

Cranston^(/) HERALD cranstononline.com

MAIN MENU



News at the Cranston Enrichment Center

Posted Wednesday, July 3, 2019 12:41 pm

Insight Support Group

Friday, July 5 at 10:30 a.m. The group offers participants a chance to connect, share practical advice and discuss fears, frustrations and hopes.

Dementia Friendly Community Series

Tuesdays, 1:30 p.m. Join us on our journey as we explore the faces of memory loss. The series begins July 9 with “Memory Loss: The Basics,” to be presented by Doreen Montaquilia, a certified dementia practitioner and social worker with Cranston Adult Day Services. The program will focus on age-related memory loss, Alzheimer’s disease and other dementias.

The series will continue with “Medically Caused Dementia” on July 23, followed by “Dementia & Hearing Loss” on Aug. 6 and “A Caregiver’s Journey” on Aug. 20.

Support for the Dementia Friendly Community Series is provided by a grant from Tufts Health Plan Foundation.

I Scream for Ice Cream: Health Benefits

Wednesday, July 10 at 10 a.m. You scream, I scream, we all scream for ice cream! There is no denying that ice cream isn’t exactly a health food. But there are actually surprising health benefits to eating ice cream. Join our surprise guests to learn what these benefits actually are.

Movie Time

‘Forrest Gump’ starring Tom Hanks *Wednesday, July 10 at 1 p.m.* A powerful, charming movie about a simple man with good intentions. If you have not seen this movie, or even if you have, don’t miss this opportunity. This event is free.

Reminisce Group: Memories at the Senior Center

Friday, July 12 at 9:30 a.m. We'll be taking a trip down memory lane and sharing memories of our very own Cranston Senior Center. We will have photos and old newspaper articles. Be sure to bring along your memories and any photos or articles you may have.

Our programs assist, inform, entertain and enrich the lives of individuals 55 years and older. To learn more about our services and programs and the latest activities and upcoming programs follow us on Twitter (@cranstonsenior) and Facebook (@CranstonSeniorEnrichmentCenter).

Comments

NO COMMENTS ON THIS STORY | PLEASE LOG IN TO COMMENT BY CLICKING HERE (/LOGIN.HTML)

OTHER ITEMS THAT MAY INTEREST YOU

A rare American (/stories/a-rare-american,143732)

Driver charged with DUI after crash involving Cranston cruiser (/stories/driver-charged-with-dui-after-crash-involving-cranston-cruiser,143729)

Cranston's Matt DiChiara leads the way for The Copacetics (/stories/cranstons-matt-dichiara-leads-the-way-for-the-copacetics,143649)

CWLL 12's roll to win (/stories/cwll-12s-roll-to-win,143671)



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TRENDING



(/stories/after-fight-budlong-pools-nonresident-policy-changed,143648)

Disturbance prompts change in pool policy (/stories/after-fight-budlong-pools-nonresident-policy-changed,143648)

By DANIEL KITTREDGE Starting Monday, residents of other communities will need to be accompanied by an adult Cranston resident when using the Budlong Pool. The policy change comes following concerns about overcrowding and a recent incident involving a

In 1907, escaped maniac caused panic in Cranston (/stories/in-1907-escaped-maniac-caused-panic-in-cranston,143733)

Last week at the General Assembly (/stories/last-week-at-the-general-assembly,143652)

United Way's 2-1-1 connects children with summer food program (/stories/united-ways-2-1-1-connects-children-with-summer-food-program,143657)

Johnston's Cabrita representing RI at Ms. Wheelchair America contest (/stories/johnstons-cabrita-representing-ri-at-ms-wheelchair-america-contest,143524)

CALENDAR

MON 2019 Summer Camps

8 Weekly summer camps themed around art, ...

(/stories/2019-summer-camps,142250)

MON A Corporate Cares Community ...

8 Riverpoint COMMUNITY Park | W. Warwick, RI

(/stories/a-corporate-cares-community-day,143208)

MON Plus Sq Dance Lessons

8 Swinging Squares Workshop class, plus ...

(/stories/plus-sq-dance-lessons,142725)

MON Plus Sq Dance Lessons

8 Swinging Squares Workshop class, plus ...

(/stories/plus-sq-dance-lessons,142726)

TUE RIHA to Host ServSafe® Food ...

9 Join the RI Hospitality Association ...

(/stories/riha-to-host-servsafe-food-safety-manager-re-certification-training-exam-on-july-9th,142919)



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|--|--|--|--|
| (/calendar/) | TUE 9 (/calendar/day/when/2019-07-09/) | WED 10 (/calendar/day/when/2019-07-10/) | THU 11 (/calendar/day/when/2019-07-11/) |
| FRI 12 (/calendar/day/when/2019-07-12/) | SAT 13 (/calendar/day/when/2019-07-13/) | SUN 14 (/calendar/day/when/2019-07-14/) | |

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