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## Cindy Morgan Appointed Director Of Golden Living Alzheimer's Care Unit



Photo special to Arab Today LLC

May 20, 2008 Golden Living Center Arab has announced the appointment of Cynthia Morgan, RN as the Director of the Alzheimer's Care Unit at the Golden Living Center Arab facility. Morgan has received extensive training in Alzheimer's Dementia and caring for people with this disease. She is nationally certified as a Dementia Practitioner from the National Council of Certified Dementia Practitioners (NCCDP). Individuals with questions regarding the disease or resources available, or organizations or groups in need of a speaker may contact Morgan at 256.586.3111.

The Alzheimer's Care Unit at Golden Living Center Arab accommodates 24 residents. The dedicated unit is based on a social model, instead of a medical model. Rather than employees and residents, they are "family groups". Elements of home with innovative features that aid in daily activities, the secure unit is a place where people not only live well, but live with dignity and self-esteem.

Morgan and her 3 children, Presley, Macey and Matt reside in Arab.

## Traveling With an Alzheimer's Patient

- Inform your hosts ahead of time of your specific needs so they may be prepared for your arrival.
- Keep a bag of essentials with you containing medications, a list of emergency contacts, itinerary, water, snacks, a change of clothes and copies of documents such as power of attorney.
- Travel to places that were familiar to the patient in the past.
- Avoid visiting loud or overcrowded places.
- Allow plenty of time for rest.

Alzheimer's Services of Marshall County A 501(c) 3 Nonprofit Organization P. O. Box 2842, Albertville, AL 35950 Phone: (256) 279-0053 Website: www.asomc.org

Thank You Zaxby's, Boaz and Zaxby's Guntersville for our May 11 fundraiser!



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