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## Therapeutic Recreation Directory Newsletter

January 29, 2012

by Charles C Dixon, MS, CTRS

Morgantown, WV

Join the Therapeutic Recreation Directory on Facebook - [click here](#)

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### FEBRUARY IS THERAPEUTIC RECREATION MONTH

TR Week in July has been changed to TR MONTH in February!! We're looking for every CTRS to participate! This is your month to raise awareness and support for the profession and what we accomplish.

[ATRA](#) and the [Recreation Therapy Store](#) has a bunch of promotional items that you can use to promote your profession!

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### NEW GIVE-A-WAY Win - "StarGuard: Best Practices for Lifeguards"

Simply email [give-away@recreationtherapy.com](mailto:give-away@recreationtherapy.com). One winner will be selected prior to the next newsletter. **As always, whenever you enter one of our drawings your email address and contact information is NEVER distributed to anyone.**

The fourth edition of StarGuard: Best Practices for Lifeguards presents the essentials of lifeguarding, helping lifeguard candidates become skilled and proactive. This resource contains the latest research in lifeguarding and lifesaving, including the most current CPR/AED and first aid content. Integrating each of these components into an experiential methodology of training lifeguards is a hallmark of the StarGuard certification program.

StarGuard, Best Practices for Lifeguards, Fourth Edition Paperback book with web resource ISBN 978-0-7360-9835-9 \* \$39.00

Purchase at

<http://www.HumanKinetics.com>

### WINNERS OF THE THREE BOOKS GIVE-A-WAY Life Juggling, Rock-Creation, and Almost Magical Quotations

winners include Joann Santamaria, Gloria Schnierer, and Seth Wright

#### Life Juggling

*Creating A Healthier Life Through The Juggling Arts*

by Brian Bruggeman, M.A., CTRS

For over 12 years, Brian Bruggeman, CTRS, has utilized the juggling arts to teach his clients healthy living skills. In an effort to promote the benefits of juggling as a healing art form, Brian has developed a manual *perfect for the therapist or educator wanting to offer unique wellness programming to their clients*.

In *Life Juggling: Creating A Healthier Life Through The Juggling Arts*, participants will learn a juggling art form (i.e. scarf juggling, peacock feather balancing, etc.) and then have the opportunity to process their experience through a variety of worksheets. By using this experiential, interactive process, individuals will learn the value of making mistakes, identify stress management techniques, and improve their problem-solving skills.

**Life Juggling** provides everything that you need to run a successful program:

- Step-by-step juggling instructions.

- 13 worksheets to help participants process their juggling experience.
- Instructions on how to make your own juggling equipment.
- 3 colorful juggling scarves to get you started juggling right away!

**Life Juggling is ideal** for:

- Behavioral Health Programs
- Drug Rehabilitation
- Physical Rehabilitation

**Life Juggling** is fun, interactive, and educational. It will become your preferred way to teach wellness principles and healthy living skills!

Price: \$20 plus \$5 shipping and handling

To order: visit the website and pay online using PayPal or you can also send a check or money order (made out to Brian Bruggeman) to:

**Brian Bruggeman**  
**444 North Lakeshore Drive**  
**Carrollton, GA 30117**

Visit our web site for more information: [www.jugglewell.com](http://www.jugglewell.com)



### **Rock-Creation Therapy**

by Brian Bruggeman, M.A., CTRS

Introducing **Rock-Creation Therapy!** The healing and mystical properties of rocks and gemstones have been recorded throughout history for thousands of years. **Rock-Creation Therapy** is not intended to espouse these qualities but to use rocks and gemstones as a metaphor that can be used to create a healthier lifestyle.

In *Rock-Creation Therapy*, participants will examine various rocks and gemstones and then process their experience through a variety of worksheets. Some of the themes include:

- Leisure Education
- Gratitude
- Healthy Lifestyle Choices

**Rock-Creation Therapy** provides everything that you need to run a successful program:

- 15 beautiful rocks and gemstones in a velvet bag.
- 5 worksheets to help participants process their experience.
- Additional activity ideas.
- Resource suggestions to increase your knowledge of rocks and gemstones.

**Rock-Creation Therapy** is perfect for:

- Behavioral Health Programs
- Drug Rehabilitation
- Physical Rehabilitation
- Geriatric Programs

**Rock-Creation Therapy** is an innovative and unique method to teach wellness programming to your clients. Order today!

Price: \$20 plus \$5 shipping and handling

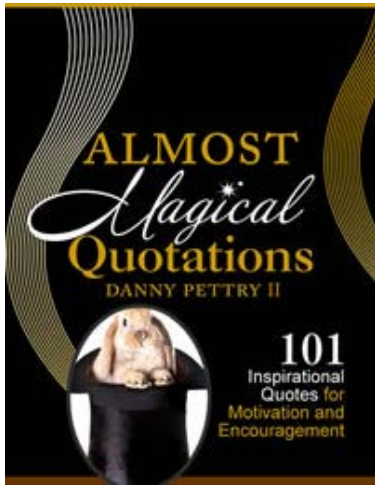
For more information and to order, visit our website at [www.jugglewell.com](http://www.jugglewell.com) or email Brian at [brian@jugglewell.com](mailto:brian@jugglewell.com)

### **Almost Magical Quotations**

by Danny Pettry

Imagine how inspired you could feel if you were surrounded by the world's most motivational people. Wouldn't it be amazing to hear their messages of hope and inspiration daily?

Danny Pettry's collection of motivational quotations can give you just that. You might find yourself in a hypnotic



trance as you read each of these 101 magical, motivational, and spellbinding quotes.

Claim your copy of this book at this link: <http://www.dannypetry.com/quotes.html>

Reading this collection of quotes could cause you to have a magical transformation. You just might wake up feeling ready to succeed in life. You're intelligent enough to know that if the authors of these quotes can do it then you can do it.

As you read these quotes you may increase feelings of hope, inspiration, and encouragement. These quotations are tips and tricks for a better life.

Abracadabra and hocus-pocus – make your dreams come true with this amazing collection of motivational quotes.

Claim your copy at this link: <http://www.dannypetry.com/quotes.html>

- Chapter 1: Meaning of Existence
- Chapter 2: Attract Good Things
- Chapter 3: Generously Give
- Chapter 4: Imagination is Imperative
- Chapter 5: Create What You Want
- Chapter 6: Achieve Your Dreams
- Chapter 7: Learn for Life

Claim your copy at this link: <http://www.dannypetry.com/quotes.html>

But wait, there is more! This book includes 4 bonuses!

- Bonus # 1: Includes journal questions for each of the 7 chapters.
- Bonus # 2: Includes 11 fun activities that you can do with quotes. These are great for group activities or individual projects.
- Bonus # 3: Book Recommendations
- Bonus # 4: Access to E-Newsletter that includes book give-away each month -- (details on p. 78).

Claim your copy at this link: <http://www.dannypetry.com/quotes.htm>

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## Therapeutic Recreation Promotional Items

I have added many new products to the Therapeutic Recreation Store at [www.recreationtherapystore.com](http://www.recreationtherapystore.com)

Here are some images of the many new products you can use to promote Therapeutic Recreation/Recreation Therapy.



tote bag



duffel bag



glass



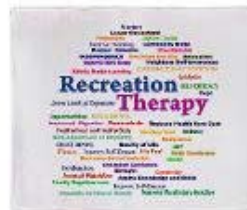
women's pajama



men's pajama



iphone case



stadium blanket



thermos



thermos



thermos



thermos



ipad case

For more items like this in many different designs please go to [www.recreationtherapystore.com](http://www.recreationtherapystore.com).

## JOBS CURRENTLY POSTED AT THE THERAPEUTIC RECREATION DIRECTORY

Recreation Therapist - MN Assistant Professor - WI Operations Supervisor - CO Recreation Therapist - NY Program Manager - PA LEAP PRN - GA Recreation Coordinator - NJ Recreation Therapist - IN Recreation Therapist - VA RT Director - MD	Assistant Professor - KS TR Manager - AZ Recreation Therapist - OH Recreation Therapist - MD Director of Activities - MD Recreation Therapist - MD RT (part-time)- GA Activity Director - SC Activities Coord - VA	Recreation Therapist - OH Recreation Therapist - FL Recreation Therapist - CA
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For more TR jobs go to [www.recreationtherapy.com/jobs](http://www.recreationtherapy.com/jobs)

## National Council of Certified Dementia Practitioners FREE TOOL KIT for Alzheimer's and Dementia Staff Education

The Tool Kit is free and available at [www.nccdp.org](http://www.nccdp.org). The tool kit includes many free Power Point in-services for download beginning **November 15th to March 1st**. Each in-service is designed to be taught in 30 minutes to health care professionals, front line staff, volunteers, support groups, congregations, families, state staff with AOA, state surveyors and Ombudsman staff. One new in-service is on Sexuality, Intimacy and the Dementia Patient. Simply log on to the web site [www.nccdp.org](http://www.nccdp.org), complete the registration form and begin downloading.

The Tool Kit and the declaration by the NCCDP Alzheimer's and Dementia Education Week February 14th to the 21st was developed to bring national and international awareness to the importance of providing comprehensive dementia education by means of face to face interactive classroom environment to all healthcare professionals and line staff and to go above and beyond the minimum state requirements regarding dementia education.

The free tool kit and staff in-services includes

- Free Power Point In-services (Many topics) for staff, volunteers, family & First Responders, clergy and support group attendees. Includes Power Point, pre test, post tests, hand outs, answers, in-service evaluation and in-service certificates.

- Nurse Educator of the Year Nomination Forms
- Nomination Forms for NCCDP Alzheimer's and Dementia Staff Education Week Contest
- Proclamations for Senators and Mayor
- Letters to the Editors Promoting Your Program
- 97 Ways to Promote Alzheimer's and Dementia Staff Education Week 2011
- Resources and Important Web Sites
- Alzheimer's Bill of Rights and the Alzheimer's Pledge

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## **NEW YORK STATE THERAPEUTIC RECREATION LICENSURE**

**Update January 28, 2012**

Hello Everyone,

If you are not aware New York State is pursuing licensure for therapeutic recreation. Therapeutic recreation services, which are specialized and unique, need to be provided by professionals who are licensed to provide them. This legislation would set standards for evaluation, and treatment authorization for therapeutic recreation. It will also establish eligibility requirements for license and license renewal. Ultimately, the bill will protect the consumer of therapeutic recreation services from individuals who are less qualified and don't meet the licensure requirements.

Earlier this year both Senator Lanza and Assemblymember Lancman re-introduced the bill in the Senate and Assembly. The bill number in the senate is **S4561**. The bill number in the assembly is **A00674**. This means that the bill has sponsorship in both the assembly and the senate. Currently the bill is waiting to be reviewed by the Higher Education Committee in both the senate and the assembly.

The New York State Therapeutic Recreation Licensure Committee is hard at work making appointments with the members of the Higher Education Committee members and speaking to them about the importance to have TR licensed. Recently one of our committee members, Isabel Tiffen, had the opportunity to speak with Assemblymember Lavine (who is on the Higher Education Committee) about our bill. Assemblymember Lavine is very positive about the bill and thinks it would pass, but is very cautious on length of time it may take to pass.

Unfortunately, last term the TR licensure bill died in the Higher Education Committee. This time we are building momentum but we can't stop our efforts. This coming April at the New York State Therapeutic Recreation Association Conference recreation therapists will be traveling to our state capital in Albany to discuss the bill with their legislators and ask for their support. We hope to make enough of an impact that the Higher Education Committee will review our bill and eventually send it to the assembly and the senate floor to be voted on.

Therefore if you a New York State resident or work as a recreation therapist in New York State I encourage you to write your legislator and ask them to support our bill.

You can do so by visiting the New York State Assembly website at <http://assembly.state.ny.us> and at the New York State Senate website at <http://www.nysenate.gov>

Below is a sample letter or email you can use for your convenience:

**For the NYS Assembly use:**

Hello, my name is \_\_\_\_\_. I would like to request that you sign on and support Assembly Bill number A 00674. It is a bill to license Therapeutic Recreation specialists to ensure that Recreation Therapy/Therapeutic Recreation is performed by trained professionals and it establishes standards for recreational therapy to preserve the quality of patient care. I strongly urge you to sign on and support this bill. Thank you,  
(YOUR NAME)

**For the NYS Senate use:**

Hello, my name is \_\_\_\_\_. I would like to request that you sign on and support Senate Bill number S4561. It is a bill to license Therapeutic Recreation specialists to ensure that Recreation Therapy/Therapeutic Recreation is performed by trained professionals and it establishes standards for recreational therapy to preserve the quality of patient care. I strongly urge you to sign on and support this bill. Thank you,  
(YOUR NAME)

We continue to ask for your patience and support as we continue to move therapeutic recreation forward in the state of New York.

Regards,

Vincent Bonadies, MS, CTRS

vbonadies@optonline.net

Linda Dianto, MS, CTRS

lcdctrs@aol.com

Co-Chairs, New York State Therapeutic Licensure Committee