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Therapeutic Recreation Directory Newsletter

November 17, 2010

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THERAPEUTIC RECREATION DIRECTORY on Facebook

Yep, I'm on Facebook now. It seems to be the future of networking. Without advertising it much I already have 166 members. You can go to <http://www.facebook.com/group.php?gid=147254968632150> and become a friend of the Therapeutic Recreation Directory. To further encourage you to sign up I'll be giving away 4 gift certificates valued at \$25 each to my online store at www.recreationtherapystore.com. Four winners will be randomly selected from among friends of the Therapeutic Recreation Directory on Christmas Day.

Sam and Izzy book Give-a-way

The winner of this give-a-way is:
Connie Boggess, MS, CTRS, OTR/L

Announcing – A New Picture Book for Children That Teaches Social Skills and Character Values. By: Danny Pettry, MS, CTRS



Danny Pettry works at a children's residential behavioral health facility and he uses recreational therapy to help teach social skills to children with special needs.

Petry is currently creating a children's picture book that promotes character values and social skills. It is a short story about two dogs who accept each other despite their differences. An English bulldog named Sam is best friends with a Chihuahua named Izzy.

The book includes discussion questions in the back for parents, teachers, and group leaders. It also has activity ideas that promote social skills. There are also 15 trading cards for each of the character traits that are covered in the book.

Watch a short video for more information about this resource here:

<http://www.kickstarter.com/projects/DannyPettry/announcing-an-amazing-picture-book-that-teaches-ch?pos=1&ref=search>

[Click here to view a sample of the new book.](#)

LIFE JUGGLING BOOK GIVE-A-AWAY

Winner of this give-a-way is:

Christine Ortman

Life Juggling

Creating A Healthier Life Through The Juggling Arts

by Brian Bruggeman, Recreation Therapist

For over 10 years, Brian Bruggeman, CTRS, has utilized the juggling arts to help people suffering from mental health issues learn how to better manage their illnesses. In an effort to promote the benefits of juggling as a healing art form, Brian has developed a manual *perfect for the therapist or educator wanting to offer unique wellness programming to their clients.*

In *Life Juggling: Creating A Healthier Life Through The Juggling Arts*, participants will learn a juggling art form (i.e. scarf juggling, peacock feather balancing, etc.) and then have the opportunity to process their experience through a variety of worksheets. By using this experiential, interactive process, individuals will learn the value of making mistakes, identify stress management techniques, and improve their problem-solving skills.

Life Juggling provides everything that you need to run a successful program:

- Step-by-step juggling instructions.
- 13 worksheets to help participants process their juggling experience.
- Instructions on how to make your own juggling equipment.
- 3 colorful juggling scarves to get you started juggling right away!

Life Juggling is ideal for:

- Behavioral Health Programs
- Drug Rehabilitation
- Physical Rehabilitation

Life Juggling is fun, interactive, and educational. It will become your preferred way to teach wellness principles and healthy living skills!

Price: \$20 plus \$5 shipping and handling

To order, e-mail Brian at brian@jugglewell.com or call 678-939-2797.

You can also send a check or money order (made out to Brian Bruggeman) to:

Brian Bruggeman
104 Providence Drive
Carrollton, GA 30116

Visit our web site for more information: www.jugglewell.com

Alzheimer's and Dementia Staff Education Week - Download Free Tool Kit

go to www.nccdp.org/staff-education-week.htm

For the third year, the National Council of Certified Dementia Practitioners is offering **The National Council of Certified Dementia Practitioners Alzheimer's and Dementia Staff Education Week** February 14th to the 21st Tool Kit. The Tool Kit is free and available at www.nccdp.org. The tool kit includes many free Power Point in-services for download beginning November 15th to March 1st 2011. Each in-service is designed to be taught in 30 minutes to health care professionals and front line staff.

The Tool Kit and the declaration by the **NCCDP Alzheimer's and Dementia Staff Education Week** February 14th to the 21st was developed to bring national and international awareness to the importance of providing comprehensive dementia education by means of face to face interactive classroom environment to all healthcare professionals and line staff and to go above and beyond the minimum state requirements regarding dementia education.

Currently there are no national standards for dementia education. The regulations are different from state to state. The NCCDP recommends at minimum an initial 8 hours of dementia education to all staff. Throughout the year, additional dementia education should be provided that incorporates new advances, culture change and innovative ideas.

In addition to facilitating the Train the Trainer programs, The NCCDP promotes dementia education and certification of all staff who qualify as Certified Dementia Practitioners (CDP®). The NCCDP recommends that at minimum there should be one Certified Dementia Practitioner® per shift. The NCCDP recommends a trained and certified Alzheimer's and dementia instructor by the NCCDP to utilize up to date NCCDP training materials.

The NCCDP recognizes the importance of educated and certified dementia unit managers and certifying the Dementia Unit Manager as Certified Dementia Care Manager (CDCM®).

Dementia Unit Managers report that they have received little training as a Dementia Unit Manager.

Front Line First Responders and Law Enforcement need comprehensive Dementia training and the NCCDP provides Alzheimer's and Dementia training to First Responder and Law Enforcement educators and certification as Certified First Responder Dementia Trainer®.

The free tool kit includes:

- ▶ Free Power Point In-services (Many topics) for Health Care Staff which includes pre test, post tests, hand outs, answers, in-service evaluation and in-service certificates.
- ▶ Nurse Educator of the Year Nomination Forms
- ▶ Nomination Forms for **NCCDP Alzheimer's and Dementia Staff Education Week** Contest
- ▶ Proclamations for Senators and Mayor
- ▶ Letters to the Editors Promoting Your Program
- ▶ 97 Ways to Promote Alzheimer's and Dementia Staff Education Week 2011
- ▶ Resources and Important Web Sites

The National Council of Certified Dementia Practitioners®, LLC was formed in 2001 by a group of professionals with varying work and personal experiences in the field of dementia care. The Council was formed to promote standards of excellence in dementia and Alzheimer's education to professionals and other caregivers who provide services to dementia clients. As the number of dementia cases continues to increase nationally and worldwide, there is a great necessity to insure that care givers are well trained to provide appropriate, competent, and sensitive direct care and support for the dementia patient. The goal of the Council is to develop and encourage comprehensive standards of excellence in the health care profession and delivery of dementia care.

FLORIDA ANNUAL THERAPEUTIC RECREATION CONFERENCE

scholarship offer for students - submit a one page essay

Please join us May 18-20, 2011 for our 3rd Annual Therapeutic Recreation Conference! The conference will be held at the Embassy Suites in Ft. Lauderdale FL. Each day you will be able to choose between a variety of sessions. The cost for all 3 days is ONLY \$100, along with many discounts for hotel stay and food!!! If you are interested in becoming a speaker, sponsor, or vendor, please visit the [website](#) for more information! Students may submit a one page essay on how they have worked together with other disciplines or organizations to promote Recreational Therapy for a chance of being our scholarship recipient! Contact Allyson Dedic at 561-237-3818 for more info on this scholarship offer.

For more information please visit our website at www.whitehallboca.com/conference.html or call Allyson Dedic, CTRS at 561-237-3818!

DISCOUNT COUPON FOR S & S CRAFTS

S&S Worldwide Discount! [\\$5 Off Plus Free Shipping on all online purchases over \\$59! Use Coupon Code B2898](#)

NEW RESOURCE

Lessons Learned

An Open Letter to Recreational Therapy Students and Practitioners

By David Austin



Lessons Learned provides a personalized approach and a fresh, bold guide for students and practitioners in recreational therapy. This thought-provoking, inspiring, and accessible text will help the next generation of recreational therapists to find purpose, meaning, and fulfillment in their own lives and to bring health and happiness to their clients.

[Click here for Kindle Version](#)

NOTE: this is an excellent read --- every recreation therapist, either starting out or a veteran should read this wonderful book.