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# Family Caregivers of Older Adults

mmLearn.org provides free online videos for caregivers of older adults. The videos include practical skill training (how to transfer someone from a wheelchair) dementia information from experts, elder nutrition

Note: This is an mySA.com City Brights Blog. These blogs are not written or edited by mySA or the San Antonio Express-News. The authors are solely responsible for the content.

## Senior Elopement – Not a Walk in the Park!

Posted on April 16, 2014 | BY MORNINGSIDE MINISTRIES



The headline read "Lost elderly man found disoriented 180 miles from home." This type of occurrence is becoming all too familiar as our population ages and has more risk factors associated with different types of dementia which causes cognitive decline. Traditionally the very word elopement conjured up

romantic images of a couple running off to some far-away place to marry secretly without letting family or friends in on their plans. Unfortunately, in today's aging society elopement and wandering are often common behaviors exhibited when the disease process impairs judgment; thereby putting their safety and well-being much more at risk.

So what causes someone to wander off or elope? According to the National Council of Certified Dementia Practitioners (NCCDP) some of the factors identified that put individuals at risk for wandering and elopement include: [Read More-->>](#)

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