

BLISSTREE

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Finger Foods for Alzheimer's Patients

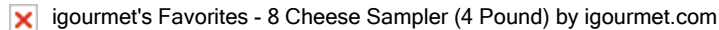
By: Mary Emma Allen | 14 Comments

AlzheimersNotes.com

When Alzheimer's patients no longer can feed themselves by using utensils, try some finger foods. I found that M should go into her mouth. (We just had to be careful the items she was picking up were edibles.)

As I read Kendra James' post at Diabetes Notes today, [Fruit Kabobs Were The Highlight of My Day](#), I recalled the [Alzheimer's Facilities](#) [Top 5 Alzheimers Signs](#) [Alzheimer's Fou](#)
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 Kendra tells of the fruit kabobs she had for lunch. [Alzheimers Signs & Symptoms!](#) [One. Donate to C](#)
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Fruit and cheese kabobs that my 7 year old made. They were really good, just chunks of cheese and berries. She had fun making them too!



What can you think about for your Alzheimer's patient to eat for meals and snacks that are nourishing and easy to up with the fingers?

How do you solve the eating problem when they have difficulty feeding themselves?

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