

Dementia expert Ashley Stevens

People & Places Sunday, April 14



(https://m.salisburypost.com/author/post.lifestyles/)
By Post Lifestyles (https://m.salisburypost.com/author/post.lifestyles/)
Email the author (mailto:lifestyles@salisburypost.com) | twitter (https://twitter.com/postlifestyles)

Published 12:00 am Sunday, April 14, 2019

Dementia expert to speak at support group

Dementia expert Ashley Stevens will speak at the Rowan County Alzheimer's Support Group meeting at 5:30 p.m., April 25, at Trinity Oaks independent living. A complimentary dinner will be provided.

Stevens is a North Carolina Project C.A.R.E (Caregiver Alternatives to Running on Empty) family consultant. She

provides coaching, counseling, poort, and education for family caregivers and professionals impacted by Alzheimer's disease and other characteristics of dementia. She has worked with the Alzheimer's Association to create a program called "Minds in Motion." A certified Dementia Practitioner, Stevens has developed a blog, The Dementia Guru, where she shares her knowledge of dementia, some of which comes from her own family experience. Those interested in attending are asked to RSVP to Teresa Dakins at 704-603-2778 by April 22. Trinity Oaks is located at 728 Klumac Road.

The Genealogical Society

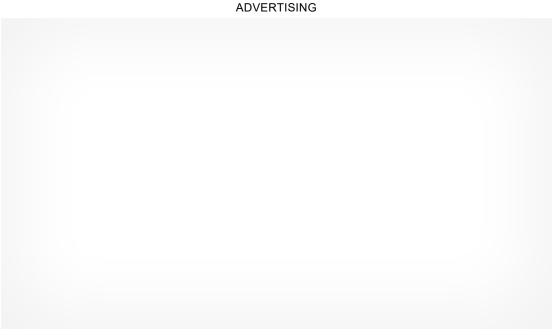
7 p.m. April 16

The April meeting of the Genealogical Society of Rowan Co. will be Tuesday at the Rowan Public Library headquarters, focusing on members' stories of interesting and unusual discoveries while conducting family research. Genealogy can be very alarming and crazy when we learn what family members, in many cases, failed to pass on. All are welcome and there are no fees.

Art scholarship open to Rowan County

ALBEMARLE — The Stanly Arts Guild is offering an art scholarship to be awarded June 6, 2019 to a high school senior or a college freshman enrolled in a visual arts or arts education program.

To be eligible, applicants may be a resident of Stanly or adjoining county (Anson, Cabarrus, Montgomery, Rowan or Union Counties). A total of \$1000 will be paid directly to the college in attendance of the scholarship winner. Applications available at the Stanly Arts Guild, 330-C North Second St., Albemarle, or www.stanlyartsguild.com For more information contact Carole Poplin at 704 982-0806.



inRead invented by Teads



SPW hosts Jim Duxbury

6:30 p.m. April 16

CONCORD — "Tools, Tips and Tricks" with Jim Duxbury is the next program at the Southern Piedmont Woodturners meeting. Social hour begins at 5:30 p.m. Held at Clearwater Artist Studios, 223 Crowell Drive, NW. Turner of the Month is Steve Martin; Monthly Challenge is muddler, gavel, mallet or mortar and pestle set. Info: 704-796-0803.

Comments

Print Article



<u>(link)</u>

AROUND THE WEB Powered by



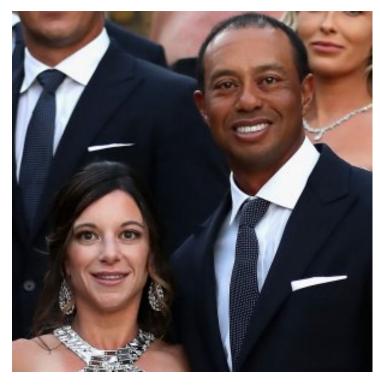
(http://www.zergnet.com/i/4005211/67433/0/0/0/

What Most People Don't Know About Tiger Woods' New Girlfriend (http://www.zergnet.com/i/4005211/67433/0/0/0/1)



(http://www.zergnet.com/i/3965001/67433/0/0/0/ South Carolina Student's Cause of Death Revealed

(http://www.zergnet.com/i/3965001/67433/0/0/0/2)



(http://www.zergnet.com/i/4007335/67433/0/0/0/

Meet the Private Woman Behind Tiger Woods' Comeback (http://www.zergnet.com/i/4007335/67433/0/0/0/3)



(http://www.zergnet.com/i/3988613/67433/0/0/0/

What You Don't Know About the Conjoined Hensel Twins (http://www.zergnet.com/i/3988613/67433/0/0/0/4)



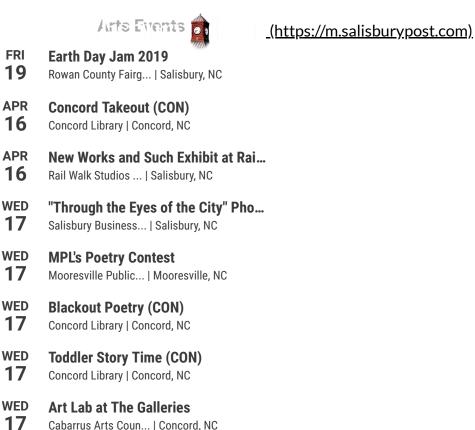
(http://www.zergnet.com/i/3993934/67433/0/0/0/

Bodies Found in Search for Couple Who Disappeared (http://www.zergnet.com/i/3993934/67433/0/0/0/5)



(http://www.zergnet.com/i/4005187/67433/0/0/0/

Tiger Woods Celebrates Win With Girlfriend Erica Herman (http://www.zergnet.com/i/4005187/67433/0/0/0/6)



WED Waterworks Unity Through Art Exh...

17 Waterworks Visual ... | Salisbury, NC

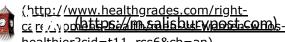
WED Toddler Storytime
17 Lexington Public L... | Lexington, NC

TUE WED THU FRI SAT SUN 16 17 18 19 20 21

Q See all events + Add your event



(http://www.healthgrades.com/right-care/womens-health/9-reasons-you-might-be-losing-your-sense-of-smell?cid=t11 rss6&cb=ap) (http://www.healthgrades.com/right-care/patient-advocate/8-tips-for-giving-your-desk-a-health-makeover?cid=t11 rss6&cb=ap)



healthier?cid=t11 rss6&cb=ap)

(http://www.healthgrades.com/conditions/is-

your-pet-making-you-sick?cid=t11 rss6&cb=ap)

(http://www.healthgrades.com/right-

care/psoriasis/can-you-eat-to-beat-psoriasis?

cid=t11 rss6&cb=ap)

Trending Now (http://www.healthgrades.com/)

How swimming can affect allergies

(http://www.healthgrades.com/right-care/allergies/how-swimming-can-affect-your-allergies?cid=t11_rss7&cb=ap)

How cancer vaccines work

(http://www.healthgrades.com/right-care/cancer/how-cancer-vaccines-work?cid=t11_rss7&cb=ap)

11 ways to live well with psoriasis

(http://www.healthgrades.com/right-care/psoriasis/11-tips-for-living-well-with-psoriasis?cid=t11_rss7&cb=ap)

Signs and symptoms of asthma

(http://www.healthgrades.com/right-care/asthma/signs-and-symptoms-of-asthma?cid=t11_rss7&cb=ap)

Recognizing hearing loss in kids

 $(http://www.healthgrades.com/right-care/hearing-loss/recognizing-and-treating-hearing-loss-in-children? \\ cid=t11_rss7\&cb=ap)$

MORE HEALTH STORIES (HTTP://HEALTHGUIDES.HEALTHGRADES.COM/TOP-

FIND LOCAL DOCTORS (HTTP://WWW.HEALTHGRADES.COM?CID=T11 DRS)

HEALTH-STORIES/?CID=T11_MORE&CB=AP)



Visit the Salisbury/Rowan Farmers Market on Saturdays, 8 a.m.-noon, at 520 S. Main St. (Farmers Market is open for the season -Salisbury Post)

Apr 15



Salisbury Post Lifestyle

f Follow

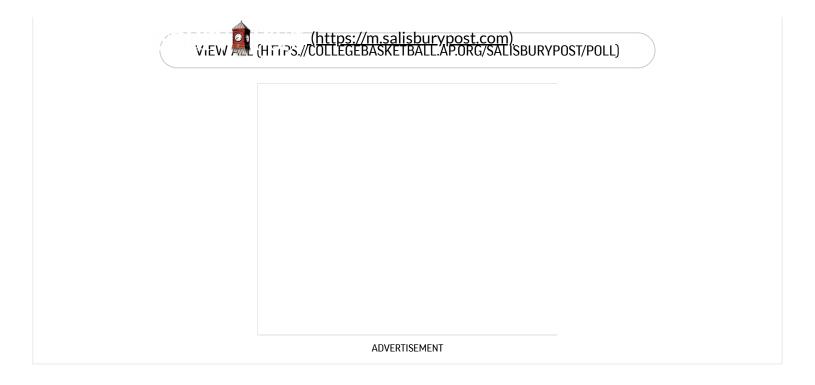


(https://m.salisburypost.com)

AP Top 25 Poll (https://collegebasketball.ap.org/salisburypost/poll)

Rank	Trend	Team
1	4	Duke (https://collegebasketball.ap.org/salisburypost/teams/duke)
2	-	Virginia (https://collegebasketball.ap.org/salisburypost/teams/virginia)
3	-	North Carolina (https://collegebasketball.ap.org/salisburypost/teams/north-carolina)
4	3	Gonzaga (https://collegebasketball.ap.org/salisburypost/teams/gonzaga)
5	1	Michigan State (https://collegebasketball.ap.org/salisburypost/teams/michigan-state)

Poll Released: Mar 18



SECTIONS

Home (https://m.salisburypost.com)

News (https://m.salisburypost.com/category/news/)

Sports (https://m.salisburypost.com/category/sports/)

Opinion (https://m.salisburypost.com/category/opinion/)

<u>Lifestyle (https://m.salisburypost.com/category/lifestyle/)</u>

Health (https://m.salisburypost.com/category/health/)

Faith (https://m.salisburypost.com/category/faith/)

Obituaries (http://www.legacy.com/obituaries/salisburypost/)

Classifieds (http://marketplace.salisburypost.com/adhunter/SalisburyPost/)

Video (http://video.salisburypost.com/)

SERVICES

About Us (https://m.salisburypost.com/services/about-us/)

Subscribe ()

Policies (https://m.salisburypost.com/services/policies/)

Terms of use (https://m.salisburypost.com/services/policies/)

Submit a news tip (https://m.salisburypost.com/services/submit-a-news-tip/)

Online Forms (https://m.salisburypost.com/customer-service/)

Social Media (https://m.salisburypost.com/editorial-social/)

Newspapers in Education (http://salisburypostnie.com/)

Purchase Photos (http://salisburypost.mycapture.com/mycapture/index.asp)

COPYRIGHT

© 2019, Salisbury Post. Salisbury, North Carolina



