

Welcome to Lancaster Chiropractic & Massage Therapy Associates, established 1987. Our goal and pledge to give personalized quality care to each and every patient. At Lancaster Chiropractic & Massage Therapy Associates, each patient is treated like a member of our own family.



Encouragement

When you tell a friend about us, you offer encouragement.

Direction

When you tell a co-worker, you offer direction.

Hope

When you tell a loved one, you offer hope.



Team Chiro Crackers

We are now accepting new

patients! No insurance? No problem.
We will work with you.

We understand how difficult these times are, so give us a call.
We can help.

Valentine's Specials

1 hour Massage - \$45
and a free box of candy! *a \$75 value!*

Includes full body massage or sports massage
Visa and MasterCard Accepted

It's that time again...

The **Doc** will be shaving her
at the **head**...

2nd Annual

Lancaster City Police Department

HEAD SHAVING EVENT

to benefit



Saturday
April 9th, 2011

at **Annie
Bailey's**

28-30 East King St. Lancaster, PA 17602 717-393-4000

Rob & Todd

The great acoustic band from right here in Lancaster
is donating their time AGAIN!

Please donate by sending checks to:

St. Baldrick's c/o LCTMA

2215 Dutch Gold Dr.

Lancaster, PA 17601

All donations are tax deductible!

Meet the newest member of LCMTA...

Dr. Zakary LeBlanc



Dr. LeBlanc is a 2007 graduate of Palmer College of Chiropractic in Davenport, Iowa where he consistently was on the Dean's List. One of Dr. LeBlanc's highlights at Palmer College was a...

[Click here for more](#)

Due to high demand and requests...

LCTMA is now offering a new aspect of our wellness program - Facials!

As always, Dr. Wasilewski and Lori Hohenwarter, NCMTB are committed to providing a unique experience in all aspects of health and well-being. It is for this reason we are pleased to announce we have added an esthetician to our staff to provide customized facials for our patients and clients.

Our purpose is to ensure optimum wellness. We achieve this by providing comfortable and relaxing therapy rooms, highly trained staff, and our willingness and goal to help each individual.

[Click here for more information about the services we offer in the office!](#)

*Gift Certificates are available...
and they make GREAT gifts!!!*

News and Notes

A Note To Athletes...

Recently, I have noticed that High Level Athletes in almost every sport have chosen to make Chiropractic care a part of their training and lifestyle. We can look at the Tour de France, professional and collegiate football, Olympic Decathlons, and even water polo as incorporating Chiropractic care as a part of the teams healthcare programs.

I also see that the amateur athletic world seems to embrace the need for this type of care because of the demanding nature of their training as well. The trickle down to youth sports programs is very exciting. Parents are jumping onboard to see that their kids receive the best care possible.

Our practice has an onsite physical trainer, sports massage therapists and of

course myself who will diagnose any musculoskeletal injuries or possible future strains or sprains to do overuse.

So, don't delay, give us a call. We will speak to your team and are ready to offer some sideline care!

- Dr. Wasilewski

Nerve Conduction Velocity (NCV) Testing

LCTMA is pleased to announce that we will be adding Nerve Conduction Velocity (NCV) testing at our facility. Not only will we provide this service for some of our patients with possible nerve damage, etc., but also for other physician referrals.

NCV tests record the responses of sensory and motor nerves in the extremities to electrical stimulation. The studies are used to identify and aid in the diagnosis of entrapment syndromes, peripheral nerve lesions, and neuropathies. There are significant differences between sensory and motor nerve conduction that depend on differences of anatomy.

Ask us in the office if you have any questions regarding this new feature!



Lancaster Chiropractic And Massage Therapy associates is raising money this month for the ACS for Breast Cancer. Drop in today and enter for a **FREE ONE HOUR MASSAGE** with every **DOLLAR** you **DONATE!**

Co Pays – Multiple Co Pays

We have informed all legislators in our region that our patients continue to see escalating co pays and double and even triple co-pays.

Please forward us any bills EOB's where you find your co-pay is larger then the reimbursement. All bills, medical, dental, chiropractic etc.

All names will be deleted to protect HIPPA rules and regulations.



CONGRATULATIONS DOC!

On April 30th., In all of her spare time...LOL, Dr. Elaine became a Certified Instructor for Dementia Practitioners. What the heck does that mean? In February of 2007, Doc became a Certified Dementia Practitioner by the National Council of Certified Dementia Practitioners. So now she can teach CNA's, MA's, CA's LPN's RN's MD's DO's, DC's, etc. and get them on their way to becoming Certified Practitioners themselves. This certification brings with it the recognition of competency and commitment in the area of Alzheimer's and Dementia Care.

If you or your staff want to become CERTIFIED and thereby giving your practice, healthcare facility, nursing home, assisted living center, and hospital this outstanding recognition. Contact Dr. Wasilewski today. She travels throughout the USA to teach this course with her staff and associates of ALLIANCE ALZHEIMER'S & DEMENTIA CONSULTANTS.

Course fee is \$185.00 discounts for groups from facilities. And private groups of 10 or more. We come to you. Or you can come to one of our seminars. Call 717-449-0217

Hours of operation:

Monday - Thursday: 8:00am - 8:00pm

Friday: 8:00am - 1:00pm

Saturday: 8:00am - 1:00pm

Closed Sunday

Available outside normal business hours for emergencies and by

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Made on a Mac