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Windsor Heights Alzheimer's Special Care Center

20 hrs ago



Simkins

More than 5 million Americans are living with Alzheimer's disease and this number is only projected to grow over the next decade. In dementia care, it's all about the approach and, at Windsor Heights, our distinctive memory care program, Meaningful Moments, is the tool we use to empower staff to meet the individual needs of each resident.

We also share the Meaningful Moments program with resident families and extend a warm welcome to the community because dementia is difficult for everyone, not just the patient. Please join us on the third Thursday of each month at 6 p.m. to learn about Alzheimer's disease and related dementias from our certified dementia practitioners.

We will discuss the anatomy of dementia, how to address challenging behaviors and provide strategies to effectively communicate with your loved one. Our next program, "Understanding Types & Stages of Dementia", will be at 6 p.m. Feb. 16 at Windsor Heights, 23311 Harvard Road in Beachwood.



That will be followed by "Challenging Behaviors and Effective Communication Strategies" at 6 p.m. March 16.

These programs are free and open to the public. We ask that you RSVP by the Monday prior to the event by calling 216-839-1300.

You are not alone when it comes to dealing with dementia. We empathize with you and your family and are here to help.



Jessica Simkins, community resource director and certified dementia practitioner, at Windsor Heights Alzheimer's Special Care Center.



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