



VALPOLIFE.COM

TM

Residences at Coffee Creek Brings an Exceptional Memory Care Neighborhood to Chesterton



WRITTEN BY: Alexis Jenkins — *Jun. 25th 2018*

Residences at Coffee Creek is more than just a senior living community; it is Duneland's new premier community for seniors. Uniquely, it also includes a memory care neighborhood specially designed to create a homelike and supportive environment that

provides an extraordinary quality of life for residents with Dementia and other memory impairments.

"We're very proud and excited to bring our memory care services to Chesterton," said Melissa Huffman, Regional Director of Sales and Marketing for Residences Senior Living

“We invite families and the community to visit us to understand our warm, personalized approach to caring for people with memory robbing disorders.”

“Through a highly trained and compassionate care team, the incorporation of various therapeutic approaches, an intuitively designed floor plan, and a group outings schedule that allows residents to be active within their local community, Residences at Coffee Creek will respect memory care resident’s independence and strive to improve their quality of life. Each of these components are necessary to provide the best quality memory care possible,” said Kaitlynn Redmon, Executive Director at Coffee Creek.

“Our assisted living memory care neighborhood is one of a kind,” Huffman said. “In some cases, symptoms [of dementia] signify an unmet need. As memory care specialists, we’re trained to identify those kinds of things. We incorporate responsive holistic therapies into our memory care programming. In addition to multi-sensory therapy areas, we incorporate reflexology, aromatherapy, and garden, music, and art therapy. These are forms of therapeutic intervention that appropriately engage our residents.

When the building was first being designed, much consideration was given to making the space safe, beautiful, and invigorating for the residents. Large apartment spaces complete with kitchenettes are designed to make residents feel at home. Inviting dining, gathering, and courtyard spaces are open for each resident to use and allow them the opportunity to choose to socialize or take time for themselves. What’s more, the apartments are designed to help those who must transition from the senior living community to the memory care community more easily do so.

“Our memory care apartments, in many cases, are similar in interior design to our senior living apartments Huffman said. “This was purposefully done to help ease the transition of residents who may move from our very active senior living community to our memory care neighborhood.

The proficiency and compassion that will be demonstrated by the staff, who are encouraged to become certified dementia practitioners, is meant to facilitate the development of the residents’ experiences. This means giving residents the ability to make choices, where appropriate, and allowing them to participate in activities that bring them joy.

“We’re all about meaningful activities,” Huffman said. “We strive to identify on an individual basis what’s going to strike a chord and make this person feel purposeful.”

Unlike many other memory care programs, Residences at Coffee Creek will encourage residents with dementia to take part in group outings and social gatherings.

“In some communities, memory care residents aren’t typically going on trips,” Huffman said. “On a bus, going out for ice cream, going to grab coffee, going on a picnic, going fishing...we will do those things. We want to make their quality of life as amazing as possible. That’s really our goal.” Being ideally located so close to the Coffee Creek

Watershed Preserve and its walking paths and its ever-changing seasonality will provide an excellent backdrop for a focus on improving the quality of life for those who live with dementia. This environment will encourage present living and an appreciation of life's little moments.

“The beauty of creating moments is that they may or may not be remembered in the long term, but for that moment, that day, that hour...to make a person smile, to make something impactful happen in their life, is the goal,” Huffman said. “We don't take those happy moments for granted because that's what we're all about.”

To learn more about Residences at Coffee Creek and their memory care program, please visit their website, or call Natalie Reisen at (219) 921-5200 or nreisen@residencesatcoffeecreek.com.



Managed by
WestShore.uc

Residences at Coffee Creek
2300 Village Point, Chesterton, IN
46304
2199215200
Visit Residences at Coffee Creek
Partner Profile

