

Personalized Dementia Solutions



Tel. (778) 789-1496



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Karen Tyrell, CDP

About Us

Personalized Dementia Solutions was founded by Karen Tyrell, CDP with a passion for assisting those who are affected by Alzheimer's disease / dementia. Over the years, Karen has developed many skills in managing anxieties and disruptive behaviours as well as preventing the unwanted behaviours often associated with dementia.

Personalized Dementia Solutions is dedicated to providing caring compassion and excellent service. This service is unique in helping both professional and family caregivers in providing the best quality care for persons with dementia of any kind and any stage.

About Karen Tyrell, CDP

Karen Tyrell is a Certified Dementia Practitioner and a NCCDP Certified Alzheimer's/ Dementia Seminar Trainer. She is one of the few national certified trainers in Canada.

Karen has spent over twelve years excelling in the field of dementia care. While working in Ontario as an Executive Director for the Alzheimer Society, she worked tirelessly to enhance community services for caregivers.

She has been providing therapeutic recreation in long-term care for over 12 years. In this role she enhances quality of life for individuals with dementia with dignity and respect, on a daily basis. Karen also volunteers her time to various support roles in the community.

Education

- Certified Dementia Practitioner (CDP) from the National Council of Certified Dementia Practitioners
- Dementia Studies and related workshops
- Social Service Worker/Gerontology
- Activation Coordinator/Gerontology
- Long-term Care Management
- Business Management Skills
- Me & U-First! Dementia Training
- The Challenging Behaviours Program
- GPA - Gentle Persuasive Approaches (Responding to Persons with Challenging Behaviours)

Volunteer Experience

- **Board Member:**
Abbeyfield House
Burnaby Burnaby, BC - December 2010 - Present
- **Support Group Facilitator:**
Coquitlam Caregivers Support Group,
Coquitlam, BC - January 2010 - Present.
- **Chair of the Advisory Committee:**
Adult Day Services for Community Primary Health Care
Brockville, ON - June 2003 – June 2009
- **President:**
Alzheimer Society of Leeds-Grenville:
Brockville, ON - June 2002 – June 2006
- **Board Member:**
Alzheimer Society of Leeds-Grenville:
Brockville, ON - June 2000 - December 2006

Awards

- **Nominated for Girls Inc. Brockville for:**
"Strong, Smart, Bold Woman of the Year Award" - March 2006
- **Recipient of the Central Care Corporation for:**
"Compassion Award of Excellence" - November 2004
- **Recipient of the George Brown College Seniors' Association Annual Scholarship for:**
"High Academic Standing, Creative Performance and Compassionate Understanding"
- October 1996

- **Recipient of the Neill-Wycik for:**
"Most Promising Newcomer Award" - December 1996

Member of:

Valley Woman's Network:
www.valleywomensnetwork.com



Burnaby Seniors Interagency Services:
www.burnabyseniors.ca



Seniors & Boomers Services Alliance:
www.facebook.com/pages/Seniors-Boomers-Services-Alliance



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