

Certified Dementia Practitioner Training

Offered by

Penn State Brandywine & PathWays PA

PROGRAM OVERVIEW:

The 14 hour dementia training provides CNAs and other clinical staff with intensive training and certification in Dementia Care.

The course is recognized by the National Council of Certified Dementia Practitioners and is offered at Penn-State Brandywine

COST: \$50.00

Most of the course costs are covered by funding from the Southeastern PA Healthcare Alliance.

The Employer/Student contribution is \$50 per student.

ENROLLMENT CRITERIA

- RN, LPN, C.N.A or other licensed Clinical Professional.
- Currently Employed in Healthcare
- Live or Work in Delaware, Bucks, or Montgomery County
- Priority Consideration is given to employees of *SEPHA* Partners

SCHEDULE:

@ Penn State Brandywine Campus

Tuesday, November 26 5:30PM - 9:00PM

Tuesday, December 3 5:30PM - 9:00PM

Tuesday, December 10 5:30PM - 9:00PM

Tuesday, December 17 5:30PM - 9:00PM

COURSE CONTENT:

- Overview of Dementia
- Environment
- Staff and Family Relationships
- Stress and the Care Giver
- End of Life Procedures
- Multicultural Considerations
- Sex & Intimacy
- Hoarding
- Wandering
- Communication
- Repetitive Behaviors
- Aggressive Behaviors
- Paranoia & Hallucinations
- Recognizing Pain
- Depression & Alzheimer's Disease
- Personal Care
- Toileting
- Nutrition
- Sleep Disturbance

TO APPLY FOR ENROLLMENT:

Complete the SEPHA Training Application online at www.sephahealthcare.com

Apply in Person at PathWays PA: 310 Amosland Road, Holmes PA 19043

For more information contact: Eve Thomas / ethomas@pathwayspa.org / 610-543-5022 x 256
PathWays PA / 310 Amosland Road Holmes PA 19043 / www.pathwayspa.org



Curriculum

Please Note: Curriculum can be modified to include additional modules, including Hand-in-Hand training.

- ✓ **Overview of Dementia:**
 - Stages & symptoms of Alzheimer's
 - Reversible / non-reversible Dementias
 - Normal aging
 - Medications used for treating dementia
- ✓ **Environment:**
 - Social environment
 - Physical environment - walking path, lighting, noise, stimulation, home-like, clutter free, glare, safety, etc
- ✓ **Staff and Family Relationships:**
 - Working together: challenges that families face with long term care placement
- ✓ **Stress and the Care Giver:**
 - Taking care of yourself as the caregiver
 - Signs of breakdowns with family members-alcohol, drugs, depression etc
 - Support Groups
- ✓ **End of Life:**
 - Feeding Tubes
 - Advance Directive: Do Not Resuscitate and Do Not Hospitalize;
 - Dying Process and Supporting the Family/ Care Givers
- ✓ **Multicultural Considerations in Care Giving:**
 - Cultural and religious sensitivity/diversity
- ✓ **Sex & Intimacy**
 - Misconceptions about the elderly and sex and intimacy
 - How to handle inappropriate behaviors
- ✓ **Hoarding**
 - Signs and ways to help
- ✓ **Wandering**
 - Types of wandering & triggers
 - How to redirect & manage wandering
 - Policy and procedures for elopement
 - Wandering Tools, Safe Return, Wander Guards, Alarms, etc
- ✓ **Communication**
 - Verbal and Non Verbal Communication
 - Strategies to successful communication
 - Avoiding common mistakes
- ✓ **Repetitive Behaviors**
 - Common Behaviors
 - Interventions for Repetitive Behaviors
 - Medications
- ✓ **Aggressive Behaviors**
 - Causes of Aggressive Behaviors
 - Environmental Conditions, Physical & Medical Conditions
 - Anti Psychotic Medications & Side Effects Interventions
 - Responding to Aggressive Behaviors
- ✓ **Paranoia & Hallucinations**
 - Types of Behaviors & Causes
 - Management Strategies
 - Anti-Psychotic Medications & Side Effects
- ✓ **Recognizing Pain in the Person with Dementia**
 - How is Discomfort Expressed?
 - Yes or No Responses
 - Assessing the Pain
- ✓ **Depression & Alzheimer's Disease**
 - Signs & Symptoms of Depression
 - Interventions and Activities
- ✓ **Personal Care**
 - Dressing & Bathing
 - Cognitive Changes
 - How to Encourage Participation
- ✓ **Toileting**
 - Causes of Incontinence
 - Proper Toileting & Frequent Toileting
- ✓ **Nutrition**
 - Nutrition Goals
 - What not to put on trays, anything that can be swallowed!
 - Memory Aides for Dining Room
 - Reasons for Eliminating Sugar and Caffeine from Diet
 - Seating Assignment-How to group people together
 - Dental Care
- ✓ **Sleep Disturbances**
 - Causes & Interventions
 - Medications and Side Effects