

## Wellesley resident named executive director



Jun 26, 2019 at 12:28 PM

Wellesley resident and licensed social worker Wendy Adlerstein recently became an owner at FirstLight Home Care of West Suburban Boston and has been promoted to the position of executive director.

Adlerstein has more than 20 years of experience in working with seniors. She holds a Bachelor of Arts in psychology with a concentration in sociology and human services from Clark University. In addition to her Massachusetts License in Social Work, Adlerstein holds a Certificate in Gerontology from the Worcester Consortium Gerontology Program.

She is a member of the Aging Life Care Association, formerly the National Association of Professional Geriatric Care Managers. Adlerstein is also a Certified Dementia Practitioner in good standing from the National Council of Certified Dementia Practitioners.

"Wendy has always displayed an upbeat, 'can do' attitude and a passion and energy for delivering the best care — and she always does what is right for a client and family," said Steve Stern, founder of the Needham-based company. "She has shown a commitment to superb quality of care and proactive client service, a dedication to professional development for the office team, a belief in 'taking care of our caregivers' through caregiver recognition and appreciation — supporting our caregivers on the job with clients and helping out in their lives outside work when we can, and an impressive track record of building strong relationships with families, professional referral sources and community members. I look forward to continuing to work closely with Wendy as we grow the agency and re-commit to the words from our mission statement — 'exceed the expectations of every client and team member' and [provide] uncompromising standards of care and personal attention."

For information, call 781-559-0220 or visit http://bit.ly/2xdfbx2.