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 A New Look at Providing Care through the Phases of Alzheimer's

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## Programs

### ***ALZHEIMER'S: PROVIDING A DIGNIFIED LIFE***

Dementia with Dignity offers a series of interactive programs for family members, friends, and other caregivers of people with dementia. Each program focuses on a particular aspect of the challenges presented by the disease, but all emphasize the same central theme of nurturing the inner spirit, thereby preserving a dignified life. The following list of topics will undoubtedly continue to expand

***Is it Alzheimer's?*** Increasing forgetfulness, confusion, behavior changes.....what to do when Alzheimer's is suspected.

***The Verdict Is In, What's Next?*** The doctor has assigned a diagnosis, "Dementia, probably of the Alzheimer's type" An overview of things to come.

***Setting the Stage*** Environmental considerations that will enhance the quality of daily living.

***Home Sweet Home*** Living at home for as long as possible is almost always the desired plan, but when should you start thinking about other alternatives?

***To Do, or Not To Do...That is the Question*** Activities that encourage creativity, self expression and stimulates the knowledge that the person with dementia is still needed, valued and loved.