

Workshop on dementia to be offered at Lady Lake Public Library


By **Staff Report** - August 21, 2019

The Lady Lake Public Library, located at 225 W. Guava St., will host an ABC of Dementia workshop from 10 a.m. to noon on Monday, Sept. 9. It is free and open to the public.

The workshop, to be conducted by Certified Dementia Practitioner Debbie Selsavage, will define Alzheimer's and dementia, explain how dementia affects individuals, discuss ways to interpret dementia behaviors for better communication, and show how compassion and the proper use of voice, approach and appropriate touch can result in more effective and less stressful caregiving.

Each participant will receive educational handouts and information about the Alzheimer's Family Organization, a non-profit that serves caregivers for individuals living with Alzheimer's and dementia.

To make a reservation for the workshop, call (352) 422-3663 or e-mail deb@coping.today.




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