

From Our clients . . .

"You helped me enormously. I just couldn't have made it without the home companions. Thank you for everything."

"You found the perfect assisted living/memory care community for my father in just one day!"

"I hired ThirdAge to pay the bills for my uncle. The bills are paid on time, in the correct amount, and the checkbook is always balanced. My stress is eased, knowing his finances are always kept in strict privacy. Thank you ThirdAge Services."

"Your keen observations and recommendations probably saved my mother's life. Thank you!"

"We were all impressed with your passion for your work and we really appreciate your loving manner. We feel very fortunate to have discovered you. Thank you."

"We believe you are a godsend — without your guidance and support, Mother would not be able to enjoy herself and have this good a quality of life."

"Because I live so far away it is impossible for me to monitor my mother's care. Thank you for all you do. Your ability to solve problems as they arise is indispensable to me and to my mother."



Carole Larkin serves as the Geriatric Care Manager of Third Age Services, LLC, the only **independent** care manager company devoted specifically to families caring for a family member with dementia. Carole has a Master of Applied Gerontology degree with a specialty in Aging Services from the University of North Texas.

She is a certified specialist in "Best Care" practices by both the Alzheimer's Foundation of America and the National Council of Certified Dementia Practitioners. She has worked for the Alzheimer's Association.

Carole trains home care companies, assisted living communities, memory care communities and nursing homes in dementia care techniques to enable a higher quality of life for persons with dementia. She has training in mediation skills and works with eldercare attorneys resolving difficult family issues regarding dementia. She educates families in options available for care of their loved ones. Carole functions as the hub of the wheel of resources available to help families, and makes specific recommendations of the highest quality resources available at every price point, saving time and money for the families who secure her services. She has been a Care Manager for more than five years, and has served older adults and their families for over two decades.



Elaine Wiant is a Certified Fraud Examiner and an actuary. She has more than 25 years of experience working with older adults through non-profit organizations, retirement plans and consulting. Her expertise is in fraud prevention and detection, financial management, retirement planning, and assisting beneficiaries with retirement plans, insurance, Medicare, Social Security and other government programs.

ThirdAge Services LLC



*Expert,
Professional
Solutions for
Caregivers
of
People with
Alzheimer's
and other
types of
Dementia*

Resources • Support • Solutions

www.thirdageservices.com

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Services to help families make the best choices about caring for a loved one with dementia

We are the only independent care managers in the Dallas Fort Worth area devoted to families with a loved one having a form of Dementia. (Alzheimer's, Vascular Dementia, Lewy Body Disease, FrontoTemporal disease, Stroke, Parkinson's with Dementia, Dementia with depression, and other forms of dementia).

Our services are for the **all members of the family** of the person with dementia as these diseases affect the entire family. Some of the services we provide to help our clients care for family members with dementia are:

- ▶ Education on the nature and course of the diseases
 - ◆ How to communicate
 - ◆ Best practices of caregiving
 - ◆ Negative behaviors
 - ◆ Dealing with negative behaviors
 - ◆ Combating stress, guilt and anger
- ▶ Connecting families to the resources they need for planning and management of the disease process
 - ◆ Eldercare attorneys specializing in Medicaid financial planning and/or guardianship if needed
 - ◆ Specialists such as Geriatricians, Neurologists and Geriatric Psychiatrists for diagnosis and treatment of **cognitive illnesses**

- ◆ Recommendation of specific Home Care companies with specialized training on dementia and caring for persons with dementia
- ◆ Recommendation of specific Assisted Living and Memory care communities with the best dementia care available at varying price points
- ◆ Recommendation of real estate agents , moving companies and estate liquidators specifically trained to work with older adults and their families to help move their loved one into assisted living or memory care
- ◆ Recommending other services as needed; such as home repair and remodeling, financial planners for asset management, long-term care insurance companies, consulting pharmacists

▶ A thorough geriatric assessment of the individual(s) with dementia carried out by our geriatric care manager, a certified specialist. The assessment includes:

- ◆ Screening dementia tests to approximate what stage the person is in their disease
 - ◆ Evaluation of personal and family finances available to put toward care
 - ◆ Consideration of the personality of the person with dementia and family dynamics to better match home care workers or community placement if needed
 - ◆ A safety check of the home
 - ◆ Preparation for legal and health care issues that may arise
 - ◆ Addressing additional issues and concerns of the family regarding the individual
- ▶ A report of findings is given to the family and a plan for care is laid out for them including specific resources appropriate to the individual's and family's needs, along with contact information for those resources.

▶ Continued assistance to the individual and family is available. The family needs only to ask. The family is in control of the level of assistance delivered.

▶ Additional services can include:

- ◆ Help with paying bills
- ◆ Maintaining financial records
- ◆ Assisting with Medicare and other claims
- ◆ Interfacing with long term care insurance companies
- ◆ Helping detect or avoid fraud
- ◆ Arranging transportation for the individual
- ◆ Arranging for concierge/personal assistant services
- ◆ Arranging for delivery services
- ◆ Arranging for doctors to come to the individual's residence
- ◆ Arranging for a consulting pharmacist to come to the individual's residence
- ◆ Other services as requested

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