

MO Association of Homes for the Aging January 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

◆ Celebration of Life Month	10	National Cut Your Energy Costs Day
◆ Financial Wellness Month	13	Radio Broadcasting: Anniversary 1910
◆ International Creativity Month	16-22	☺ National Activities Professionals Week
◆ International New Years' Resolution Month for Businesses	16-22	Healthy Weight Week
◆ International Quality of Life Month	16-22	Hunt for Happiness Week
◆ National Clean Up Your Computer Month	17-23	National Fresh Squeezed Juice Week
◆ National Get Organized Month	17	Martin Luther King, Jr. Federal Holiday
◆ National Glaucoma Awareness Month	21	☺ Health Care Maintenance and Plant Operations Employee Day
◆ National Hot Tea Month	20	Get to Know Your Customers Day
◆ National Mentoring Month	21	National Hugging Day
◆ Oatmeal Month	22	Celebration of Life Day
1-7 Diet Resolution Week	23	National Pie Day
1 First Baby Boomer Born: 1946 65th Anniversary	23-29	National Nurse Anesthetists Week (CRNAs)
1 New Year's Day	24	Belly Laugh Day
2-8 "Someday We'll Laugh about This" Week	24	National Compliment Day
2 National Motivation & Inspiration Day	24-28	☺ National Medical Group Practice Week
3-9 New Year's Resolution Week	25	National Speak Up & Succeed Day
3 Drinking Straw Patented: 1888 123 year anniversary	25	First Televised Presidential News Conference: 50th Anniversary (1961)
4 Trivia Day	28	Fun at Work Day
6 "Wheel of Fortune" TV Premiere: 1975	31	Bubble Wrap Appreciation Day
7 I'm Not Going to Take It Anymore Day	31	First Social Security Check Issued: Anniversary (1940)
10 National Clean-Off-Your-Desk Day	31	Inspire Your Heart with the Arts Day

February 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

<ul style="list-style-type: none"> ◆ AMD/Low Vision Awareness Month ◆ American Heart Month ◆ Bake for Family Fun Month ◆ International Boost Self-Esteem Month ◆ International Expect Success Month ◆ Library Lovers' Month ◆ National African American History Month ◆ National Bird-Feeding Month ◆ National Time Management Month ◆ National Weddings Month ◆ Plant the Seeds of Greatness Month ◆ Relationship Wellness Month ◆ Spunky Old Broads Month ◆ Wise Health Care Consumer Month 	<ul style="list-style-type: none"> 5-11 Dump Your "Significant Jerk" Week 6 Midwinter Day Celebration 6-12 Jell-O Week 7-11 International Networking Week 7 Wave All of Your Fingers at Your Neighbors Day 8-14 Love May Make the World Go 'Round but Laughter Keeps Us from Getting Dizzy 9 National Stop Bullying Day 11 National Shut-In Visitation Day 13-19 National Flirting Week 14-21 Alzheimer's & Dementia Staff Education Week 14 National Donor Day 14 Valentine's Day 17 My Way Day 21 Presidents' Day 22 Single-Tasking Day 23 Iwo Jima Day: Anniversary (1945) 23 Inconvenience Yourself Day 24 National Chili Day 28 Floral Design Day
<ul style="list-style-type: none"> 1-7 National Patient Recognition Week 1-7 Women's Heart Week 2 Groundhog Day 2 National Girls & Women in Sports Day 4 Nation Wear Red Day 	

March 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

<ul style="list-style-type: none"> ◆ American Red Cross Month ◆ Employee Spirit Month ◆ Humorists Are Artists Month ◆ International Ideas Month ◆ International Listening Awareness Month ◆ National Chronic Fatigue Syndrome Awareness Month ◆ National Craft Month ◆ National Ethics Awareness Month ◆ National Eye Donor Month ◆ National Kidney Month ◆ National Multiple Sclerosis Education and Awareness Month ◆ National Nutrition Month ◆ ☺ National Social Work Month ◆ Optimism Month ◆ Spiritual Wellness Month 	<ul style="list-style-type: none"> 10 World Kidney Day 11 Dream 2011 Day 12 Genealogy Day 13 Good Samaritan Involvement Day 13 Daylight Saving Time Begins 13 Check Your Batteries Day 14 International Ask a Question Day 15-21 Act Happy Week 15-21 National Spring Fever Week 17 Saint Patrick's Day 18 Awkward Moments Day 19 First Electronic Razor Marketed: 80th Anniversary (1901) 19 Forgive Mom & Dad Day 19 National Quilting Day 20 Purium 20 Spring Begins 21-27 Wellderly Week 22 As Young As You Feel Day 25 Pecan Day 26 Make Up Your Own Holiday Day 27 National Cleaning Week 30 ☺ Doctors Day 30 "Jeopardy" TV Premiere: Anniversary (1964) 30 Pencil Patented: Anniversary (1858)
<ul style="list-style-type: none"> 1-7 National Write a Letter of Appreciation Week 1 Plan a Solo Vacation Day 1-5 ☺ Human Resource Week 3 I Want You to Be Happy Day 4-6 Aldo Leopold Weekend 4 Courageous Follower Day 4 National Grammar Day 6-12 Celebrate Your Name Week 7-13 National Sleep Awareness Week 8 International Pancake Day 9 Ash Wednesday 9 ☺ Registered Dietitians Day 	

April 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

◆ Alcohol Awareness Month	10-16 ☺ National Volunteer Week
◆ Cancer Control Month	12 National Licorice Day
◆ Community Spirit Days	12 Walk on Your Wild Side Day
◆ Couple Appreciation Month	14 International Moment of Laughter Day
◆ Defeat Diabetes Month	15 1st McDonald's Opened: Anniversary (1955)
◆ International Customer Loyalty Month	15 Income Tax Pay Day
◆ Jazz Appreciation Month	15 Sinking of the <i>Titanic</i> : Anniversary (1912)
◆ National Card and Letter Writing Month	17 Palm Sunday
◆ National Donate Life Month	18 Adult Autism Awareness Day
◆ National Humor Month	18 National Stress Awareness Day
◆ ☺ National Occupational Therapy Month	18 Teach Your Daughter to Volunteer Day
◆ National Poetry Month	18-24 ☺ Administrative Professionals Week
◆ National Sexual Assault Month	18-24 National Coin Week
◆ Physical Wellness Month	18-24 National Cleaning For a Reason Week
◆ Soyfoods Month	21 ☺ Administrative Professionals Day
◆ Straw Hat Month	21 National High Five Day
◆ Stress Awareness Month	22 Earth Day
◆ Workplace Conflict Awareness Month	22 National Jelly Bean Day
1 April Fools' Day	24 Easter Sunday
1 National Fun at Work Day	28 National Poem in Pocket Day
1-7 Laugh at Work Week	28 Take Our Daughters and Sons to Work Day
1-7 Medication Safety Week	29 National Dance Day
2 Reconciliation Day	29 National Arbor Day
4-10 National Networking Week	30 Hairstylist Appreciation Day
9 National Cherish an Antique Day	
10 National Siblings Day	
10-16 National Inspirational News Week	
10-16 National Library Week	

May 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

- ◆ Arthritis Awareness Month
- ◆ Family Wellness Month
- ◆ Gifts from the Garden Month
- ◆ Healthy Vision Month
- ◆ International Business Image Improvement Month
- ◆ Jewish American Heritage Month
- ◆ National Barbecue Month
- ◆ National Hamburger Month
- ◆ National Hepatitis Awareness Month
- ◆ National Meditation Month
- ◆ National Mental Health Month
- ◆ National Military Appreciation Month
- ◆ ☺ **National Older Americans Month**
- ◆ National Osteoporosis Awareness and Prevention Month
- ◆ National Photo Month
- ◆ National Physical Fitness and Sports Month
- ◆ National Salad Month
- ◆ National Smile Month
- ◆ National Stroke Awareness Month
- ◆ Personal History Month
- ◆ Women's Health Care Month
- 1 Executive Coaching Day
- 1 May Day
- 1 Stepmothers Day
- 1-7 National Anxiety and Depression Awareness Week
- 1-7 National Family Week
- 1-7 National Hug Holiday Week
- 3 National Two Different Colored Shoes Day
- 6-12 ☺ National Nurses Week**
- 6 Military Spouse Appreciation Day
- 8 V-E Day: Anniversary (1945)
- 8 World Red Cross Day
- 8 Mother's Day
- 8-14 ☺ National Nursing Home Week**
- 9-13 National Etiquette Week
- 11 ☺ National Nightshift Workers Day**
- 11 ☺ National Receptionists Day**
- 12 Limerick Day
- 15 First Flight Attendant Day
- 15-21 National Police Week
- 15-21 International New Friends, Old Friends Week
- 18-25 National Backyard Games Week
- 18 Visit Your Relatives Day
- 20 National Bike to Work Day
- 21 Armed Forces Day
- 25 National Senior Health and Fitness Day
- 29 Wisconsin Admission Day (1848)
- 30 Memorial Day

June 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

◆ Effective Communication Month	16	Recess at Work Day
◆ Great Outdoors Month	19	Family Awareness Day
◆ June Dairy Month	19	Father's Day
◆ June Is Perennial Gardening Month	19	Husband Caregiver Day
◆ National Rose Month	21	Baby Boomers Recognition Day
◆ Professional Wellness Month	21	Summer Begins
1 ☺ Healthcare Executives Appreciation Day	23	Let It Go Day
1 CNN TV Debut: Anniversary (1980)	24	National Handshake Day
1 Say Something Nice Day	24	Take Your Dog to Work Day
5 National Cancer Survivors Day	25	CBS First Color TV Broadcast: 60th Anniversary (1951)
6 D-Day: Anniversary (1944)	26	Bar Code: Anniversary (1974)
8-9 Shavout	26	America's Kids Day
10 Alcoholics Anonymous (AA) Founded: Anniversary (1935)	26	Descendants Day
14 Family History Day	27	National HIV Testing Day
14 Flag Day	28	☺ Special Recognition for Disabled Day
15 Nature Photography Day	29	Interstate Highway System Born: 55th Anniversary (1956)
16-23 ☺ National Nursing Assistants Day and Week		

July 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

◆ Bereaved Parents Awareness Month	7	Tell the Truth Day
◆ Cell Phone Courtesy Month		
◆ Herbal/Prescription Interaction Awareness Month	11-17	☺ National Therapeutic Recreation Week
◆ National Blueberry Month	12	“Family Feud” TV Premiere: 35th Anniversary (1976)
◆ National Grilling Month	16	Toss Away the “Could Haves” and “Should Haves” Day
◆ National Ice Cream Month	17	Disneyland Opened: Anniversary (1955)
◆ National Recreation & Parks Month	17	National Ice Cream Day
◆ Sandwich Generation Month	20	Special Olympics: Anniversary (1968)
◆ Social Wellness Month	23	National Day of the Cowboy
1 Medicare: Anniversary (1968)	23	Gorgeous Grandma Day
2 Halfway Point of 2011	24	Cousins Day
3 Air Conditioning Appreciation Days July 3 – August 15	24	National Drive-Thru Day
3 Compliment Your Mirror Day	24	National Tell an Old Joke Day
4 Independence Day	24	Parents’ Day
4-10 ☺ National Laundry Workers’ Week	28	National Chili Dog Day
6 ☺ Take Your Webmaster to Lunch Day (1970)	28	US Patent Office Opens: Anniversary

August 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

<ul style="list-style-type: none"> ◆ American Adventures Month ◆ Cataract Awareness Month ◆ Happiness Happens Month ◆ National Immunization Awareness Month ◆ National Inventors Month ◆ National Win with Civility Month ◆ What Will Be Your Legacy Month 	<ul style="list-style-type: none"> 8 Happiness Happens Day 12 Personal Computers Introduced: 30th Anniversary (1981) 13 National Garage Sale Day 14 Social Security Act (1935) 14 VJ Day Anniversary (1945) 14-19 Weird Contest Week 15 Best Friends' Day 15 National Relaxation Day 19 National Aviation Day 19 National Men's Grooming Day 21 Poet's Day 22-26 National Safe at Home Week 25-31 Be Kind to Humankind Week 29 More Herbs, Less Salt Day 29 Hurricane Katrina Strikes Gulf Coast: Anniversary (2005)
<ul style="list-style-type: none"> 1-7 International Clown Week 1 Girlfriend's Day 1 Sisters' Day 2 National Night Out 6 National Fresh Breath Day 6 National Mustard Day 7 Purple Heart: Anniversary (1872) 9 Tisha B'av 	

September 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

- ◆ Be Kind to Editors and Writers Month
 - ◆ Fall Hat Month
 - ◆ International People Skills Month
 - ◆ International Strategic Thinking Month
 - ◆ National Chicken Month
 - ◆ National Coupon Month
 - ◆ National Honey Month
 - ◆ National Ovarian Cancer Awareness Month
 - ◆ National Piano Month
 - ◆ National Preparedness Month
 - ◆ National Skin Care Month
 - ◆ One-on-One Month
 - ◆ September Is Healthy Aging Month
 - ◆ Women's Friendship Month
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- 1 ☉ **Building and Code Staff Appreciation Day**
 - 1-7 International Enthusiasm Week
 - 1 *Titanic* Discovered: Anniversary (1985)
 - 1 World War II Begins: Germany Invades Poland: Anniversary (1939)
 - 2 V-J Day: Anniversary (1945)
 - 4-10 National Waffle Week
 - 5 Labor Day
 - 5-9 ☉ **National Payroll Week**
 - 7-11 Play Days
 - 9 Miss America 1st Crowned: 90th Anniversary (1921)
 - 9 Swap Ideas Day

- 11 Attack on America: 10th Anniversary (2001)
- 11-17 ☉ **International Housekeepers Week**
- 11-17 ☉ **National Assisted Living Week**
- 11 National Grandparents' Day
- 12-17 National Line Dance Week
- 12 National Boss/Employee Exchange Day
- 18 National POW/MIA Recognition Day
- 18 International Eat an Apple Day
- 18 National POW/MIA Recognition Day
- 18-24 International Clean Hands Week
- 18-24 ☉ **Adult Day Services Week**
- 18-24 Build a Better Image Week
- 18-24 Deaf Awareness Week
- 20-26 ☉ **National Rehabilitation Awareness Celebration**
- 20-24 ☉ **National Food Service Employees Week**
- 22 Autumn Begins
- 22 National Centenarian's Day
- 22 Ice Cream Cone: Anniversary (1903)
- 23 Love Note Day
- 24 Family Health & Fitness Day
- 26 Family Day – A Day to Eat Dinner with Your Children
- 28 National Women's Health & Fitness Day
- 29-30 Rosh Hashanah or Jewish New Year

October 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

- ◆ Domestic Violence Awareness Month
- ◆ Eat Better, Eat Together Month
- ◆ Emotional Wellness Month
- ◆ Global Diversity Awareness Month
- ◆ International Strategic Planning Month
- ◆ ☺ **Long Term Care Planning Month**
- ◆ National Bake & Decorate Month
- ◆ National Breast Cancer Awareness Month
- ◆ National Chili Month
- ◆ National Chiropractic Month
- ◆ National Cyber Security Awareness Month
- ◆ National Dental Hygiene Month
- ◆ National Depression Education and Awareness Month
- ◆ ☺ **National Pharmacy Month**
- ◆ ☺ **National Physical Therapy Month**
- ◆ National Protect Your Hearing Month
- ◆ National Popcorn Poppin' Month
- ◆ National Stamp Collecting Month
- ◆ Organize Your Medical Information Month
- ◆ Positive Attitude Month
- ◆ Talk about Prescriptions Month
- 1 Disneyworld 1st Opened: 40th Anniversary (1971)
- 2 Guardian Angels Day
- 2 ☺ **National Custodial Workers Day**
- 2 World Card Making Day
- 3-10 No Salt Week
- 4-10 Financial Planning Week
- 6-12 National Physician Assistants (PA) Week
- 7 World Smile Day ☺
- 8 Yom Kippur
- 9-15 Emergency Nurses Week
- 9-15 Fire Prevention Week
- 10 Double Tenth Day: 100th Anniversary 10-10-1911
- 10 National Kick-Butt Day
- 10 Tuxedo Created: 125th Anniversary (1886)
- 11 National Face Your Fears Day
- 12 Columbus Day
- 15 Sweetest Day
- 16-22 National Food Bank Week
- 16-22 Freedom from Bullies Week
- 16-22 National Character Counts Week
- 17 National Cake Decorating Day
- 17 National Boss Day
- 17-24 Food and Drug Interaction Education and Awareness Day
- 19 Evaluate Your Life Day
- 21 National Mammography Day
- 22 Make a Difference Day
- 23-29 ☺ **Pastoral Care Week**
- 23 Mother-in-Law Day
- 24-31 Prescription Errors Education and Awareness Day
- 27 Cranky Co-Workers Day
- 29 Stock Market Crash of 1929: Anniversary
- 31 Halloween
- 31 Mount Rushmore Completion: 70th Anniversary (1941)

November 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

◆ National Alzheimer's Disease Awareness Month	14	I Love to Write Day
◆ National Diabetes Month	14	Loosen Up, Lighten Up Day
◆ ☺ National Family Caregiver's Month	15	America Recycles Day
◆ ☺ National Hospice Month	15	National Bundt Day
◆ National Inspirational Role Models Month	17	Homemade Bread Day
◆ National Lifewriting Month	18	Mickey Mouse's Birthday (1928)
◆ ☺ National Long Term Care Awareness Month	19	Great American Smokeout
◆ National Patient Accessibility Week	19	Family Volunteer Day
◆ National Pomegranate Month	21	World Hello Day
◆ Peanut Butter Lovers' Month	20-27	National Bible Week
3 National Men Make Dinner Day	20-26	National Family Week
4 Use Your Common Sense Day	20-26	National Game & Puzzle Week
5 Sadie Hawkins Day	23	Tie One On Day (Referring to an Apron)
6 Daylight Saving Time Ends: "Fall Back"	24	Celebrate Your Unique Talent Day
8 General Election Day	24	Thanksgiving Day
10 Area Codes Introduced: 60th Anniversary (1951)	25-26	Buy Nothing Day
11 Veterans Day	25	Black Friday
13 World Kindness Day	25	National Flossing Day
	29	Electronic Greetings Day
	30	Computer Security Day

December 2011

Staff Recognition Days and Other Occasions to Remember and Celebrate

<ul style="list-style-type: none"> ◆ Bingo's Birthday Month ◆ National Write a Business Plan Month ◆ Spiritual Literacy Month 	<ul style="list-style-type: none"> 19 <i>Titanic</i> Released: Anniversary (1997) 20 <i>It's a Wonderful Life</i> Film Premiere: 65th Anniversary (1946) 21-28 Chanukah 21 First Crossword Puzzle: Anniversary (1913) 22 Winter Begins 24 Christmas Eve 25 Christmas 26-1/1 Kwanzaa: 45th Anniversary (1966) 26 National Thank You Note Day 26 National Whiner's Day 27 Radio City Music Hall: Anniversary (1932) "Radio Roxyettes" 29 Tick Tock Day 30 No Interruptions Day 31 Make Up Your Mind Day 31 New Year's Eve
<ul style="list-style-type: none"> 1-7 Cookie Cutter Week 1-8 Recipe Greetings for the Holidays 3 Coats and Toys for Kids Day 4 National Dice Day 5 Bathtub Party Day 6 Saint Nicholas Day 7 Pearl Harbor Day: 70th Anniversary (1941) 10 Human Rights Day 12 Poinsettia Day 15 <i>Gone with the Wind</i> Film Premiere: Anniversary (1939) 16 Underdog Day 17 First Flight Anniversary (1903) 	