#### Fiscal Year 2011-12 Grant Summaries

# **Colorado Nursing Facility Culture Change Accountability Board**

# **Christian Living Communities**

\$10,800

- Leverage other monies to create a memory support initiative which will begin January, 2012
- Train the trainer model to provide Alzheimer and Dementia Training Seminar and Boston University online certificate focused on dementia care that is resident-centered to all team members engaged in providing direct care to residents with memory impairment (Suites at Holly Creek, The Johnson Center/The Village and The Suites at Clermont Park) Trainers will take knowledge back to their respective communities with the intent to teach and promote implementation of the new skill set through supplemental education, resource gathering and mentorship in weekly and monthly sessions. 24 Individuals trained by Seminar; 4 trained through Boston University; 12 Certificated through the National Council of Certified Dementia Practitioners
- Enable older adults to lead dignified and stimulating lives focusing on their individualities, rather than their diagnoses, by offering an array of purposeful programs.
- Once internal training and processes are in place, community outreach and education will be offered to families and the greater community.
- Pre-assessment evaluation; Follow-up assessment at 90 days, 6 months and annually; Director
  meetings with participants on satisfaction and feedback on program design and future team
  growth; customer satisfaction measured in each community pre and post implementation through
  conferences and written surveys, to be shared at individual community's Quality Assurance
  meetings, with trainees and associated supervisors

## **Colorado Culture Change Coalition**

\$30,200

- The Coalition will work with the Center for Digital Storytelling (CDS) to further the culture change
  movement in nursing homes by assisting residents and staff to "tell" their culture change stories
  and use these stories to help educate providers and consumers about what culture change looks
  and feels like.
- In a train-the-trainer model, the CDS will target a total of 2 staff members, either CNAs or activity professionals, from 5 nursing homes to attend a 3 day workshop that instructs participants on how to return to their nursing homes and work with residents to tell their stories about living in a resident-centered environment versus a traditional nursing home. The 10 staff members will continue to work with CDS over 6 weeks in 6 hour webinars on video editing, recording, writing/editing, group process, imagery options and post production/web publication. Each participant will be asked to produce at least one video with a resident from their home. CDS will compile the three minute digital stories into one master video and compilation DVD.
- At the end of the project, a public screening of the completed digital stories will occur for providers, potential consumers and other community members to create awareness of person centered living and culture change.
- Evaluation strategies will determine ease of application of the digital story telling methods to the
  nursing home setting; influence of the stories to the larger community in communicating what
  culture change and resident centered are and why they are needed; and the impact of the
  webinars as well as the experiences of the resident recipients when participating in the digital
  storytelling experience.

 Duplication of the final DVD and development and production of a discussion guide for every nursing home in Colorado, the regional Ombudsman programs the Colorado Department of Public Health and Environment as the State Survey Agency, the 37 state culture change coalitions across the country and the Pioneer Network.

### **Eben Ezer Lutheran Care Center**

\$4,000

- Train 5 Activity Department staff as Certified Nursing Assistants to increase capacity for residents to participate in neighborhood activities, especially those that have complex support needs.
- Evaluate whether wait time for support is reduced to zero.

#### Colorado State Veterans Home at Fitzsimons

\$3,270

- Create an Adopt-A-Veteran Program for 75 Veterans
- Provide disposable cameras for adoption pairs to document their interactions
- Create recognitions for individuals using personal time to build relationships
- Create a slideshow to encourage others to join the program as an staff adopter or adoptee
- Provide opportunities for celebrating adoptees such as birthday, holiday, etc.
- Expand relationships into a more robust environment going beyond care
- Pre and post questionnaire to measure the resident's mode and feelings of loneliness, helplessness and boredom