January 2010

•	Celebration of Life Month	12	National Clean-Off-Your-Desk Day
•	Family Fit Lifestyle Month	16-22	National Activities Professionals Week
•	Financial Wellness Month	17-23	Hunt for Happiness Week
•	International Creativity Month	18-23	National Fresh Squeezed Juice Week
•	International New Years' Resolution Month	18	Martin Luther King, Jr. Federal Holiday
•	for Businesses International Quality of Life Month	21	Care Maintenance and Plant Operations Employee Day Health
•	National Clean Up Your Computer Month	21	Get to Know Your Customers Day
•	National Get Organized Month	21	National Hugging Day
•	National Glaucoma Awareness Month	22	Celebration of Life Day
•	National Mentoring Month	23	National Pie Day
•	Oatmeal Month	24-30	National Nurse Anesthetists Week (CRNAs)
1-7	Diet Resolution Week	24	Belly Laugh Day
1	First Baby Boomer Born: 1946	24	National Compliment Day
1	New Year's Day	25-29	National Medical Group Practice Week
2-9	"Someday We'll Laugh about This" Week	25	Better Business Communication Day
3-9	New Year's Resolution Week	25	Bubble Wrap Appreciation Day
4	Trivia Day	25-29	National Take Back Your Time Week
7	I'm Not Going to Take It Anymore Day	29	Fun at Work Day
8	Show-and-Tell Day at Work	31	First Social Security Check Issued: Anniversary (1940)
10	National Cut Your Energy Costs Day	31	Inspire Your Heart with the Arts Day

February 2010

	AMD/Low Vision Awareness Month	6-12	Dump Your "Significant Jerk" Week
•	American Heart Month	7-13	Jell-O Week
•	Bake for Family Fun Month	8-14	Love May Make the World Go 'Round but
•	International Boost Self-Esteem Month	8-14	Laughter Keeps Us from Getting Dizzy National Flirting Week
•	International Expect Success Month	8	World Marriage Day
•	Library Lovers' Month	11	National Shut-In Visitation Day
•	National African American History Month	11	White Shirt Day: Anniversary (1937)
•	National Bird-Feeding Month	14-21	Alzheimer's & Dementia Staff Education Week
•	National Laugh-Friendly Month	14-21	
•	National Senior Independence Month		
•	National Time Management Month	14	National Donor Day
•	National Weddings Month	14	Valentine's Day
•	Plant the Seeds of Greatness Month	15	Presidents' Day
•	Relationship Wellness Month	17	Ash Wednesday
•	Spunky Old Broads Month	17	My Way Day
•	Sweet Potato Month	22	Single-Tasking Day
•	Wise Health Care Consumer Month	23	Iwo Jima Day: Anniversary (1945)
1-5	International Networking Week	24	Inconvenience Yourself Day
1-7	National Patient Recognition Week	25	National Chili Day
1-7	Women's Heart Week	26	National Personal Chef Day
2	Groundhog Day	28	Purim
5	National Wear Red Day	28	Floral Design Day
J	ivalional vycal itcu Day		

March 2010

•	American Red Cross Month	8	Fun Facts About Names Day
•	Employee Spirit Month	9	Unique Names Day
•	Humorists Are Artists Month	10	Registered Dietitians Day
•	International Ideas Month	10	Learn What Your Name Means Day
•	International Listening Awareness Month	11	Nametag Day
•	National Chronic Fatigue Syndrome	11	Dream 2010 Day
	Awareness Month	13	Good Samaritan Involvement Day
•	National Craft Month	13	Genealogy Day
•	National Ethics Awareness Month	14	Daylight Saving Time Begins
•	National Eye Donor Month	14	Check Your Batteries Day
•	National Kidney Month	14 I	nternational Ask a Question Day
•	National Multiple Sclerosis Education and	15-21	Act Happy Week
	Awareness Month	15-21	National Spring Fever Week
•	National Nutrition Month	15-21	Wellderly Week
•	National Social Work Month	17	Saint Patrick's Day
•	Optimism Month	18	Awkward Moments Day
•	Spiritual Wellness Month	18	Companies that Care Day
1-7	National Write a Letter of Appreciation Week	20	Shabbat
1	Plan a Solo Vacation Day	20	Spring Begins
1	Refired, Not Retired, Day	21	National Common Courtesy Day
1-5	Human Resource Week	21	National Quilting Day ⊚
3	I Want You to Be Happy Day	22	As Young As You Feel Day
4	Courageous Follower Day	22	International Goof-Off Day
4	March Forth – Do Something Day	26	Make Up Your Own Holiday Day
5-7	Aldo Leopold Weekend	29	Passover Begins at Sundown
7-13	Celebrate Your Name Week	30	Passover
7	Namesake Day	30	Doctors Day

April 2010

•	Alcohol Awareness Month	11	Barbershop Quartet Day
•	Cancer Control Month	11-17	National Library Week
•	Community Spirit Days	11-17	National Karaoke Week
•	Couple Appreciation Month	12	National Licorice Day
•	International Customer Loyalty Month	12	Walk on Your Wild Side Day
•	Jazz Appreciation Month	14	International Moment of Laughter Day
•	National Card and Letter Writing Month	15	Income Tax Pay Day
•	National Donate Life Month	15	Sinking of the <i>Titanic</i> : Anniversary (1912)
•	National Humor Month	16	National Stress Awareness Day
•	National Occupational Therapy Month	16	National Wear Your Pajamas to Work Day
•	National Poetry Month	18-26	National Wildlife Week
•	National Sexual Assault Month	18	Teach Your Daughter to Volunteer Day
•	Physical Wellness Month	18-24	Administrative Professionals Week
•	Soyfoods Month	18-24	National Coin Week
•	Straw Hat Month	18-24	National Inspirational News Week
•	Stress Awareness Month	18-24	National Cleaning For a Reason Week
•	Workplace Conflict Awareness Month	18-24	National Volunteer Week
1	April Fools' Day	21	Administrative Professionals Day
1-7	Laugh at Work Week	22	Earth Day
1-7	Medication Safety Week	22	National Jelly Bean Day
1	National Fun at Work Day	22	Take Our Daughters and Sons to Work Day
2	Reconciliation Day	29	National Poem in Pocket Day
4	Easter Sunday	29	National Dance Day
5-11	National Networking Week	30	Hairstylist Appreciation Day
9	National Cherish an Antique Day	30	National Arbor Day
10	National Love Our Children Day		
10	National Siblings Day		

May 2010

Staff Recognition Days and Other Occasions to Remember and Celebrate

•	Arthritis Awareness Month	3	National Two Different Colored Shoes Day
•	Family Wellness Month	6-12	National Nurses Week
•	Gifts from the Garden Month	8	No Socks Day
•	Healthy Vision Month	8	Military Spouse Appreciation Day
•	International Business Image Improvement	8	V-E Day: Anniversary (1945)
	Month	8	National Train Day
•	Jewish American Heritage Month	9	Mother's Day
•	National Barbecue Month	9-15	National Nursing Home Week
•	National Egg Month	9-15	National Police Week
•	National Hamburger Month	10-14	National Etiquette Week
•	National Hepatitis Awareness Month	11	Eat What You Want Day
•	National Meditation Month	12	Limerick Day
•	National Mental Health Month	12	National Nightshift Workers Day
•	National Military Appreciation Month	12	National Receptionists Day
•	National Older Americans Month	15	Nylon Stockings: 70th Anniversary
•	National Osteoporosis Awareness and	16-22	International New Friends, Old Friends Week
	Prevention Month	17	Armed Forces Day
•	National Physical Fitness and Sports Month	18	Shavuot Begins at Sundown
•	National Smile Month	19-20	Shavuot
•	National Stroke Awareness Month	18	International Museum Day
•	Personal History Month	18-25	National Backyard Games Week
•	Women's Health Care Month	18	Visit Your Relatives Day
1	Executive Coaching Day	21	National Bike to Work Day
1	May Day	23-29	International Salute to Public Relations
1	Stepmothers Day	25	National Tap Dance Day
1	Join Hands Day	26	National Senior Health and Fitness Day
2-8	National Anxiety and Depression Awareness Week	31	Memorial Day

National Family Week

2-8

June 2010

•	Effective Communication Month	15	Nature Photography Day
•	Great Outdoors Month	17	Recess at Work Day
•	June Dairy Month	20	Family Awareness Day
•	June Is Perennial Gardening Month	20	Father's Day
•	National Candy Month	20	Husband Caregiver Day
•	National Rose Month	21	Baby Boomers Recognition Day
•	Professional Wellness Month	21	Summer Begins
1	Healthcare Executives Appreciation Day	23	Let It Go Day
1	Say Something Nice Day	24	National Handshake Day
6	D-Day: Anniversary (1944)	25	Take Your Dog to Work Day
6	National Cancer Survivors Day	26	Bar Code: Anniversary (1974)
10-17	National Nursing Assistants Day & Week	27	National HIV Testing Day
11	Corn on the Cob Day	27	America's Kids Day
14	Family History Day	27	Descendants Day
14	Flag Day	28	Special Recognition for Disabled Day

•	Bereaved Parents Awareness Month	4-10	National Laundry Workers' Week
•	Cell Phone Courtesy Month	6	Take Your Webmaster to Lunch Day
•	Family Reunion Month	7	Tell the Truth Day
•	Herbal/Prescription Interaction Awareness	11-17	National Therapeutic Recreation Week
	Month	17	Toss Away the "Could Haves" and "Should
•	National Blueberry Month		Haves" Day
•	National Grilling Month	19	National Ice Cream Day
•	National Ice Cream Month	20	Tisha B'av
•	National Recreation & Parks Month	23	Gorgeous Grandma Day
•	Sandwich Generation Month	24	National Day of the Cowboy
•	Social Wellness Month	24	National Drive-Thru Day
1	Halfway Point of 2010	24	National Tell an Old Joke Day
1	Medicare: Anniversary (1968)	25	Parents' Day
3	Air Conditioning Appreciation Days	27	Korean War Armistice: Anniversary
	July 3 – August 15	28	World War I Begins: 96 Anniversary (1914)
3	Compliment Your Mirror Day		
4	Independence Day		

August 2010

•	American Adventures Month	9	Atomic Bomb Dropped on Nagasaki:
•	Cataract Awareness Month		Anniversary (1945)
•	Happiness Happens Month	13	Friday the Thirteenth
•	National Immunization Awareness Month	14	National Garage Sale Day
•	National Inventors Month	14	Social Security Act: 75th Anniversary (1935)
•	National Panini Month	14	VJ Day Anniversary 65th (1945)
•	National Win with Civility Month	15	Best Friends' Day
•	What Will Be Your Legacy Month	15	National Relaxation Day
1	Girlfriend's Day	15-20	Weird Contest Week
1	World Wide Web: 20th Anniversary (1990)	15-22	National Aviation Week
1	Sisters' Day	20	National Men's Grooming Day
3	National Night Out	21	Poet's Day
6	Atomic Bomb Dropped on Hiroshima: 65th	22	Be an Angel Day
	Anniversary (1945)	25-31	Be Kind to Humankind Week
7	National Mustard Day	29	More Herbs, Less Salt Day
8	Happiness Happens Day	29	Hurricane Katrina Strikes Gulf Coast: Anniversary (2005)

September 2010

Staff Recognition Days and Other Occasions to Remember and Celebrate

•	Be Kind to Editors and Writers Month	11	Patriot Day
•	Fall Hat Month	12-18	International Housekeepers Week
•	International People Skills Month	12-18	National Assisted Living Week
•	International Strategic Thinking Month	12	National Grandparents' Day
•	National Chicken Month	13	National Boss/Employee Exchange Day
•	National Coupon Month	13-18	National Line Dance Week
•	National Honey Month	17	Yom Kippur Begins at Sundown
•	National Ovarian Cancer Awareness Month	18	National POW/MIA Recognition Day
•	National Piano Month	18	International Eat an Apple Day
•	National Preparedness Month	18	Yom Kippur
•	National Skin Care Month	19-25	Balance Awareness Week
•	One-on-One Month	19-20	Rosh Hashanah or Jewish New Year
•	Reunion Planning Month	19-25	Adult Day Services Week
•	September Is Healthy Aging Month	19-25	Build a Better Image Week
•	Women's Friendship Month	20-26	National Adult Immunization Awareness Week
1	Building and Code Staff Appreciation Day	19-25	National Clean Hands Week
1-7	International Enthusiasm Week	19-25	Deaf Awareness Week
1	Titanic Discovered: Anniversary (1985)	20-26	National Rehabilitation Awareness
1	World War II Begins: Germany Invades		Celebration
	Poland: Anniversary (1939)	21	World Alzheimer's Day
2	V-J Day: 65th Anniversary (1945)	20-24	National Food Service Employees Week
5-11	National Waffle Week	22	Autumn Begins
6	Labor Day	22	Dear Diary Day
6-10	National Payroll Week	22	Ice Cream Cone: Anniversary (1903)
7-11	Play Days	23	National Grandparent's Day
9	Wonderful Weirdoes Day	25	Family Health & Fitness Day
9-10	Rosh Hashanah	27	Family Day – A Day to Eat Dinner with
10	Swap Ideas Day		Your Children

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Attack on America: Anniversary (2001)

October 2010

Staff Recognition Days and Other Occasions to Remember and Celebrate

•	Domestic Violence Awareness Month	10	National Cake Decorating Day
•	Eat Better, Eat Together Month	10	Double Tenth Day: Anniversary
•	Emotional Wellness Month		10-10-1911 (This year 10/10/2010)
•	Global Diversity Awareness Month	10	Universal Music Day
•	International Strategic Planning Month	10-16	Emergency Nurses Week
•	Long Term Care Planning Month	11-17	Getting the World to Beat a Path to Your
•	National Bake & Decorate Month		Door Week
•	National Breast Cancer Awareness Month	11-17	National Food Bank Week
•	National Chili Month	11	Columbus Day
•	National Chiropractic Month	11	National Kick-Butt Day
•	National Cyber Security Awareness Month	12	National Face Your Fears Day
•	National Dental Hygiene Month	14	International Top Spinning Day
•	National Depression Education and	14	National Bring Your Teddy Bear to Work Day
	Awareness Month	15	National Boss Day
•	National Crime Prevention Month	15	National Mammography Day
•	National Pharmacy Month	17-24	Food and Drug Interaction Education and
•	National Physical Therapy Month		Awareness Day
•	National Reading Group Month	16	Sweetest Day
•	National Popcorn Poppin' Month	18-24	Freedom from Bullies Week
•	National Stamp Collecting Month	18-24	Nation Character Counts Week
•	Organize Your Medical Information Month	19	Evaluate Your Life Day
•	Positive Attitude Month	23	Make a Difference Day
•	Talk about Prescriptions Month	24	Mother-in-Law Day
1	World Smile Day	24-31	Prescription Errors Education & Awareness
2	Guardian Angels Day		Day
2	National Custodial Workers Day	25-31	International Magic Week
2	Sukkot Begins at Sundown	24-30	Pastoral Care Week
2	World Card Making Day	27	Cranky Co-Workers Day
2-9	No Salt Week	29	Stock Market Crash of 1929: Anniversary
3	World Card Making Day	30	National Forgiveness Day
3-9	Fire Prevention Week	31	Halloween
4-10	Financial Planning Week	31	Mount Rushmore Completion: Anniversary
6-10	National Physician Assistants (PA) Week		(1941)
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National Depression Screening Day

November 2010

•	Family Stories Month	13	World Kindness Day
•	National Alzheimer's Disease Month	14	Loosen Up, Lighten Up Day
•	National Diabetes Month	15	America Recycles Day
•	National Family Caregiver's Month	15	National Bundt Day
•	National Hospice Month	17	Homemade Bread Day
•	National Inspirational Role Models Month	18	Mickey Mouse's Birthday (1928)
•	National Lifewriting Month	19	Great American Smokeout
•	National Long Term Care Awareness Month	20	Family Volunteer Day
•	National Lung Cancer Awareness Month	21	World Hello Day
•	National Patient Accessibility Week	21-28	National Bible Week
•	National Pomegranate Month	21-27	National Family Week
•	Peanut Butter Lovers' Month	21-27	National Game & Puzzle Week
3	General Election Day	24	Celebrate Your Unique Talent Day
4	Use Your Common Sense Day	24	Tie One On Day (Referring to an Apron)
4	National Men Make Dinner Day	25	Thanksgiving Day
6	Sadie Hawkins Day	26	Black Friday
7	Daylight Saving Time Ends: "Fall Back"	26	Buy Nothing Day
10	Area Codes Introduced: Anniversary (1951)	26	National Flossing Day
10	Edmund Fitzgerald Sinking: 35th Anniversary	29	Electronic Greetings Day
	(1975)	30	Computer Security Day
11	Veterans Day		
11	Morld Mar I Armietica: Anniversary (1018)		

December 2010

•	Bingo's Birthday Month	17	First Flight Anniversary (1903)
•	National Tie Month	17	Underdog Day
•	National Write a Business Plan Month	19	Titanic Released: Anniversary (1997)
•	Spiritual Literacy Month	20	It's a Wonderful Life Film Premiere: Anniversary
1-7	Cookie Cutter Week		(1946)
1-8	Recipe Greetings for the Holidays	21	First Crossword Puzzle: Anniversary (1913)
2-9	Chanukah	21	Winter Begins
4	National Dice Day	24	Christmas Eve
5	Bathtub Party Day	25	Christmas
5	Coats and Toys for Kids Day	26-1/1	Kwanzaa
6	Saint Nicholas Day	26	National Thank You Note Day
7	Pearl Harbor Day: Anniversary (1941)	26	National Whiner's Day
8	America Enters World War II Anniversary (1941)	29	Tick Tock Day
10	Human Rights Day	31	Make Up Your Mind Day
12	Poinsettia Day	31	No Interruptions Day
15	Gone with the Wind Film Premiere: Anniversary (1939)	31	New Year's Eve