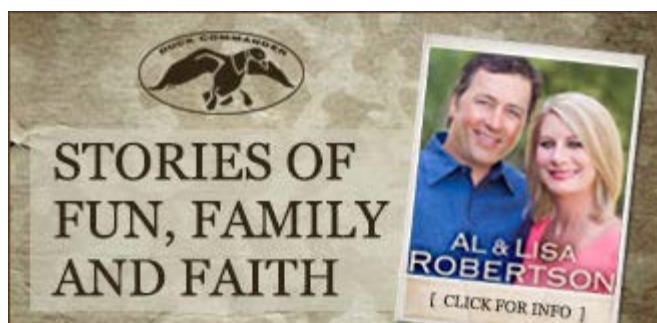
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