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Alzheimer's and Dementia Staff Education Week February 17th, 2012

Reported By: Allie Carnett

The National Council of Certified Dementia Practitioners declare this week as Alzheimer's and Dementia Staff Education Week. Alzheimer's and dementia are complex diseases, requiring extra care and attention.

Caregivers should schedule wisely and try to make the days as predictable as possible. They should also schedule extra time to complete even simple tasks. Choices should also be limited, such as clothing or meal options, because fewer options make it easier to make a decision. While seeing a loved one suffer with these diseases can be difficult, patience is key.

"It's really important to not keep asking them, 'Do you remember this person? Do you remember?'" because it turns out to be kind of a test, and it happens often with people who have alzheimer's. They get tested," said Mary Hein with Alzheimer's Wyoming

Caregivers should also allow their loved ones to as much as safely possible, with the least amount of assistance.





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